

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

Union Minister Shri Krishan Pal Gurjar Lays foundation of Fortis Escorts, Faridabad's new building



Fortis Hospital, Cunningham Road, Bengaluru, launches Fortis Cancer Institute



State-of-the-art Bone Marrow Transplant unit inaugurated at Fortis Hospital, Mulund



Fortis Memorial, Gurugram, launches cutting-edge Cath Lab with South Asia's first '3D mapping Carto 7 machine'



Hiranandani Hospital, Vashi, launches state-of-the-art Cardiology Department & OPD



Fortis Shalimar Bagh, New Delhi, launches Heart Failure Clinic



Endoscopy unit inaugurated at Fortis Hospital, BG Road, Bengaluru



Message from the MD & CEO

Dear Colleagues,

Heartiest festive greetings and happy New Year! May Year 2022 bring the joys of good health, prosperity and all-round happiness for you and all your near and dear ones.

As I reminisce about the year gone by, I feel very proud and satisfied with the way we have all rallied together to battle the COVID-19 pandemic. Even though the challenge was unprecedented, we rose to the occasion and gave our best. Many of us were personally impacted and some of us even lost our near and dear ones. However, in spite of the personal risk involved, our Doctors, Nurses, Paramedics and other frontline workers continued to offer their healing touch to all our COVID and non-COVID patients. I salute all our colleagues who have shown tremendous tenacity, courage, resilience and dedication.

As an organisation, we are committed to ensure your health and safety. You are our greatest strength and your well-being is our utmost priority. We are working with all concerned authorities to ensure that the booster dose of COVID-19 vaccine announced by the Hon'ble Prime Minister recently is made available for our healthcare workers on priority. At the same time, I urge all of you to strictly adhere to the established COVID-appropriate protocols and ensure everyone's safety.

At an organisational level, we are pursuing our growth and expansion plans with renewed vigour. We have planned to add 1,300 beds in the next two-three years in select facilities. On-ground work for adding 60 new beds has already commenced at Fortis Faridabad. We are focusing on strengthening the infrastructure at our centres by adding next-gen technologies. In the last two years, we have invested heavily in equipping our hospitals across India with advanced medical technologies, machinery and on-boarding senior clinicians. We are progressing well on our strategic initiatives and have also initiated investments in state-of-the-art medical equipment such as advanced Cath Labs, neuro microscopes, bone marrow transplant units and the like.

The year ahead is full of possibilities and let us all put in our best efforts to make sure that we make the best use of the wonderful opportunities.

Wish you a very happy New Year once again!

Regards,
Dr A. Raghuvanshi
MD & CEO



New Beginnings & Launches

Fortis Memorial, Gurugram, is the first in Fortis network to install a Vacuum Swing Adsorption Oxygen Generating Plant



Glimpses of the inauguration ceremony

A Vacuum Swing Adsorption (VSA) Oxygen Generating Plant was inaugurated at Fortis Memorial Research Institute (FMRI), Gurugram, on October 14, 2021, making it the first hospital in the Fortis network to do so. The plant was inaugurated by Dr Virender Yadav, Chief Medical Officer, District Administration, Gurugram. The plant has a capacity of generating 500 litres of oxygen per minute and is spread across an area of 200 sq. ft.

Fortis Shalimar Bagh, New Delhi, launches Heart Failure Clinic



Dr Nityanand Tripathi, Dr N. C. Krishnamani, Dr Dinesh Mittal, Dr Rashi Khare and Dr Gaurav Garg along with other clinicians and senior leaders at the inauguration ceremony

A Heart Failure Clinic was launched at Fortis Hospital, Shalimar Bagh, New Delhi, on October 7, 2021. The specialised clinic, under the leadership of Dr Rashi Khare, Senior Consultant – Cardiology, aims to provide support to heart failure patients who need constant support and follow-up.

Fortis Memorial, Gurugram, launches Dry Eye Clinic



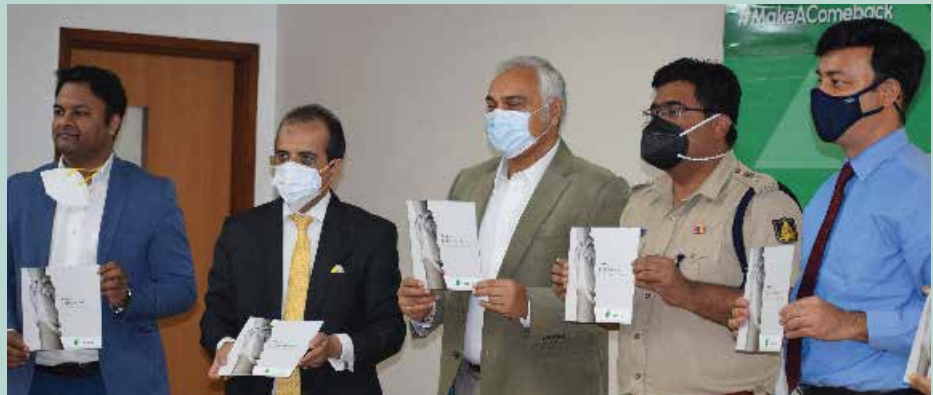
Snapshots from the inauguration ceremony

A Dry Eye Clinic was launched at Fortis Advanced Eye Care Centre, Fortis Memorial Research Institute (FMRI), Gurugram, on October 14, 2021, coinciding with World Sight Day. Increased screen time, due to online classes and Work-from-Home during COVID-19, is a major cause of Dry Eye Disease. The causes and symptoms of digital strain, as well as the newer diagnostics and treatment options were discussed by the doctors of the Ophthalmology Department of FMRI. At the launch, Dr Anita Sethi, Director & HOD, gave some practical tips on eye health, including how to use lighting, posture and frequent breaks to decrease digital strain. Dr Srilatha Gunasekaran highlighted the symptoms of digital strain and Dry Eye Disease, and the use of the Ocular Surface Analyser for diagnosis and grading of Dry Eye Disease. Dr Vishal Arora spoke about the treatment modalities and the procedures such as Intense Pulsed Light (IPL) therapy and Lipiflow.

Dr Ritu Garg, Head SBU - FMRI, also inaugurated the Ocular Surface Analyser, making FMRI the first hospital in Gurugram to have this machine. Introducing this machine will help in improving the management of the patients with Dry Eye Disease.

Fortis Hospital, Bannerghatta Road, Bengaluru, launches De-addiction Programme

Fortis Hospital, Bannerghatta Road, Bengaluru, launched a dedicated programme for de-addiction on October 28, 2021. The comprehensive programme aims to treat substance use disorder through a multidisciplinary approach. The programme was launched by Shri Harish Pandey, Deputy Commissioner of Police -



(L-R) Dr Venkatesh, Consultant Psychiatrist, Dr Samir Parikh, Mr Ashish Bhatia, Shri Harish Pandey and Dr Manish Mattoo

South Bengaluru in the presence of Mr Ashish Bhatia, Business Head – Rest of India, Dr Samir Parikh, Director - Department of Mental Health & Behavioral Sciences and Dr Manish Mattoo, Head SBU – BG Road.

The programme will focus on detoxification, managing withdrawal, maintaining abstinence and endeavor to bring the patient back to good health. The programme will offer treatment through in-patient management at the hospital with daily psychiatry and clinical psychology consultations, comprehensive diagnostic psychological evaluations, screening with psychiatric rating scales, medication-assisted detoxification, individualised psychotherapy sessions, family and group therapy sessions, medical management of comorbid physical conditions, nutrition and Yoga.

Next-generation Cath Lab inaugurated at Fortis Shalimar Bagh, New Delhi



A glimpse of the advanced Cath Lab

An advanced Cath Lab was launched at Fortis Hospital, Shalimar Bagh, New Delhi, on October 12, 2021. The best-in-class lab has a 20-inch detector with minimal radiation and is used for both cardiac and neurological interventions. The equipment offers advanced imaging technology for early and accurate treatment. The lab was inaugurated by Mr Mahipal Singh Bhanot, Head SBU – Shalimar Bagh, along with senior clinicians including Dr Nityanand Tripathi, Dr N. C. Krishnamani, Dr Dinesh Mittal, Dr Raju Vyas, Dr Rashi Khare, Dr Gaurav Garg and Dr Prayas Vats.

Fortis network in Mumbai gets first-of-a-kind 'Advanced Oncosurgery Unit'

A state-of-the-art Advanced Oncosurgery Unit was inaugurated at Fortis hospitals in Mumbai on September 16, 2021. The unit offers high-quality, uninterrupted Cancer Care for the people of Mumbai and its neighbouring cities. Dr S. Narayani, Head – SBU, Mulund and Dr Anil Heroor, Director - Advanced Oncosurgery Unit, Fortis Hospitals, Mumbai, inaugurated the facility. The unit operates under the leadership of Dr Heroor and his team of surgical experts, which includes Dr Hitesh R. Singhavi, Consultant - Head & Neck Surgery, Dr Nikhil Dharmadhikari, Consultant - Surgical Oncology, Dr Rahulkumar Chavan, Consultant - Surgical Oncology and Dr Tejas Savdekar, Associate Consultant, who offer oncosurgical care to patients across Fortis Hospital, Mulund, Hiranandani Hospital, Vashi, SL Raheja Hospital, Mahim and Fortis Hospital, Kalyan.

Dr Heroor said, "This is indeed a milestone, as we adopt a uniform patient-centric approach across all our hospitals in Mumbai. The unit will strengthen the services offered by our team and provide personalised care on the basis of patients' requirements, affordability, and need for surgical intervention. Our Oncosurgery units across the city are focused on providing safe and precision-oriented care. Spread across Mumbai, our Oncosurgery units are equipped with state-of-the-art technology, right from the world's most advanced 'da Vinci Xi' robotic surgical system, to the linear accelerator (for radiation therapy)."



A glimpse of the advanced Cath Lab

Clinical Excellence

World's largest chest tumour, bigger than a football, removed at Fortis Memorial, Gurugram



(L-R) The patient, Dr Udgeath Dhir, Director and Head – CTVS, and Dr Anand Kumar, Director - Cardiac Sciences, FMRI, Gurugram



The excised tumour

A team of doctors led by Dr Udgeath Dhir, Director and Head - CTVS, Fortis Memorial Research Institute (FMRI), Gurugram, has successfully removed the world's largest chest tumour, weighing 13.85 kgs from the chest of a 25-year-old male patient. The remarkable achievement was announced at a press briefing in New Delhi on October 22, 2021. As per the available medical literature and published papers, the largest chest tumour known hitherto weighed 9.5 kgs and was excised at a hospital in Gujarat in 2015.

