

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



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CSO, Shalimar Bagh



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CSO, Jaipur



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CSO, Anandpur



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CSO, BG Road



Sekar M
CSO, Malar



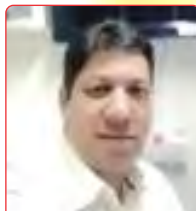
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CSO, Vashi



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CSO, Mulund



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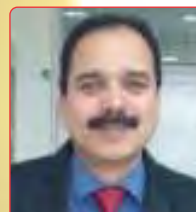
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Ramesh Bhatia
Fortis C-DOC
CSO, New Delhi



Vikram Rawat
CSO, Aashlok



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& pictures...



Message from the CEO

My dear fellow Fortisians,

It gives me great pleasure to connect with you through yet another issue of The Fortisian.

A lot has happened at Fortis over the past few weeks and months. As you know, the Fortis Board has now been expanded to include five new nominated members by IHH. The Board is chaired by Mr Ravi Rajagopal and Mr Shirish Moreshwar Apte has been appointed as the Vice Chairman. The other new Board Members are: Dr Tan See Leng - Additional Director, Mr Low Soon Teck-Additional Director, Dr Chan Boon Kheng - Additional Director and Mr Chintamani Aniruddha Bhagat - Additional Director.

With this development, I welcome IHH as our long-term strategic partner. As you are all aware, IHH is no stranger to the Indian healthcare landscape as they are already running several hospitals in the country. We look forward to synergizing the resources and competencies of our respective organisations and further strengthening our infrastructure, world-class clinical care, safety and quality parameters in line with global best practices. There is also a huge potential to explore and expand our combined reach to new geographies and to a relatively underserved patient population in the country.

There are many benefits that will come to the Fortis organisation through this transaction. We look forward to spurring growth by augmenting bed capacity, commissioning new projects and upgrading our medical technology. We firmly believe that this

association is a win-win for the entire healthcare delivery ecosystem in India, including patients, medical fraternity, industry, vendors and the country. This will enable us to further improve our quality and provide a larger, superior, integrated and wider platform to provide high-end and quality healthcare services to our patients. Finally, given the tremendous synergies, Fortis and IHH are obviously natural partners to drive healthcare excellence in India.

So, while nothing is simple and there are always bumps in the road, the future certainly looks brighter than it did a few months back.

With that said, I want to take this opportunity to thank all of you for standing with us and supporting us during this process. I salute all of you as it is your indomitable spirit, your loyalty, the dedication with which you execute your work – has made it possible for Fortis to stay strong in the face of adversity. While we have had some difficult and challenging times, you have stood with us and I do believe that brighter times lie ahead.

On a personal note, this will be my last message to all of you as your colleague and partner. Please know that it has been an honour and privilege to have worked side by side with all of you and I am and will always be grateful to all of your support, guidance and teamwork.

Best,
Bhavdeep

New Beginnings & Launches

Hiranandani Hospital, Vashi- A Fortis Network Hospital, launches Seniors First programme for the elderly



Teams across Hiranandani Hospital, Vashi-A Fortis Network Hospital and the guests display their Seniors First card, at the launch announcement



Mr Sandeep Guduru, Facility Director, Hiranandani Hospital, Vashi-A Fortis Network Hospital, talks to the audience about the Seniors First programme



Dr Brajesh Kumar Kunwar, Senior Interventional Cardiologist at the hospital addressing the audience at the Seniors First programme launch

To mark World Arthritis Day and World Osteoporosis Day, Hiranandani Hospital, Vashi- A Fortis Network Hospital, launched an exclusive healthcare programme for the elderly. The programme 'Seniors First' offers several exclusive and dedicated healthcare benefits and concession for senior citizens at the hospital.