The patient was brought to FMRI in an extremely critical condition, with breathlessness and extreme uneasiness in the chest. He was unable to sleep properly due to breathing trouble for the past two-three months. He had been evaluated at another city hospital and had undergone a chest CT scan,

which revealed the massive tumour. The tumour was occupying more than 90% of the chest area, putting pressure on the heart and displacing both the lungs. As a result, only 10% of the lungs were functioning. Adding to the complexity, the patient had a very rare blood group, AB negative. Moreover, in such cases, the administration of anaesthesia becomes critical as the tumour's weight compresses the heart, restricting the flow of blood, which may lead to a severe drop in blood pressure. To avoid any risk, the doctors had to prepare the patient under local anaesthesia for an emergency cardiac pulmonary bypass, in case required. However, the Anesthesia Team had a robust preparation for the pre-operative anesthesia administration and no complexities arose during the surgery.

Elaborating further, Dr Dhir said, "The complex surgery took four hours. We had to open both the sides of the chest and cut the chest bone (sternum) in between as the tumour was too large. Medically, this is called clam shell incision. Throughout the procedure, maintaining adequate blood flow was critical. A lot of precision is required for such surgical procedures as the bulky tumour made it difficult to operate. Post surgery, the patient was shifted to the ICU, where he was stabilised. Initially he was kept on ventilation and later weaned off. However, the carbon dioxide in his blood started rising, causing his contracted lungs to expand, leading to Re-expansion Pulmonary Edema (RPE). We tried to manage this conservatively without invasive ventilator support, but after 48 hours had to put him back on ventilator. Considering his condition, we decided to do a tracheostomy, where we created a mini hole in the neck so that we could take out his secretions since he had also developed dense adhesions in his heart. The patient stayed in ICU for 39 days, post which he was shifted to room and his tracheostomy was removed. The patient is doing well, and on bare minimal oxygen support. We are happy that he is gradually recovering."

First in India: Doctors at Fortis Noida perform rare and complex procedure to explant artificial heart from 56-year-old Iraqi patient's chest



Mr Mohit Singh, Head – SBU, Noida, Dr Shanu Sharma, Medical Superintendent, Fortis Noida, Dr Ajay Kaul, Chairman - Fortis Heart & Vascular Institute, Noida

A team of doctors led by Dr Ajay Kaul, Chairman - Fortis Heart & Vascular Institute, Noida removed an artificial heart device from the chest of a 56-year-old Iraqi patient after the patient's heart was found to have healed and functioning fully. Only a few such cases have been reported worldwide and the rare and complex explantation procedure is a first of its kind in India. The achievement was announced at a press conference held on October 5, 2021.

In 2018, the patient was diagnosed to be suffering from terminal heart failure. He

was extremely breathless and could not perform routine activities like taking a bath without help. Since no surgical procedure was possible, he was put on the heart transplant list. While waiting for a donor heart, the patient continued to deteriorate and became so critical that he required life-saving machines to keep him alive. The doctors had then decided to implant a left ventricular assist device (LVAD). The device, which acts as an artificial heart, helped the patient recover. He was asked to continue to visit India for follow-ups every six months.

About a year ago, the patient developed a driveline infection at the site of the LVAD implantation. While treating the infection and conducting a routine check-up, the doctors were surprised to discover that the patient's heart had healed and was fully functional. Dr Kaul said, "The fact that his heart had recovered completely was uncommon. However, since it had, we reduced the speed of the pump. His heart was still functioning at optimum capacity, but we kept the pump running to be on the safe side. We asked him to come again after six months for a follow up. We observed him over next one year as we wanted to be very sure that the heart is functioning well without the support of the pump. It was decided after due consultation with the patient that the artificial heart would be explanted. The explantation procedure was carried out at Fortis Hospital, Noida. It is a novel surgical procedure which was conducted for the first time in India successfully and the patient was discharged within five days, and is doing very well."

Doctors at Fortis Ludhiana remove 5 cms-long rusty nail from small bowel of 14-month-old child

A team of doctors led by Dr Nitin Shanker Behl, Additional Director - Gastro-enterology, gave a fresh lease of life to a 14-month-old child who had accidentally swallowed a rusty metallic nail measuring 5 cms. The distraught parents had brought the wailing child to Fortis Ludhiana soon after the incident on October 22, 2021. She was admitted immediately and evaluated by team of paediatricians led by Dr Gaurav Mittal. Investigations revealed a long metallic nail in the small bowel. An immediate therapeutic endoscopic surgery was planned and Dr Behl used an innovative endoscopic technique to remove the nail. While cases of removal of metallic objects have been reported earlier, the successful removal of a 5 cms metallic nail from a 14 month old's



The doctors along with the young patient

Sharing more details, Dr Behl said, "The nail was accidentally swallowed and had caused mucosal injuries during its passage. Using sophisticated imaging technology, the nail was located in the distal duodenum (small intestine). Removing the nail was technically challenging as it had gone into the small bowel and had a sharp serrated end, which could damage internal organs. Such cases require delicate handling and minimal sedation (anaesthesia). A special paediatric endoscope was used along with a protective over tube to prevent any further injuries to the internal organs during the surgery. The nail was removed safely with minimal mucosal injury and there were no post procedure complications. The patient has recovered well post the surgery and was able to immediately

First at Fortis: Autologous Stem Cell Transplant performed on patient suffering from rare connective tissue disorder at Fortis Memorial, Gurugram



Haematology and Bone Marrow Transplant team at FMRI

A 28-year-old female patient with Diffuse Cutaneous Systemic Sclerosis, a rare disorder characterised by skin hardening and problems with various other organs, successfully underwent a Stem Cell Transplant at Fortis Memorial Research Institute, Gurugram. The patient was treated by a team of doctors led by Dr Rahul Bhargava, Principal Director and Dr Meet Kumar, Consultant, from the Department of Haematology, Haemato Oncology & BMT, and Dr Naval Mendiratta, Senior Consultant - Rheumatology. This was the first bone marrow transplant performed on a Scleroderma patient at any Fortis network hospital.

The patient was first diagnosed with Scleroderma in 2018 and was doing well on treatment till she defaulted. Within a year her lungs started showing early signs of Interstitial Lung Disease despite being in medication. She was started on treatment but the improvement was partial. As she was still in the early phase of Scleroderma (less than 4.5 years), she was given an option of autologous bone marrow transplant as results have shown to offer a complete cure. The patient did a lot of research and finally agreed for the treatment, which was conducted in February 2021.

Being autologous, the risk of rejection was negligible. She underwent treatment during a three-week stay at the hospital. Within four weeks of transplant, her skin has shown significant improvement. At seven month follow up, she is off any treatment even for her lungs. Her skin has softened and lungs have started showing improvement. She is back to her job and has been carrying out her regular activities.



(L-R) Dr Meet Kumar, Patient, Dr Naval Mendiratta

Rare lung transplant surgery at Fortis Vadapalani, Chennai, gives a new lease of life to 34-year-old

A team of doctors led by Dr Govini Balasubramani, Head-CTVS, Heart and Lung Transplant at Fortis Hospital, Vadapalani, Chennai, successfully performed a rare lung transplant on October 7, 2021, on a 34-year-old male. The rare and challenging surgery lasted for seven hours, wherein both the lungs were transplanted to the patient in spite of multiple health challenges such as small chest cavity, multiple chest tube insertions on the sides of the lungs and low Body Mass Index (BMI).

The 34-year-old patient from Punjab was brought to Fortis Hospital, Vadapalani, with a rare familial Interstitial Lung Disease (a group of disorders that cause progressive scarring of lung tissue that occurs in one of every one lakh population). The family of the patient had already lost two of its members because of the disease. The patient's low BMI was the biggest challenge as it was less than the required range for organ transplantation. The patient was dependent on oxygen support for his survival and had been on the waiting list of the National Organ & Tissue Transplant Organisation (NOTTO) for eight months. The wait came to an end after an organ donation took place at hospital in Madurai, Tamil Nadu. The 29-year-old donor had met with a fatal accident and was declared brain dead by the hospital while he was on ventilator support. The donated organ was brought to Fortis Vadapalani from Madurai, traversing a distance of nearly 425 kms. The seamless transportation via a 'green corridor' took 76 minutes, including 55 minutes of air travel and 21 minutes by road. Pulmonologists, Medical Social Workers, Nursing Teams, NOTTO, Chennai Police and Traffic Police personnel worked in perfect tandem to enable the organ retrieval and transfer.



Dr Govini Balasubramani (left) with the patient

Fortis Hospital, Kalyan, enables cadaveric donation; four patients requiring organ transplants get new lease of life



(L-R) Madhavi Varik, Head - Sales & Marketing, Dr Mahendra Thakare, Consultant Anaesthetist, Dr Sandeep Patil, Chief Intensivist, Dr Rakesh Lalla, Consultant Neurologist, Dr Supriya Amey, Facility Director, Sister Valsamma Joseph, Chief Nursing Officer, Shinu Thomas, Transplant Coordinator and Rounak Karandikar, Head-Administration

Fortis Hospital, Kalyan, successfully enabled Mumbai's 28th cadaveric donation and retrieval of 2021, on September 16, 2021, after the kin of a 34-year-old woman, who was declared brain dead due to clots in the brain vessels, consented to donate her organs. Extraordinary coordination amid the ongoing COVID-19 pandemic, between surgical and non-surgical teams, Nursing teams, Medical Social Workers and police officials, made this feat possible. The patient's family was counselled by the Medical Social Workers after which, patient's husband consented to donate her organs. The Zonal Transplant

Coordination Centre (ZTCC) was contacted immediately. Led by Dr Sandeep Patil, Chief Intensivist, Fortis Hospital, Kalyan, the donor maintenance protocol was successfully initiated, thereby enabling successful retrievals. A green corridor was created to transport the heart, the liver and the kidneys to hospitals across Mumbai, saving four lives.

Speaking about the cadaveric organ donation, Dr Supriya Amey, Facility Director, Fortis Hospital, Kalyan, said, "As much as the story brings hope to the family of the patients who received a new lease of life today, it also speaks of the courage of the donor family who made the courageous decision to donate during their time of grief. We are grateful to the bereaved family who, at their time of loss, thought of giving back to the society. Medical teams, ZTCC Mumbai, Medical Social Workers and Police played a pivotal role in enabling this cadaveric organ donation and we are thankful to them."

Special Feature

On World Diabetes Day, Fortis C-DOC, New Delhi, launches 'Diabetic Rath' mobile clinic



As part of World Diabetes Day 2021 celebrations on November 14, 2021, a 'Diabetic Rath' was launched by (Dr) Prof Anoop Misra, Chairman - Fortis C-DOC and Mr Bidesh Chandra Paul, Head SBU – FEHI. The 'Rath' or chariot was a repurposed ambulance vehicle equipped to screen and offer preliminary treatment for diabetics. The aim was to spread awareness about the seven pillars of Diabetes Management whilst screening the population above 25 years in the neighbourhood. The vehicle was equipped with special diagnostic machines such as the Fundus Camera to diagnose Diabetic Retinopathy and provide Diabetic eye care, Vibration Perception Threshold to detect large fiber dysfunction and Ankle Brachial Index to diagnose peripheral artery disease. In addition, Random Blood Sugar and BMI measurement tools were also made available.

This apart, a free Hba1c and Random Blood Sugar investigation for patients was done on November 13 and a

World Diabetes Day 2021 celebrated with much aplomb at SL Raheja Hospital, Mahim-A Fortis Associate



SL Raheja Hospital, Mahim-A Fortis Associate lit in Blue to mark World Diabetes Day



Health check-up camp that was hosted at the hospital



Food pyramid created by the Dieticians & Nutritionists

On the occasion of World Diabetes Day 2021, SL Raheja Hospital, Mahim-A Fortis Associate, hosted multiple community engagement initiatives. The team hosted a health check-up camp for the community at the hospital. Over 150 persons availed of screening for height, weight, BMI, Random Blood Sugar, Blood Pressure, doctor consultation and an ECG (if prescribed). A team of Dieticians and Nutritionists also created a food pyramid to create awareness about the importance of nutrition management in Diabetes. Consultants, nursing teams and administrative teams enthusiastically supported this initiative.

To mark the occasion, the hospital was lit in Blue (the colour that denotes World Diabetes Day).

Fortis Hospital, Mulund, illuminated in Blue to raise the awareness on World Diabetes Day



Blue lit facade of Fortis Hospital Mulund



Dr Sweta Budyal, Sr. Consultant – Endocrinology & Diabetology hosting a talk



Dt. Zankhana Shetty hosting a session on 'Myths & Facts on Diabetes'

Fortis Hospital, Mulund was illuminated in Blue to raise the awareness about diabetic health on World Diabetes Day 2021. The initiative is also a tribute to diabetic patients, healthcare professionals, diabetes advocates and educators who are working towards controlling and managing the disease. To mark the day, the medical team also organised a Diabetes Support Group initiative on November 28, 2021, wherein Type 1 Diabetic patients participated in a talent show and showcased dance, singing, drawing, and storytelling skills. Over 60 patients and their families enthusiastically participated in this initiative. An awareness lecture on Diabetes was hosted by Dr Sweta Budyal, Senior Consultant – Endocrinology and Diabetology and Dietitian Zankhana Shetty addressed the crowd and spoke about 'Myths & Facts on Diabetes'. To conclude the initiative, a free Random Blood Sugar test was provided to all the attendees.

Events

Fortis Memorial, Gurugram, celebrates World Patient Safety Day by pledging its commitment to patient safety the JCI way



On the occasion of World Patient Safety Day on September 17, 2021, Fortis Memorial Research Institute (FMRI), Gurugram, pledged its commitment to promoting patient safety whilst flagging off the JCI 're-accreditation journey.' The initiative was flagged off by Dr Ritu Garg, Zonal Director, FMRI. JCI Champions and JCI Stars were appointed and staff were apprised about the facets of patient safety, the JCI way, by Dr Savitaa Sharma, Head - Quality & Patient Safety.



Flag off to JCI re-accreditation marathon

As part of the event, several small and large scale training programmes were conducted. A workshop on 'Resilience Management: Gratitude' was conducted by Mr Vinod Kumar from Nursing Education. A week-long capacity building workshop was launched to build the culture of safety

among staff. In addition, capacity building workstations for Catheter-associated Urinary Tract Infection (CAUTI), Central Line Bloodstream Infection (CLABSI), FALL, Hospital Acquired Pressure Ulcers (HAPU) and Nursing Assessment were also organised.

Fortis La Femme, GK-2, New Delhi celebrates World Patient Safety Day



Glimpses of World Patient Safety Day celebration at Fortis La Femme, GK 2

World Patient Safety Day was celebrated at Fortis La Femme, GK-2, New Delhi on September 17, 2021. In tune with this year's theme of 'Safe Maternal and New-born Care,' Sister Suma, Chief-of-Nursing along with Sister Vincy, Infection Control Officer and Sister Titir, Nursing Educator, sensitised patients and their attendants about various aspects of patient safety. They stressed upon the fact that Fortis is resolutely committed to patient safety every day.

A dedicated in-service session for the nursing staff was held to highlight the importance of safe and quality care. The session underscored the role of good healthcare practices in preventing still births, maternal and new-born deaths and the need to engage all stakeholders for the adoption of comprehensive health systems and stressed on a community-based approach. A quiz competition along with awareness sessions were also organised for the employees.

Fortis Mohali celebrates World Pharmacists Day

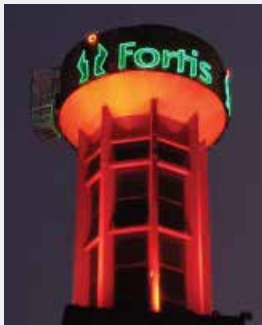


Glimpses of the event

To nurture and support a pharmacist's role in promoting healthcare across the world, Fortis Hospital, Mohali, celebrated World Pharmacists Day on September 25, 2021, with this year's theme being 'Pharmacy: Always trusted for your health.'

Dr Shivani Juneja Bedi, Associate Consultant - Clinical Pharmacology; Mr. Ashok Kumar, Head - Purchase; and Dr Kanika Satija, Head - IP Pharmacy, put together the event to recognise the contribution made by the Pharmacy Team towards patient safety. Several activities and cognitive-based therapy sessions were conducted by Ms Anchal Sharma, Counselling Psychologist, to enhance the physical, mental and emotional well-being of the pharmacists. Mr. Abhijit Singh, Head SBU - Mohali; along with Air Marshal (Dr) R.K. Ranyal, Medical Director, felicitated the pharmacists for their contribution towards patient safety and good healthcare driven by their

Fortis Mohali celebrates World Patient Safety Day



The illuminated Fortis Tower in orange coloured light



Dr Shweta Prabhakar gives her insight on maternal and newborn care



Glimpses of the events

Fortis Hospital, Mohali, celebrated World Patient Safety Day on September 17, 2021, through a host of activities that aligned with the theme, 'Safe maternal and newborn care'. The objective of the event was to increase public awareness and engagement, enhance global understanding, spur global solidarity and act to promote patient safety. To support the WHO's global campaign on patient safety, Fortis Mohali conducted an online awareness survey on maternal and newborn care, participated in a video competition on best practices in maternal and child health services, and organised an awareness talk by experts. A skit was presented by the staff on the best practices followed by Team Paalna, Fortis Mohali's birthing facility. As a mark of solidarity, the Fortis Tower was illuminated with orange light.

Patient Safety Day celebrations were organised by the Quality & Patient Safety Department under the guidance of Dr Shweta Prabhakar, Head - Quality & Patient Safety. She apprised all stakeholders to "Act now for safe and respectful childbirth." Dr Swapna Misra, Director - Obstetrics & Gynaecology, advocated for the adoption of best practices during childbirth at the event. Dr Sunil Agarwal, Senior Consultant - Paediatrics & Neonatology, discussed how to engage multiple stakeholders and adopt effective and innovative strategies to improve maternal and newborn safety. Air Marshal (Dr) R. K. Ranyal, Medical Director- Fortis Hospital Mohali, stressed upon the need for urgent and sustainable actions by all stakeholders to ensure safe maternal and newborn care, particularly during

On 'International Day for Disaster Risk Reduction,' Navi Mumbai Police host a mock drill at Fortis Hiranandani Hospital, Vashi



Navi Mumbai Police mock disaster management drill at Fortis Hiranandani Hospital, Vashi



The drill was supported by Mr Nitin Kamaria, Facility Director, Fortis Hiranandani Hospital, Vashi along with other HODs

Navi Mumbai Police conducted a disaster and risk reduction mock drill at Fortis Hiranandani Hospital, Vashi, to showcase their preparedness levels to successfully manage any disaster situation. The drill was organised on the occasion of 'International Day for Disaster Risk Reduction' which fell on October 13, 2021. More than 200 trained personnel took part in the mock drill. Mr Nitin Kamaria, Facility Director - Fortis Hiranandani Hospital along with

"The drill was aimed at strengthening the existing safety system, spreading awareness and preparing hospital staff members on ways to effectively manage emergency situations," said Mr Kamaria. He added, "As a large healthcare institution, it is our duty to safeguard our patients and their relatives, therefore learning about effective ways to handle disasters and being prepared for such circumstances is extremely crucial. We are grateful to the Anti-Terrorist squad (ATS), Bomb Detection and Disposal Squad (BDDS), Quick Response Teams (QTS) and Vashi Police for providing us with this training."

Fortis Cunningham Road, Bengaluru celebrates Global Handwashing Day



Mr Anand Angadi, Facility Director, during the inauguration



Nursing staff educating the patients and attendees on importance of hand washing



Fortis Cunningham Road, Bengaluru celebrated Global Handwashing Day on October 13, 2021, illustrating the theme, "Our Future is at Hand—Let's Move Forward Together." The programme highlighted the importance of washing hands especially during the pandemic by the ICN's as Angels with caring hands demonstrated the simplicity and value of clean hands. The programme was inaugurated by Mr Anand Angadi, Facility Director, Dr Shilpa Kyadiggeri, HIC Officer, Dr Harish Ambekar, HIC Chairperson, Ms Jermin Roshini, CNO, Mr Ranjith, Head – HR and Mr Narendra K, Head - Unit Administration, by explaining the theme. The focus of the programme was to highlight the opportunity, importance and creative ways to encourage people to wash their hands with soap and water at critical times and use hand sanitizer at the community level to the patient and attendees, which included the fun with learning activity to all health care workers.

Global Handwashing Day observed at Fortis Hospital Vasant Kunj



Global Handwashing Day activities at Fortis Vasant Kunj



Handwashing has become an integral part of our daily life and to emphasize on the importance Global Handwashing Day was observed at Fortis Hospital Vasant Kunj on October 15th, 2021. Hand Hygiene Awareness program conducted all across the hospital via Walky-Talky. A trolley decorated with quiz contest was roaming in the hospital for Public Awareness on Hand Hygiene. A dedicated session on the importance of Hand Hygiene was conducted and the winner of quiz competition were facilitated.

Fortis Memorial, Gurugram, organises Haryana Respicon 2021



Dr Manoj Goel



Glimpse from virtual conference

Department of Pulmonology, Fortis Memorial Research Institute, Gurugram, organised Haryana Respicon 2021 under the aegis of Indian Chest Society (Haryana Chapter) on August 8, 2021. Dr Manoj K Goel, Director - Pulmonology, FMRI, was the Organising Chairman whilst Dr Ajay Kumar and Dr Gargi Maitra were the Organising Secretary and Joint Organising Secretary respectively. The event saw the participation of 400 delegates and eminent speakers from all over the country.