Over 30 senior citizens registered for the programme at the launch. They were presented with their Seniors First card to mark the occasion. The launch also comprised of a talk by Dr Brajesh Kumar Kunwar, Senior Interventional Cardiologist, and Dr Manish Sontakke, Senior Orthopaedic Surgeon. The programme was also supported by Mr Sandeep Guduru, Facility Director, Dr Trupti Rathod, Head-Medical Services, and Mr Nitin Kamaria, Head-Sales & Marketing, at the hospital.

Fortis BG Road, Bengaluru, launches Fellowship in Minimal Access Surgical Oncology (FMASO)



Dr Sandeep Nayak with Dr Manish Mattoo at the launch event

Fortis Hospital, Bannerghatta Road, Bengaluru, recently launched Fellowship in Minimal Access Surgical Oncology (FMASO). The programme will be led by Dr Sandeep Nayak, Additional Director - Surgical Oncology at Fortis Hospitals, Bengaluru. Talking about the fellowship, Dr Nayak said, the programme gives a significant opportunity to become well trained in the broad field of surgical oncology, as well as become proficient in the multidisciplinary care of the cancer patient. The objective of the program is to meet the specific needs of each fellow and impart them with the skills needed to perform minimally invasive oncological surgeries.

Fortis Memorial Research Institute, Gurugram, launches Anemia Clinic



Doctors from FMRI, Gurugram, dignitaries and the school principals at the launch of the Anemia Clinic

Fortis Memorial Research Institute recently launched a specialised Anemia Clinic at its facility in Gurugram. Aimed at creating awareness and combating blood disorders at an early stage, the clinic was inaugurated by Shri Vinay Pratap Singh, Deputy Commissioner, Gurugram.

As part of the initiative, the team at FMRI, led by Dr Rahul Bhargava, Director and Head of Department, Hematology and Bone Marrow Transplant, also organised awareness camps at schools where 1500 girls across Gurugram were screened for any blood disorders.

Fortis Mental Health Curriculum for Schools launched



Glimpses from the event in Delhi



Glimpses from the event in Mumbai

A Conversation with Dr Samir Parikh, Director-Department of Mental Health and Behavioral Sciences, Fortis Healthcare, an interactive session for school counsellors on "Mental Health in the Classroom" was held as part of the Fortis School Counsellor Forum, Fortis School Mental Health Initiative.

The event was held at the India Habitat Centre in Delhi on January 22, 2019, and at the MCA-Recreation Centre Bandra-Kurla Complex in Mumbai on the next day. The session was attended by over 160 counselors in Delhi, and 60 counselors in Mumbai from over 130 schools.

Special Feature

Republic Day Celebrations



Fortis Memorial Research Institute, Gurugram



Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi



Fortis Escorts Hospital, Okhla, New Delhi



Fortis Hospital, Noida



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Mohali



Fortis Hospital, B.G. Road, Bengaluru



Fortis Hospital, CG Road, Bengaluru



Fortis Hospital, Anandapur, Kolkata



Fortis Malar Hospital, Chennai



SL Raheja Hospital, Mahim – A Fortis Associate, Mumbai



Fortis Hospital, Mulund, Mumbai



Fortis Hospital, Kalyan

Milestone

Institute of Blood Disorder at Fortis Memorial, Gurugram, surpasses 200th procedure milestone

The Institute of Blood Disorder led by Dr Rahul Bhargava, Director & HOD, Blood Disorder & Hematology at Fortis Memorial Research Institute, Gurugram, has completed more than 200 successful bone marrow transplant procedures. The team comprises of eight doctors, dedicated nurses and staff who routinely conduct transplant procedures for high risk patients, children and adults. Dr Bhargava and his team has been instrumental in popularising stem cell transplant in Multiple Sclerosis cases. The team is also known for stem cell transplant in haploidentical transplant.