The event hosted a number panel discussions on current complex topics in respiratory medicine, which witnessed enthusiastic participation by the students who submitted 46 research papers for presentation during the conference. Haryana Respicon 2021 provided a rich flare of academic exchange amongst the

Fortis La Femme, GK 2, New Delhi, celebrates World Pharmacists Day



To recognise the contributions made by pharmacists, Fortis La Femme, GK II, New Delhi, celebrated World Pharmacists Day on September 25, 2021. Dr Punit Vyas, Facility Director, encouraged and appreciated the behind the scenes heroes - the Pharmacists - who work tirelessly and contribute selflessly towards patient care.

The event commenced with an awareness building session on the importance of the day. Employees participated enthusiastically in a quiz contest, which was followed by fun activities and cake cutting ceremony. The event ended with the presentation of the 'Pharmacist

Fortis Escorts Heart Institute, New Delhi, celebrates World Pharmacists Day



Glimpses of the 'World Pharmacist Day' celebrated in the presence of Dr Pankaj Puri, Director – Gastroenterology & Hepatobiliary Sciences, Chairman Unit Drug & Therapeutic Committee, Mr Bidesh Chandra Paul – SBU Head & Zonal Director, Mr Sharad Raina, AVP- SCM, Ms Nandini Gokhale, Business Partner - SCM, Clinicians & Doctors at FEHI, La Femme GK 2 and the C-DOC Team

Fortis Escorts Heart Institute (FEHI), Okhla, New Delhi, celebrated World Pharmacists Day on September 25, 2021, to recognise the contribution of hospital and clinical pharmacists towards healthcare. The special day aimed at showcasing the crucial role pharmacists play in delivering healthcare. The event, based on the theme 'Pharmacist: Always trusted for Health' was celebrated with great enthusiasm by the entire team. The program commenced with a ceremonial lamp lighting and was followed by a plethora of events, including cultural programs. Members of the Pharmacy Team, the Drugs & Therapeutics Committee and the support

Fortis Hospital, Anandapur, Kolkata, observes World Breast Feeding Week



Glimpses of World Breast Feeding Week activities at Fortis Anandapur

Fortis Hospital, Anandapur, Kolkata, observed World Breast Feeding Week during August 2-7, 2021, on the theme 'Protect Breastfeeding: A Shared Responsibility.' The aim was to spread awareness about the benefits of breastfeeding and its importance.

The programme was inaugurated by the clinicians of Mother & Child Department, Dr Sagarika Basu – Consultant, Obstetrics & Gynaecology, Dr Archana Sinha – Consultant, Obstetrics & Gynaecology, Dr Sumita Saha – Consultant, Paediatrics & Neonatology, Ms Doli Biswas, Chief Nursing Officer, and Ms Satya Anand Kumar, Deputy Chief of Nursing. Several informative sessions were organised, including feeding problems and solutions, infant milk substitution act, Kangaroo mother care, post-natal nursing assessment and new born care.

Fortis La Femme GK-2 , New Delhi, lit up in pink to raise awareness on Breast Cancer



Fortis La Femme GK-2 , New Delhi, lit up in pink

As part of the Breast Cancer Awareness Month in October 2021, the building of Fortis La Femme, GK 2, New Delhi, was illuminated in pink as a symbol of strength and tribute to all the breast cancer fighters, caregivers and doctors.

Fortis Hospital, Anandapur, Kolkata, organises Infection Control Surveillance Week



Infection Control Surveillance Week at Fortis Anandapur



Fortis Hospital, Anandapur, Kolkata, organised Infection Control Surveillance Week from September 13-17, 2021. The theme of this year was, 'Make Your Intention Infection Prevention.' The objective was to highlight the science behind infection prevention and inspire everyone to join the fight by prioritising infection prevention.

The programme was inaugurated by Ms Richa S. Debgupta, Chief of Strategy & Operations (Chennai, Jaipur & Kolkata), Ms Doli Biswas, Chief of Nursing, Dr Arindam Chakraborty, Microbiologist, Dr Yashesh Palliwal, Head – Critical Care, along with Hospital Infection Prevention and Control Committee (HIPACC) members. This was followed by a HIPACC meeting. During the week, a road show was organised on hand hygiene, biomedical waste segregation, Needle Sticks Injury (NSI) and Blood-Body Fluid (BBF) contact prevention. Training sessions on safe intravenous infusion and care of lines and prevention of infection in healthcare were held. A quiz competition was also organised on patient safety, where staff nurses and nursing leaders participated.

Fortis Mohali celebrates National Pharmacovigilance Week



Team Mohali spreading awareness about pharmacovigilance

Fortis Hospital, Mohali, which was recently recognised as an Adverse Drug Reaction Monitoring Centre (AMC) under Pharmacovigilance Programme of India (PvPI), celebrated National Pharmacovigilance Week from September 17-23, 2021. The event aimed at spreading awareness about pharmacovigilance to improve patient safety. Several activities, such as awareness sessions on pharmacovigilance, webinars, poster-making competition and quiz contests were held based on this year's theme, 'Pharmacovigilance: A step towards Patient Safety.' Posters and standees were also displayed in the OPD/IPD and other clinical areas to spread awareness. The event was conducted by Dr Shivani Juneja Bedi, AMC Coordinator, under the guidance of Air Marshal (Dr) R.K. Ranyal,

Engagement

Fortis Nagarbhavi, Bengaluru, organises 'Coffee with Consultant' engagement activity



Glimpses of the event

Fortis Nagarbhavi, Bengaluru, has launched an employee engagement initiative under the banner, 'Coffee with Consultant'. The first event, featuring Dr K S Hanumanthaiah, Senior Consultant – General Surgery, who has been with the organisation for over 10 years, was held on October 29, 2021. Dr Hanumanthaiah sportingly participated in a candid conversation, which was thoroughly enjoyed by everyone. The monthly engagement activity is held in an informal setting and allows employees to get to know more about the consultants and

Fortis Shalimar Bagh, New Delhi, organises Breast Cancer Awareness sessions for female employees

A team led by Dr Vineeta Goel, Director & HOD - Radiation Oncology, Fortis Hospital, Shalimar Bagh, New Delhi, conducted a series of Breast Cancer Awareness & Self-examination Workshops for female employees throughout October 2021. The events were organised as part of the Breast Cancer Awareness Month activities. Over 213 female employees from all departments of the hospital, including paramedics,



Glimpses of the Breast Cancer Awareness & Self-examination Workshops at Fortis Shalimar Bagh

nursing and contractual staff as well as corporate function staff were sensitised about the need for early detection. The workshop participants were told about symptoms of breast cancer as well as the importance of self-examination and mammogram. They were taught self-examination through humanoid models with hidden breast lumps. Myths associated with breast lumps and cancer were also busted. The sessions were widely appreciated by the participants.

Fortis Escorts, Faridabad, organises surgical skills workshop for clinicians



Workshop in progress

A workshop on basic surgical and laparoscopic skills was organised by Fortis Escorts, Faridabad on October 10, 2021, in association with an external partner. The workshop was conducted by Dr Manu Shankar, Director – Minimally Invasive & General Surgery, along with Dr B. D. Pathak, Director – Gastrointestinal, Minimally Invasive and Bariatric Surgery and Dr Nitin Sardana, Consultant - Gastrointestinal, Minimally Invasive Surgery. The workshop, held at the conference hall, was attended by 19 DNB students from Faridabad and Delhi.

Fortis Hospital, Mulund, conducts 'ANM Onboarding Program' for the first time



(L-R) Dr Manisha Pathak, Head-Medical Services, Ms Minimole Varghese, Chief Nursing Officer, Mr Satish Patil, Zonal Head-Human Resources and Ms Merina Alex, Deputy Chief Nursing Officer at the lamp lighting ceremony

(L-R) – Ms Jisha Binoy, Nurse Educator, Ms Sneha Magar, Nurse Educator, Ms Minimole Varghese, Chief Nursing Officer, Ms Khyati Sawla, Nurse Educator and Ms Bincy Thomas, Nurse Educator from Fortis Hospital Mulund along with the participants

Fortis Hospital, Mulund organised its first Auxiliary Nursing Midwifery (ANM) Onboarding Program on September 27, 2021. The program was inaugurated by Dr Manisha Pathak, Head - Medical Services, Mr Satish Patil, Zonal Head-Human Resources, Ms Minimole Varghese, Chief Nursing Officer and Ms Merina Alex, Deputy Chief Nursing Officer. The program included rigorous training on hospital policies and protocols, nursing care and creating a sense of autonomy among the ANMs.

The aim of these sessions was to improve their knowledge and skills, thus making it a great support system for the organisation. The module comprised of four phases - phase 1 included the nursing phase, which had a pre-scheduled detailed training. The second phase focused on communication skills training and the third phase ensured post test and return demonstration. In the final fourth phase, also called the functional phase, the staff got orientation on the departments and its protocols. The first batch of the program had a total of 12 ANM nurses who will eventually go through the training along with Objective Structured Clinical Examination (OSCE) and take an exam upon completion of the course.

Fortis hospitals in Mumbai conduct day-long certificate course on 'Pressure Injury Prevention' for nurses



Lamp lighting ceremony by participants (one representative from each hospital in Mulund) in the presence of Ms Minimole Varghese and Ms. Merina Alex



(Seated L-R) Ms. Sneha Magar, Nurse Educator, Ms Jisha Binoy, Nurse Educator, representative of the external partner, Ms. Minimole Varghese, Chief Nursing Officer, Ms Merina Alex, Deputy Chief Nursing Officer and Ms Bincy Thomas, Nurse Educator, along with the participants

A certificate course on Pressure Injury Prevention was conducted on October 7, 2021, at Fortis Hospitals in Mumbai, in association with an external partner. The course aimed at imparting knowledge to all the participants on the latest pressure injury guidelines and evidence-based practices to prevent pressure injuries. A total of 22 nurses enthusiastically participated in the event that included training modules and brainstorming sessions followed by hands-on sessions.

The event concluded with a quiz competition followed by the prize distribution ceremony, where the top scorers were felicitated by Ms Merina Alex - Deputy Chief Nursing Officer, Fortis Hospital, Mulund. The event conducted at pan - Mumbai level was made possible with the efforts of Ms Minimole Varghese, Chief Nursing Officer - Fortis Hospital, Mulund, Ms Valsamma Joseph, Chief Nursing Officer - Fortis Hospital, Kalyan and Ms Durga Vaidya, Chief Nursing Officer - SL Raheja Hospital, Mahim – A Fortis Associate hospital, who ensured participation of nurses from their respective units.

Fortis Hospital, Anandapur, Kolkata, organises workshop on Neonatal Resuscitation



The workshop in progress

The Nursing Education Department in coordination with Paediatrics Team of doctors at Fortis Hospital Anandapur, Kolkata, organised a workshop on Neonatal Resuscitation Algorithm (NALS) on September 25, 2021. The objective of the workshop was to develop the Knowledge, Attitude, Skills and Habit (KASH) among nurses to administer Neonatal Resuscitation. The topics covered during the workshop included 'Initial steps of neonatal and paediatric resuscitation, Chest compression, Bag-mask ventilation, Endotracheal intubation and Medications used in resuscitation.' Pre-test, Post-test, Demonstration and Return Demonstration sessions were conducted to share knowledge and evaluate the workshop's effectiveness.

Fortis Hospital, Shalimar Bagh, New Delhi, organises a Neonatal Resuscitation program for nurses



Group photograph of Neonatal Resuscitation program

Fortis Hospital, Shalimar Bagh, New Delhi, organised a Neonatal Resuscitation program for nurses working in the Neonatal ICU and other critical care areas on July 18, 2021. Extensive training sessions were conducted by Dr Vivek Jain, Director & HOD, along with Dr Akhilesh, Senior Consultant & NICU In-Charge, and Dr Pramod Kumar Singh Consultant, which were attended by 24 nurses.

The Neonatal Resuscitation Program (NRP) course is an evidence-based approach to take care of the new-born at birth and facilitates effective team-based care for healthcare professionals. NRP utilises a blended learning approach, which includes the New Born Resuscitation Algorithm, Endotracheal Intubation, and hands-on case-based simulation and debriefing that focuses on critical leadership, communication, and teamwork skills.

Fortis Hospital, Mulund, organises 'Neonatal Resuscitation programme: The First Golden Minute' project for doctors and nurses



Return demonstration by the participants



Front row (Left to Right) – Dr Jesal Sheth & Dr Sameer Sadawarte of Fortis Hospital Mulund, along with the Dr Anjali Otiv, Dr Omprakash Jamadar and Dr Shrikant Tiwari and the participants in the rear row

Fortis Hospital, Mulund, in collaboration with Indian Academy of Pediatrics-National Neonatology Forum (IAP-NNF), conducted 'Neonatal Resuscitation Programme: The First Golden Project,' a day-long certification programme, on September 12, 2021. 16 doctors and nurses participated in the event. Senior external faculty members led the participants through a structured training module on neonatal resuscitation, followed by hands-on training. The entire session was facilitated by Fortis Hospital Mulund's Dr Sameer Sadawarte, Head & Senior Consultant - Pediatrics & Neonatal Intensive Care and Dr Jesal Sheth, Senior Consultant – Pediatrics & Neonatal Intensive Care.

The course aimed at improving skills in prompt and accurate identification of the need for resuscitation in newborns and performing resuscitation as per American Heart Association (AHA) guidelines in different scenarios. The practical session concluded with Objective-Structured Clinical Evaluation, felicitation of the speakers and the

Eight nurses from Fortis Escorts, Jaipur, clear year-long course in critical care



Nurses receiving their certificates in the presence of leaders and senior clinicians

Eight staff nurses at Fortis Escorts Hospital, Jaipur, received their Indian Diploma of Critical Care Nursing (IDCCN) certificates after qualifying the year-long Indian Society of Critical Care Medicine accredited course. Capt Sandhya Shankar Pandey, Chief Nursing Officer – Fortis Healthcare, presented the certificates to the nurses on July 15, 2021, in the presence of Dr Shrikant Swami, Director - Medical Operations, Dr Shabbar, Director - Critical Care and the Course Director, Dr R.L. Tiwari, Director - Anaesthesiology, Dr Ankit Bansal, Pulmonologist, Mr Subrata Das, Head - HR and Ms Jijimol James, Chief Nursing Officer.

Community Connect

Doctors at Fortis Mulund give a new lease of life to 19 children suffering from life-threatening cardiac ailments



Dr Swati Garekar screening a child from Malegaon, at Fortis Hospital, Mulund



(Center) Dr Dhananjay Malankar (Paediatric CardioThoracic Surgeon) & Dr Swati Garekar (Paediatric Cardiologist) and team with the children & their parents who have arrived from Malegaon

Paediatric Cardiac Specialists from Fortis Hospital, Mulund, performed lifesaving cardiac procedures on 19 children from Malegaon, Maharashtra, after a recent Paediatric Cardiology OPD organised in conjunction with Rashtriya Bal Swasthya Karyakram (RBSK), an initiative of the Ministry of Health & Family Welfare, Government of India. Here children were identified for urgent intervention. The children and their parents arrived at the hospital in September. The screening OPD, which was spearheaded by Dr Swati Garekar, Consultant-Paediatric Cardiology and Dr Bharat Soni, Consultant, Paediatric Cardiovascular Surgery, was hosted in conjunction with Nasik's local health officials at the city's Women and Child Hospital. Nearly 87 children were screened at this OPD, of which 26 needed urgent surgical intervention. Of these, 19 children and their parents travelled to Fortis Hospital, Mulund. The youngest child to be operated under this initiative was a 3-month-old, and the oldest a 15-year-old. The chief cardiac ailments found among these children were a hole in the heart and Blue Baby Syndrome.

At Fortis Mulund, a super specialised team comprising of Dr Dhananjay Malankar, Consultant - Paediatric Cardiothoracic Surgery, along with Dr Swati Garekar, Consultant-Paediatric Cardiology, spearheaded this initiative. "We are pleased to have been able to join hands with RBSK and Nasik's health authorities to initiate this OPD, which is a great effort to enable quality healthcare for children in various parts of rural Maharashtra. Our endeavour is to save and enrich as many lives as possible. I am also proud of my Paediatric Cardiac Team who screened these children and enabled lifesaving interventions. My teams also hand held the parents through their child's recovery. said Dr S Narayani, Head SBU - Mulund. Ms Archana Metkar, Asst. Marketing Manager-North Maharashtra, and Medical Social Workers Mr Nishant Sarvagod and Mr Sudarshan Bhoir played a pivotal in enabling this initiative.

Nutrition Week held at Fortis Escorts, Okhla, New Delhi



Glimpses of the event

The Dietetics and Nutrition Team at Fortis Escorts Heart Institute, Okhla, New Delhi, celebrated Nutrition Week during September 1-7, 2021, with great fervor and enthusiasm. The initiative was led by Ms Daljit Kaur, Head - Dietetics and her team, and the aim was to impart knowledge about health and nutrition among the staff and patient attendants. Various awareness building activities were held, such as quiz, poster competition, fireless recipe competition, education of new mothers on weaning foods, nutrition education for kitchen staff and much more. The prize distribution was done by Mr Bidesh Chandra Paul – SBU Head & Zonal Director and Dr Amrita Gupta – Medical Director.

Fortis Escorts, Amritsar, celebrates National Nutrition Month



'Poshan Maah' celebration at Fortis Escorts, Amritsar

The Clinical Nutrition Department at Fortis Escorts Hospital, Amritsar, celebrated National Nutrition Month (Poshan Maah) with several activities throughout the month of September.

A plantation drive was held wherein herbal plants and fruit saplings were planted by Mr Deepak Narang, Facility Director, in association with the Clinical Nutrition Department. A 'Tiffin Box'

competition was held to spread awareness about balanced nutrition and stress on the importance of personalised lunch plate, incorporating healthy and locally available foods. A healthy, on-the-spot salad (fireless cooking) competition was organised. Yoga and meditation sessions were held and workshops on food and drug interaction, and Severe Acute Malnutrition (SAM) were held in collaboration with the Nursing Department. Awareness building events were organised in schools where the importance of healthy diet was stressed upon.

Nutrition Month celebrated at Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi



Team Clinical Nutrition & Dietetics at Fortis Vasant Kunj, led by Ms Seema Singh (Centre)



Ms Seema Singh delivering a talk



A month-long calendar of events throughout September marked the Nutrition Month at Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, where a number of activities were organised to make people nutrition conscious and connect them with art of eating mindfully. Every day, patients and their attendants were sensitised about mindful eating along with counselling by the Dietetics Team. A total of five webinars with various public sector organisations and Corporates were organised apart from counseling sessions for patients, attendants and staff members.

The sessions were held on the digital platform and the Clinical Nutrition & Dietetics Team put in their best efforts to

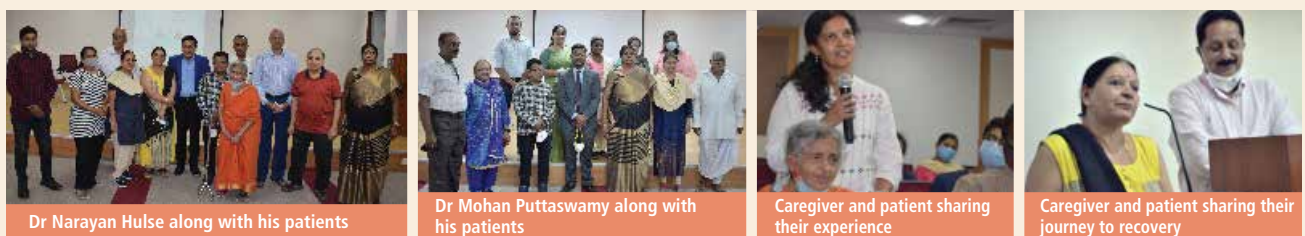
Fortis Hospital, BG Road, Bengaluru, celebrates National Nutrition Month



The Department of Dietetics at Fortis Hospital, BG Road, Bengaluru, conducted a series of activities and games on the occasion of National Nutrition Month, on September 29, 2021. Fun games such as treasure hunt, food pyramid and Mad Ad were conducted, in which employees from all verticals took part.

The event also included posters on nutrition-related topics such as deficiencies of Vitamin B12 and Vitamin D and importance of including different seeds in our diet, among others.

Fortis BG Road, Bengaluru, conducts Aasha, patient support group meet, for Total Knee Replacement surgery patients



A patient support group meeting of patients who underwent Total Knee Replacement at Fortis Hospital, Bannerghatta Road, Bengaluru, was held on October 22, 2021. The event, themed 'Aasha - A new beginning to a pain free life,' celebrated the journey of patients and their caregivers. Around 30 patients shared their treatment experience and the role of their families, who stood like a pillar for them. Doctors shared their insights and responded to queries about Total Knee Replacement surgery, highlighting its role in enabling patients to lead a pain-free life. A physiotherapy session followed. Fun-filled games and activities aimed at educating the patients about the importance of staying active to keep their knees healthy were also held.

Fortis BG Road is organising a series of patient support group activities under the banner, 'Aasha.' The first session was conducted on World Cancer Day (February 4) to acknowledge the spirit of cancer survivors. The programme, which had been briefly discontinued due to second wave of COVID-19, has commenced again.