Standing front row (L-R) - Dr Vikas Dua, Dr Mansi Sachdev, Dr Rahul Bhargava, Dr Anjali Pandit Standing back row (L-R) - Dr Chintan Vyas, Dr Sachin Jain, Dr Santosh Rant & Dr Aniruddha Dayama

Events

Fortis Hospital, Anandapur, Kolkata, launches Seniors First programme for the senior citizen



A 92-year-old guest at the event lights the lamp to mark the launch of the programme

Fortis Hospital, Anandapur, Kolkata, recently launched an exclusive Seniors First healthcare programme for the elderly. Over 70 senior citizens registered for the programme at the launch. The initiative allows registered senior citizens to avail exclusive benefits such as priority appointments, personalised consultations and other healthcare concessions at the hospital.

The initiative was marked with an inaugural lamp lighting ceremony followed by the unveiling of the Seniors First card by a 92 year old senior citizen. The senior citizens were then presented with their Seniors First cards. Mr Samir Singh, Zonal Director, Fortis Healthcare Ltd also graced the occasion. The launch also comprised of health talks and interactive sessions with the elderly by Dr Shuvanan Ray, Chief of Cardiac Intervention; Dr Amit Haldar, Consultant Neurologist and Dr Sanjay Garg, Head of Department of Mental Health and Behavioural Sciences at the hospital.



Dr Amit Haldar, Consultant Neurologist at Fortis Anandapur, speaking on common nervous problems faced by the elderly



Dr Shuvanan Ray, Director of the Department of Cardiac Sciences at Fortis Anandapur, addressing the audience at the launch

Fortis Hospital, Anandapur, Kolkata, conducts 'Campus Connect' programme for Nursing Students



BLS Training being imparted by Brother Prajun



Chief Nursing Officer, Ms Doli Biswas addressing the students of the nursing school



The nursing students of Sri Aurobindo Seva Kendra Nursing School with the programme leaders from Fortis Hospital, Anandapur, Kolkata

As part of an initiative to promote awareness amongst nursing students about the evolving changes and challenges in patient care as well newer opportunities, a campus connect programme was recently conducted by Fortis Hospital, Anandapur, Kolkata at the School of Nursing of Sri Aurobindo Seva Kendra.

The two hour programme was led by Sister Doli Biswas, Chief Nursing Officer; Ms Sathya Anand Kumar, Deputy Chief Nursing Officer; Ms Ishita Sarkar Chaudhury, HR Manager; Mr Prajun Kallidil, Clinical Instructor; and Ms Banrishisha Basaiawmoit, Quality Nurse. The interactive session with the nursing students covered several topics such as the significance of communication and safety practices, interview techniques and etiquettes, nursing documentation and hand hygiene as well as basic life support technique demonstrations and awareness about saving lives in a critical situation.

Hiranandani Hospital, Vashi, supports 'Run for Unity' as medical partner



The Fortis ambulance all set for action



Residents of Navi Mumbai at the "Run For Unity" initiative

On the occasion of the National Unity Day, Hiranandani Hospital, Vashi-A Fortis Network Hospital, recently supported a 'Run for Unity' marathon as medical partner. Organised by the Navi Mumbai police, the marathon commemorated the National Unity Day, which marks the birth anniversary of Sardar Vallabhbhai Patel. Over 1200 residents of Navi Mumbai participated in the marathon. The hospital provided ambulance service and first aid to the participants.

Fortis hospitals in Mumbai celebrate World Breastfeeding Week



(L-R): Ms Rinku Mavani, Head-Sales & Marketing, Dr Sonal Kumta, Consultant, Obstetrician & Gynecologist, Dr Prashant Gangal, Breastfeeding Promotion Network of India (BPNI), Maharashtra, Dr Jesal Sheth, Senior Consultant, Paediatric & Neonatal Intensivist along with Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund, inaugurating the 'Hirkani Kaksh' at the hospital



Dr Subhash Rao, Consultant, Neonatologist & Pediatrician, Hiranandani Hospital, Vashi - A Fortis Network Hospital, hosting a session on importance of breastfeeding



Mrs Shobha Shelar, Dept. of Child and Women Development, Maharashtra Government joins Anganwadi Sevika's attending the 'Importance of Breastfeeding' seminar hosted at S. L. Raheja Hospital, Mahim-A Fortis Associate

The World Breastfeeding Week was recently celebrated at three Fortis network hospitals in Mumbai comprising Fortis Hospital, Mulund; SL Raheja Hospital, Mahim-A Fortis Associate; and Hiranandani Hospital, Vashi - A Fortis Network Hospital. A series of activities including awareness workshops, quiz contest, exhibition by nursing students, and seminars on importance of breastfeeding were organised as part of the week long celebrations.