Fortis Noida organises health camp for physically and mentally abused women; female police personnel



Inauguration ceremony

Fortis Hospital, Noida, organised a health camp in association with an NGO partner and Sakhi, a Government-run centre for physically and mentally abused women, on September 18, 2021. The event was attended by a large number of senior Government officials. The health camp was conducted by Dr Anjana Singh – Director & Head, Obstetrics & Gynaecology and Dr Dheeraj Gandotra - Additional Director, Cardiology, along with other

doctors from Fortis Hospital, Noida. Over 130 women, including female police officers, benefited from the health camp. The initiative was widely reported by the

Fortis Sales Team organises HR Conclave in Chennai under the 'Guardians of Health' banner



Glimpses of the event

As part of its efforts to revitalize the Private Corporate Sales channel, the Domestic Sales Team organised an HR Conclave in Chennai. The event, which is part of a series of engagement initiatives directed at large businesses, was held under the 'Guardians of Health' banner. The event attracted over 190 HR professionals, including several Chief HR Officers from across the country. The MD & CEO of Star Health Insurance was the Chief Guest at the event. Four panel discussions were held, featuring 18 CXOs of several major corporates. The speakers shared their views on 'Reinventing the role of HR in the new normal.' All Fortis hospitals in Chennai also participated in the event. The programme was very well received and appreciated by the participants.

Fortis Memorial, Gurugram organises Walkathon to raise awareness about cardiovascular ailments



Snapshots from the day-long event

Fortis Memorial Research Institute, Gurugram, organised a walkathon and a health check-up camp at a prominent residential society in Gurugram on October 2, 2021, to raise awareness about the growing incidences of cardiovascular ailments. The event was led by Dr T.S. Kler, Chairman - Fortis Heart & Vascular Institute, Gurugram.

Dr Kler stressed on the need for lifestyle modifications to keep one's heart healthy. He said that there has been an exponential rise in heart problems during the pandemic, even among the younger people and there is a dire need for timely and regular health check-up to prevent various heart related complications.

Over 500 residents attended a series of activities which included a walkathon, health talk, lucky draw and drawing competition along with a magic show for children. Complimentary heart health screening was offered and Cardiopulmonary resuscitation (CPR) procedure was also demonstrated to all the residents.

Fortis Memorial, Gurugram celebrates Childhood Cancer Awareness Month



'Clowns' in action at FMRI, Gurugram

Fortis Memorial Research Institute (FMRI), Gurugram, marked 'Childhood Cancer Awareness Month,' observed every September, by organising a clown show for children diagnosed with cancer, on September 18, 2021. The show, attended by over 150 people, including parents and caregivers, was organised under the aegis of Dr Vikas Dua, Director - Department of Paediatric Haematology, Oncology and Bone Marrow Transplant, FMRI.

Speaking on the occasion, Dr Dua said, "Through this initiative, we are trying to create conversation around a sensitive and difficult subject, childhood cancer. The objective was also to engage with the children who have been fighting for their lives and their parents and caregivers, who have been struggling with the diagnoses. Leukemia, brain and other central nervous system (CNS) tumors, and lymphomas continue to affect children and while we have made several strides with respect to cancer care in India, a lot remains to be done in the field of Paediatric Oncology."

Fortis Mohali holds cardiac workshop for practicing interventional cardiologists



(2nd from left) Dr RK Jaswal, HOD and Director of Cardiology and Cath Lab; and Mr Abhijit Singh, Head SBU – Mohali, with the interventional cardiologists



Dr RK Jaswal with the participating cardiologists in the Cath Lab at Fortis Hospital Mohali

Fortis Hospital Mohali organised a two-day workshop-cum-educational programme for five practicing interventional cardiologists from across the country at the facility on September 11, 2021.

Dr RK Jaswal, HOD and Director of Cardiology and Cath Lab, Fortis Mohali – who started Transradial Intervention at Fortis Hospital Mohali in 2002 and has the largest experience of conducting nearly 14,000 transradial interventions in entire North India – conducted the teaching programme.

These five participating cardiac specialists have been independently conducting cardiac interventions at medical facilities in different parts of the country for many years.

The objective of the session was to hone the skills of the cardiologists to handle the most complicated transradial interventions, educate and demonstrate treatment of complex PCI patients, train them in advanced therapy options including Rotablation, physiological assessment and intravascular imaging of coronary arteries including Optical Coherence Tomography (OCT) to perform precision PCI.

The lectures on the above mentioned advanced therapy options were part of the curriculum. The participating cardiologists received a certificate of attendance at the end of the workshop.

Awards & Accolades

Dr Digambar Behera of Fortis Mohali awarded Padma Shri for his contribution to the field of Medicine

Dr Digambar Behera, Director - Pulmonary Medicine at Fortis Hospital, Mohali, was conferred with the prestigious Padma Shri by the Hon'ble President of India, Shri Ram Nath Kovind in recognition of his commendable 'contribution to the field of Medicine.' The award was presented at the Civil Investiture Ceremony held at the Rashtrapati Bhawan, New Delhi, on November 8, 2021. The ceremony was also attended by the Hon'ble Vice President Shri M. Venkaiah Naidu, Hon'ble Prime Minister Shri Narendra Modi and several cabinet ministers.

Dr Behera is a renowned specialist in Respiratory Medicine and has a clinical experience of over 40 years. He is a pioneer in lung cancer chemotherapy and the Founder President, Indian Society for the Study of Lung Cancer. Dr Behera also served as the Dean (Research) and Head of the Department of Pulmonary Medicine at the PGIMER, Chandigarh, and as the Director of the National Institute of TB and Respiratory Diseases for five years. Dr Behera is currently President of the Indian Chest Society and President-elect of the National Academy of Medical Sciences (NAMS).

He has over 582 publications to his credit and has presented more than 80 papers in National and International conferences. He has authored and co-authored 9 books, including Text Book on Pulmonary Medicine, Text Book on Respiratory Medicine, Advances in Respiratory Medicine, Bronchial Asthma, Tuberculosis and Spirometry. He is also a recipient of 32 National and 7 International awards.



Dr Digambar Behera, Director - Pulmonary Medicine receiving the Padma Shri from Hon'ble President of India Shri Ram Nath Kovind

Dr Pankaj Maheshwari of Fortis Mulund awarded the prestigious 'Urology Gold Medal'



Dr Pankaj Maheshwari

Dr Pankaj Nandkishore Maheshwari, Consultant Urologist, Fortis Hospital Mulund and honorary assistant professor of Urology at Grant Medical College has won the prestigious Urology Gold Medal award for the year 2020 for his exemplary services in the field of Urology. The award was presented on October 1, 2021, at the conference of the West Zone chapter of the Urological Society of India held in Goa. The award has been given to Dr Maheshwari recognising his tremendous contributions as a teacher, presenter, researcher, innovator, and an active office-bearer of the Urology Society of India - West Zone. He has contributed to society through multiple medical camps, awareness programmes and by supporting not-for-profit organisations.

Dr Maheshwari has to his credit more than 60 publications in national and international journals and has a wide experience of management of Urinary Calculus Disease patients. He is a pioneer in the use of Holmium Laser in Urology in India. He started performing Holmium Laser enucleation of the

Prostate for management of Benign Enlargement of the Prostate in late 1998. He popularized Holmium Laser enucleation of the Prostate across India and has been one of the initial persons to start therapeutic flexible Ureteroscopy in India. He has demonstrated HoLEP in most major centers in India, Bangladesh, and at Kunming in China & has delivered nearly hundred guest lectures in national and regional conferences.

Fortis shines at the IHH Healthcare Quality Summit, 2021



First prize for Service Excellence (Team Award) won by 'Project Tiger Hill' from Fortis Mulund



Ms Ishwinder Kaur of Fortis Hospital, Mohali, won first prize in the Service Excellence (Individual) category



Third prize in Clinical Excellence (Individual) went to S. Geetha of Fortis Malar, Chennai



Team Athena from Fortis Escorts, Okhla, New Delhi, ranked among the top 5 at the Innovation Challenge

Fortis has won three awards at the IHH Healthcare Quality Summit whilst one team made it to the top 5. The two-day online event held on September 27-28, 2021, attended by senior leaders from IHH as well as the IHH facilities at Brunei, China, Hong Kong, India, Malaysia, Singapore and Turkey, showcased projects under three categories: Clinical Excellence, Service Excellence and Innovation Challenge. An e-Poster Exhibition was also held as part of the event. The Summit aimed to 'celebrate and share quality improvement efforts' across the IHH umbrella. Fortis had the highest participation with 21 teams, including one cross-country team with members from Singapore and Malaysia as well.

The first prize for Service Excellence (Team Award) was won by 'Project Tiger Hill: An uphill climb in improving patient satisfaction with F&B services'. The team from Fortis Mulund was led by Ms Lavina Lall, Head – Quality & Patient Experience and Manager – Administration, Mr Deepak Karki, F&B Manager – Sodexo, Mr Prince R., Asst. Manager F&B – Sodexo, Mr Omkar Gaikwad – PRO and Ms Neha Patel – PRO. Ms Ishwinder Kaur, Asst Officer, Patient Experience Team, Fortis Hospital, Mohali, won the first prize in the Service Excellence (Individual) category. Sister S. Geetha, Nursing Aid, Outpatient Department, Fortis Malar Hospital, Chennai, won the third prize in the Clinical Excellence (individual) category for 'Prompt Diagnostic Investigation (ECG).'

Team Athena from Fortis Escorts, Okhla, New Delhi, ranked among the top 5 at the Global IHH Innovation Challenge. The team comprised of Dr Mona Bhatia, Director & Head – Radiology, Dr Praveen Kumar, Attending Consultant - Radiology and Mr Suraj Kumar, Head - Information Technology.

Fortis Mohali receives AHPI Award 2021 for 'Quality Beyond Accreditation' for the fourth time

Fortis Hospital, Mohali, was conferred with the AHPI Award for Excellence in Healthcare-2021 under the 'Quality Beyond Accreditation' category. The award was presented at an event held in Delhi-NCR by the Association of Healthcare Providers – India (AHPI) on August 6, 2021. The event was attended by the Secretary General, QCI; President, NBE; and several other dignitaries from the health sector. The shortlisted hospitals were judged based on well-defined assessment criteria for quality beyond accreditation, including last three years' key performance, indicators trend analysis, continuous quality improvement initiatives in both clinical and managerial processes along with clinical audits undertaken and clinicians' engagement in various Quality Improvement Plans.

The award is a true reflection of the team's commitment, compassion and care of excellence in healthcare.



(Front row left to right): Air Marshal (Dr) R.K. Ranyal, Medical Director; Dr Anita Sharma, Head, Department of Lab; Ashish Bhatia, Business Head, Rest of India; Dr Shweta Prabhakar, Head Quality & Patient Safety; and Jaspreet Kaur, Unit Head, Administration

(Standing row left to right): Amarjit Kaur, Assistant Manager, Quality and Patient Safety Department; Mr. Abhijit Singh, Zonal Head; Rajbir Aulakh, Deputy Chief Nursing Officer; and Dr Nivedita Singh, Assistant Quality, Quality and Patient Safety Department, Fortis Hospital, Mohali

Fortis hospitals win 8 National and Regional level awards at the Economic Times Healthcare Awards 2021



Category	Unit
	Fortis Escorts Heart Institute, New Delhi
Best Multi - Speciality Hospital (East)	Fortis Hospital Anandapur, Kolkata
	Fortis Hospital and Kidney Institute, Kolkata
	Fortis Memorial Research & Institute, Gurugram
	Fortis Memorial Research & Institute, Gurugram
Best Hospital - Gastroenterology &	Fortis Memorial Research & Institute, Gurugram
Best Hospital - Obstetrics & Gynaecology (OBGYN) (North)	Fortis Hospital Shalimar Bagh, New Delhi
Best Hospital - Gastroenterology & Hepatology (South)	Fortis Hospital, Bannerghatta Road, Bengaluru

Dr Swapna Misra of Fortis Mohali wins international beauty pageant



Dr Swapna Misra, Director, Obstetrics & Gynaecology, Fortis Hospital, Mohali



Dr Swapna Misra is the first Indian to bag the coveted title

Dr Swapna Misra, Director, Obstetrics & Gynaecology, Fortis Hospital, Mohali, has won the title of Mrs Classic International at the Mrs Classic Universe beauty pageant held at Tallin, Estonia, from September 28 to October 2, 2021. She is the first Indian to bag the coveted title. Earlier, in August 2021, Dr Misra was crowned as Mrs Classic India and 'Pride of North' in New Delhi.

The Mrs Classic Universe, an international beauty pageant, witnessed participation from 45 countries. The participants went through multiple rounds, including meet and greet, introduction, closed-door interviews and national costume round. The grand finale of the pageant included a Q&A session and a ramp walk. The winners were selected by an esteemed panel of judges. Dr Misra has been a part of Fortis Mohali for the past 14 years and besides being a competent Obstetrician and Gynaecologist, she is also a reputed Robotic Gynaecological and Laparoscopic Surgeon.

Critical Care Team at SL Raheja Hospital, Mahim - A Fortis Associate, bags top spot at ISCCM's National Photography Contest



The winning photograph

The Critical Care Team at SL Raheja Hospital, Mahim - A Fortis Associate, bagged the first place at the National Photography Contest organised by Indian Society of Critical Care Medicine (ISCCM). The theme was 'leading the fight against COVID-19.' The results were announced on the ISCCM Day on October 9, 2021. The winning entry portrayed the 'war zone - beyond the call of duty,' showcasing the fight against COVID-19, an unknown ever changing enemy.

The entry brought to fore the real warriors who fought for the nation during the COVID-19 pandemic. The ICU team led by Dr Sanjith Saseedharan, Consultant and Head- Critical Care, SL Raheja Hospital, Mahim-A Fortis Associate, was appreciated for the creative entry, along with Dr Ashutosh Pandey, Head-Administration, SL Raheja Hospital, Mahim-A Fortis Associate for his creative contribution.

Dr Muralidhar of Fortis Bengaluru stands fifth at Ironman 70.3, held in Barcelona, Spain



Dr Muralidhar S displaying his medal



The medal with his personal time stamp

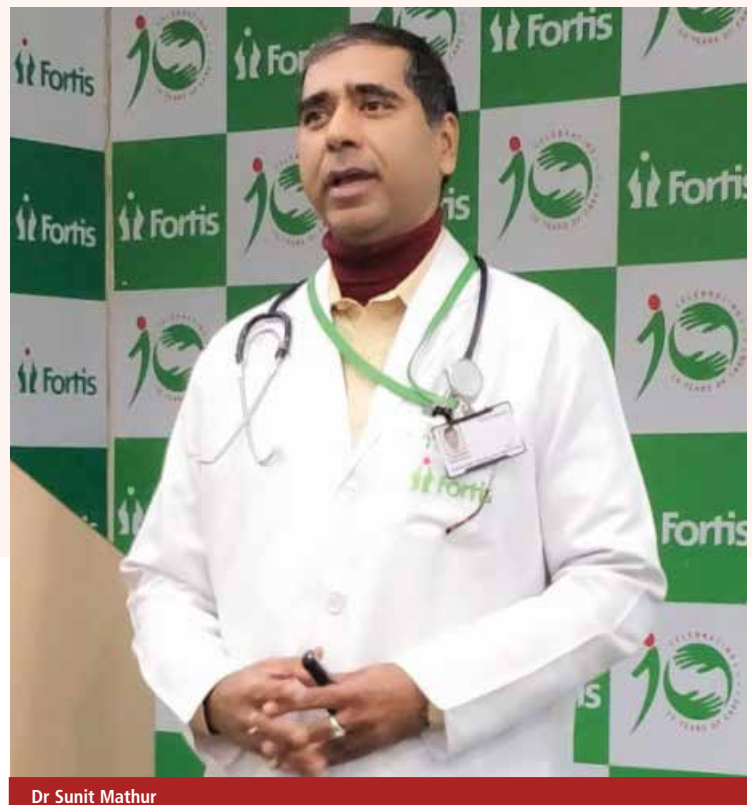
Dr Muralidhar S., Consultant - General & Laparoscopic Surgery, Fortis Hospitals, Bengaluru, has stood fifth in the 40-44 year category at the Ironman 70.3 competition held in Barcelona, Spain on October 3, 2021.

A passionate sportsman since his school days, Dr Muralidhar joined Fortis Hospital, Nagarbhavi, Bengaluru in 2012. He had participated in the challenging Goa Ironman 70.3 triathlon in 2019. He learnt swimming especially to participate in this event and completed the 1.9 km swim, 90 km cycle and 21 km run in quick succession, in just 8 hours and 30 minutes. The success enthused him and prompted him to attempt the triathlon at Barcelona.

Poster prepared by Dr Sunit Mathur of Fortis Escorts Hospital, Jaipur, displayed at 26th WONCA Europe Annual Conference 2021

A virtual poster titled 'Bringing a Weekly Global Community of Family Physicians together,' authored by Dr Sunit Mathur, Attending Consultant - Geriatric Medicine, Fortis Escorts Hospital, Jaipur, was showcased at the 26th WONCA Europe Annual Conference 2021, held on July 6-10, 2021. The event, organised by the Dutch College of General Practitioners, was held virtually due to the COVID-19 global pandemic. The program was designed to offer customised, self-directed learning by global experts in Primary Care and Family Medicine while providing a unique supportive platform for academic activities with a focus on critical issues in global health and primary care.

Dr Mathur has recently completed the Virtual Toronto International Program (V-TIPS) to strengthen Family Medicine and Primary Care. Additionally, he also participates in monthly online meetings of COVID-19 Community of Practice for Ontario Family Physicians.



Dr Sunit Mathur

Fortis Mulund felicitates community members for support during pandemic; spiritual group & local bank also honour Fortis COVID warriors



(C) Dr Rahul Pandit, Director-Critical Care, Fortis Hospitals Mumbai, Dr Manjeet Singh Arora, Consultant-General Medicine & Community Health Expert, Fortis Hospital Mulund, Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals, Mumbai along with the community champions who supported the hospital during the pandemic



(R) Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals, Mumbai felicitating a community champion



A spiritual group sister tying Rakhi to Dr Rahul Pandit

Fortis Hospital, Mulund, in a ceremony hosted recently on August 31st, felicitated the community members for being strong pillars of support to the hospital and its caregivers during the COVID-19 pandemic. NGOs, Social Workers, Trusts and Social Welfare outfits, community members and those who enabled blood collection drives, helping collect 2,000 units of blood were honoured by key clinicians and administrators.

On the same day, members of a local bank and members of the spiritual group felicitated Fortis Hospital Mulund's COVID-19 warriors. The ceremony included traditional lamp lighting and cake cutting, followed by felicitation of our clinicians, nursing teams and administrative teams. Representatives of the bank and sisters from the spiritual group, a socio-religious organisation, saluted the Fortis team for their exemplary efforts during the pandemic. The spiritual group representatives also tied Rakhi to Fortisians for being guardians of the community, adding a truly emotional touch to the felicitation.

Meet Clinician



Dr Vivek Gupta
 Additional Director of Interventional Neuroradiology,
 Fortis Hospital, Mohali

A few details about your family members -- number of children and what they do?

We are a family of four. My wife is a professor of Community Medicine at PGIMER, Chandigarh, and currently working on vaccine trials. I have two children. My son is elder and studying MBBS at AIIMS, Kalyani, Kolkata. He is a keen debater. My daughter is in Class 6 and aspires to be a fashion designer.

How did you end up choosing the medical field?

It was not a matter of choosing, rather it was my calling. From a young age, people's pain and discomfort affected me a lot. By choosing medicine, not only could I comfort them, but could also contribute in making them healthy.

If you could share some details about your struggling days in school/college?

I did my schooling and graduation from Shimla, a quaint town nestled in the hills. School days were carefree but college was tough. For me, MBBS was not just a degree, it changed my entire perspective towards life. After graduation, I got selected at the prestigious PGIMER, where I pursued my MD and DM. I was selected as a faculty member at the premier institute in 2005 and left it as a Professor of Neuroradiology.

What are your hobbies?

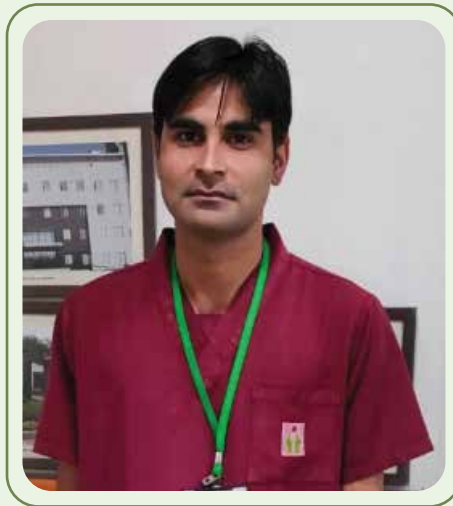
I am an avid reader who likes fiction and contemporary literature. Also, I am into adventure sports and sometimes dabble in poetry.

How do you spend your free time?

I have a busy schedule and work keeps me occupied. But whenever I have free time, I like listening to Sufi or folk music.

Meet A Nurse

Brother Suresh Saini Senior Nurse, Fortis Escorts Hospital, Jaipur



Why did you choose nursing as career?

I wanted to do something challenging and interesting while making a difference in people's lives. As a Nurse, I get to deal with many aspects of patient care and I enjoy the variety in the routine.

Tell us something about your journey at Fortis.

I started my journey as a fresher with Fortis Escorts Hospital, Jaipur. I learned the basics of nursing while caring for general ward patients and then moving on to look after the ICU patients. Our Chief Nursing Officer has supported me a lot throughout. Also, there were many seniors involved in moulding me, guiding me and helping me grow in my profession. Today, I am working in an ICU as a senior nurse. I guide other new nurses and help them learn and grow. My journey has been pretty satisfying and I cherish it a lot.

What do you find the most interesting aspect of your work as a nurse?

The well-being and happiness of patients is of utmost priority for a nurse. Like any other nurse, I too feel very happy when a patient gets discharged with a smile on the face. The

gratefulness I can see in their eyes is the greatest reward and I feel blessed to have taken up this great profession. Often, patients who return for follow-ups remember my name, and that makes me feel even more proud of what I do as a nurse.

What has been the most memorable moment in your career?

I have worked as COVID Warrior. There were times when I saw patients feeling low as their family members were not allowed to see them. There was one old man who got very emotional about being alone and I would keep talking to him, encouraging him. When he was getting discharged he called me, held his hand on my head and blessed me with tears. I really cherish his happy face while leaving the hospital.

What are your other interest or hobbies?

Apart from nursing, cricket is something I can give my heart for. I am a big fan of the Indian Cricket Team. I love watching cricket and I have played a lot of cricket as part of my school team and then in

Wall of Fame

Fortis Hospital Mulund

Myself Suryakanta from Odisha. My uncle having multiple myeloma detected in 2020 dec. We don't know about these disease that time we are very much panic and also my uncle having serious back pain. We take decision come to Mumbai (Tata Memorial Hospital) for the better treatment. Then we did chemotherapy upto 8 cycle. After that doctor decided to do Bone marrow transplant (Autologous). Then doctor referred Fortis Hospital (Mulund). Then we did Bone marrow transplant under Dr. Subhprakash Sanyal (haematology).

He is life saver for my uncle. He is co-operative, polite and one of the best doctor across India. He is very supportive and kind hearted. He stood by our side and helped us a lot. Along with doctors all supportive staff and sisters are very co-operative and kind hearted like Shubhangi sister, maya sister, Catherine sister. Asha sister is very polite. They behave like family members. They are very professional about their job responsibility. So once again thanks everyone. We are happy to continue further treatment here and we also recommend others to come here for better treatment.

Appreciated by : **Suryakanta**

Appreciated for : **Team Oncology**

Fortis Hospital Noida

Dear sir/madam of Fortis administration.

Myself Pravin Kumar Gupta, admitted in room 1505 at your good hospital on 11th October and discharged on 13th October. Self have very good experience with your renowned hospital. Self Have stone. Operation done on 11 October 21

First I met Dr Piyush Varsney , the besets Doctor in town. Very humble/polite and soft spoken, highly intelligent and have power of convincing ,to anyone. He never get annoyed even if anyone asking million question to him, always cool and soft spoken. I wish him splendid success , honor , and dignity to this gem of medical profession, he guided me to meet counselor Ms. Shilpa Patil. She is another very humble, polite and having good quality of convincing power to anyone. She is a stockpile of kindness and friendliness, and making the patient so comfortable that the patient thinks that half the battle is won. She is very powerful orator. I wish her stark, sincere, fervent success in her future endeavors .she is an asset to the FORTIS. your hospital, very comfortable , clean, hygienic, staff is very supportive, Nurses are good and diligent and deliver confidence to patients. Especially Nurse Jaspreet and Raj kumari is very prompt in service. Discharge process is good and smooth from Nurses side.

Appreciated by : **Pravin Kumar Gupta**

Appreciated for : **Fortis Hospital, Noida**

Fortis Hospital CDOC

Excellent because of dubieties being monitoring under Dr Misra.

Patient: **Ajith Sahay**

Dr Anoop Misra Sir is one of the best of his profession

Patient: **B S Verma**



Anoop Misra

Appreciated for :
Prof. (Dr.) Anoop Misra
Diabetes &
Endocrinology

Fortis Escorts Hospital Amritsar

We are happy with the responsible as well as caring staff of ICU. Thankful to all the staff and doctors especially Dr.Manik Mahajan for taking extra personal care of my mother in law. Their supportive nature helped her to recover faster. May God bless all of them.

Good Hospitality!

Good Job!

Appreciated by : **Urmil Gupta**

Appreciated for : **FEHA**



Fortis Hospital Ludhiana

Dr. H.S. Pannu and Dr. Piyush are great doctors and great soul and nurse Jasvir kaur and all staff are very good behavior

The most important thing was their making the old patients comfortable. All the staff members have clarity of the work and a very kind too

Thank you very much!!!!



Dr HS Pannu

Appreciated by :

S. Darshan singh

Appreciated for :

Dr HS Pannu



Manisha Kalyan

5 reviews

★★★★★ 3 days ago **NEW**

My Experience in this Hospital with my Dr. 🧑‍⚕️ Shiwani and Dr. 🧑‍⚕️ Shreya was too good. They are like God to me because in startings 4 days they handle me very clamly and give me more strength to fight agianst my Problem. About the Nurses staff i really want to mentioned about 👩‍⚕️ Amardeep and Shiwani who were always give me feel lyk i am at 🏠 home only. Lastly i just want to Say good Luck to the whole Forties family.

Thanks & Regards

M Kalyan



Dr Shivani

Appreciated by :

Manishna Kalyan

Appreciated for :

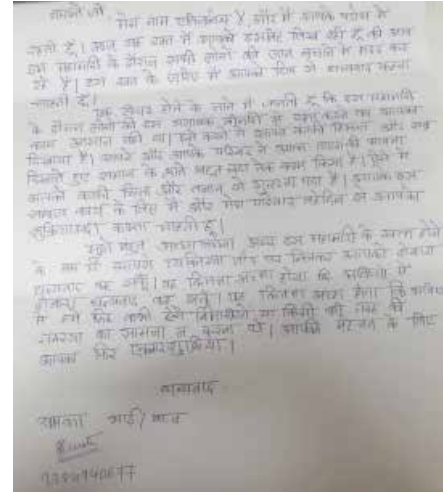
Dr Shivani

Fortis Hospital Kalyan

Translation – My name is Elizabeth, I stay nearby to Hospital and via this letter I would like to thank all the staff who so dedicatedly take care of patients during the time of pandemic.

I would love to meet you all personally and thank you post pandemic.

Appreciated by : **ELIZABETH**
Appreciated for : All staff of Fortis Kalyan



Fortis Hospital La Femme

Dr. Tripat Chaudhary

I alongwith my wife would like to express our gratitude to the nursing staff/other staff for taking such good care of us during our stay at the Hospital. Furthermore, the process of billing/ the way covid protocols were being maintained as well as the food being served from the cafeteria was far superior to the other hospitals were I have been too. This is the kind of care a patient needs when he/she comes to a hospital, and I have no qualms in saying that you have your teams does it beyond excellence.

I along with my wife once again thank team La Femme for everything.

Keep up the good work!!

Patient Name: **Supriya Juneja**
*Name changed to protect patient identity



Dr Anjali Aneja

Appreciated by : **Supriya Juneja**
Appreciated for : **Dr Tripat Chaudhary**

G **Gajanan Dwivedi**
1 review

★★★★★ a month ago

Excellent experience. Very professional and efficient team. Dr Meenakshi Ahuja, Dr Sunita Arora and Dr Tripti are exceptionally good and extremely caring. Everyone in nursing team is extremely proactive and professional, especially Binsia Mam. From customer experience team, Shilpa Mam has been extremely helpful.



Dr Meenakshi Ahuja



Dr sunita Arora

Fortis Hospital Malar



karthik kumar

10 reviews · 1 photo

★★★★★ 3 weeks ago **NEW**

Excellent doctor a guardian angel respected Nithya Ramamurthy.. she took care of my wife like her child as always .. excellent hospital facilities and most importantly Muthuselvan ji who was the all rounder for this hospital once again thank u so much for each and every staff .. wishing all good success and prosperity for Malar :)



Appreciated by : **Karthik Kumar**

Appreciated for :

Dr Nithya Ramamurthy, Senior Consultant OBG

Mr Muthuselvan, SLM



Dr Nithya Ramamurthy



Mr Muthuselvan

We would like to take this opportunity to heart fully thank the staff of Hospital Fortis Malar, Chennai for their prompt response/action and at the same time being so kind. Right from, Reception team to Emergency team... special mention of gratitude to Bharat (staff nurse; emergency room) who took our case on phone last night as we weren't able to come and guide us on what to do with our 6 year old child who got hurt. Kudos to him, Emergency duty doctor and the entire staff for ever being so compassionate about the services...

Best regards,

Madhuri & Anand

21.10.2021

Appreciated by : **Madhuri & Anand**

Appreciated for : **Mr Barath, Staff Nurse Emergency**



Mr Barath

Fortis Hospital Arcot Road

I used to depend on others to walk for the past four years and became bedridden last 3 months. I was advised a major spine surgery and was scared due to my age. But now after the surgery I am able to walk without any support. Apart from his excellent professional services Dr Dilip's humanity and tender care made me very happy. He is like a saviour to me.- Mrs. Meenakshi



Dr Dilip Chand Raja S

Appreciated by :

Meenakshi

Appreciated for :

Dr Dilip Chand Raja S

Photo Features



Fortis Celebrates **DIWALI**



Fortis Hospital, FHVK



Fortis Hospital, Kolkata



Fortis Hospital, Vashi



Fortis Hospital, Mulund



Fortis Hospital, Kalyan



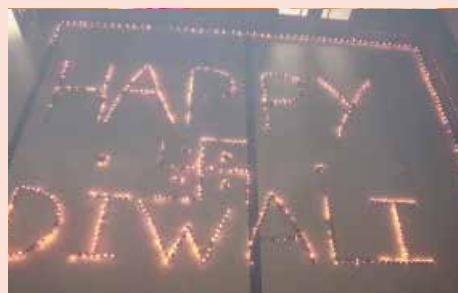
Fortis Hospital, Kalyan



Fortis Hospital, Corporate Office



Fortis Hospital, LA-Femme



Fortis SL Raheja, Hospital



Fortis Hospital, Amritsar

Congratulations



New Additions to the Family



Baby of Satish Chand Saini - Jaipur



Baby of Pramod Kumar Joshi - Shalimar Bagh



Baby of Harkesh Prajapat - Jaipur



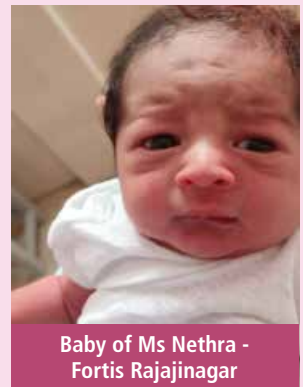
Baby of Lawrence - Dehradun Unit



Baby of Mr Ganesh Kamath - Fortis Nagarbhavi



Baby of Ms Nethra - Fortis Rajajinagar



Baby of Ms Nethra - Fortis Rajajinagar



Happy Wedding



Laxmi - Dehradun Unit

PLEASE NOTE

Dear Fortisians,
 Due to the COVID-19 Pandemic, the publication of the "TRIVIA" section is being temporarily suspended.