The awareness sessions saw an overwhelming response and participation by both doctors as well as the nursing staff at the hospitals. As part of the activities, the Breastfeeding Promotion Network of India (BPNI), Maharashtra, held a session at Fortis Hospital, Mulund. SL Raheja Hospital, Mahim-A Fortis Associate, held a seminar for the 'Anganwadi Sevikas' from BMC at the hospital.

Fortis Hospital, Shalimar Bagh, New Delhi organises symposium on Medical Physics



Radiation Oncologists and Medical Physicists from all over North India with Team FHSB

A symposium on 'Medical Physics for Patient Benefit' was recently organised by Fortis Hospital, Shalimar Bagh, New Delhi. Led by the Department of Radiation Oncology, under the guidance Dr Jaskaran Singh Sethi and Dr Sandeep Kaushik, the symposium was organised jointly with the Northern Chapter of Association of Medical Physicists of India to commemorate the International Day of Medical Physics.

More than 80 radiation oncologists and medical physicists from North India participated in the symposium. It was commended by all the participants and proved to be an apt platform for knowledge sharing and for discussing thoughts, breakthroughs, and challenges.

Fortis Hospital, Mulund, organises exhibition to commemorate 'Quality Month'



Inauguration of the 'Gold Seal Decoded' exhibition(L-R) – Lavina Lall, Head-Patient Experience & Quality, Dr Leena Phadnis, Regional Head-Quality (South & West), Archana Gupta, Regional Head-Patient Experience (South & West), Ms Rinku Mavani, Head, Sales & Marketing, Dr Vijayam Ravi, Educationist & former Principal of Smt. Sulochanadevi Singhania School, Mr Mohit Wankhade, Head-Administration, Mr Raj Gore, COO (South & West), Mr Satish Patil, Head- Human Resources, along with Ms Minimole Varghese, Chief of Nursing Officer & Ms Roselind Mathews, Regional Head-Nursing (South & West), with the teams from Fortis Hospital, Mulund



First prize went to team Google, it comprised of team members across Dialysis, Oncology, Endoscopy and Biomedical departments



Second prize went to team BMW, it comprised of team members across Infection Control, Engineering and Security departments

On the occasion of the 'Quality Month', Fortis Hospital, Mulund, organised a unique exhibition on 'Quality- Gold Seal Decoded' to showcase the international healthcare accreditation standards by Joint Commission International (JCI). Led by the quality team, the exhibition highlighted the 14 golden chapters of JCI which identify, measure, and accredit best practices in quality and patient safety across the world for achieving the global 'Gold Seal of Approval' certification from JCI.

The exhibition was inaugurated by Dr Vijayam Ravi, Educationist & former Principal of Smt Sulochanadevi Singhania School, in the presence of Mr Raj Gore, COO- South & West. Open to all, the exhibition also comprised of a flash mob session on hand hygiene, presentations on quality processes and protocols at the hospital, and a live demonstration on fire safety.

Dr Samir Parikh shares tips for dealing with youth at Times Delhi Literature Festival



Dr Samir Parikh (second from right) speaking at the panel discussion

Dr Samir Parikh, Director, Department of Mental Health and Behavioural Sciences, Fortis Healthcare, was invited as a panellist for a discussion on "The Young and the Restless" at the fourth edition of the Times Delhi Literature Festival. The event was at India Habitat Centre. The session was moderated by Dr Roshan Radhakrishnan and the other panellists included Dr Shelja Sen, Ms Natasha Badhwar and Ms Nupur Dhingra Paiva.

Dr Parikh spoke about the need for adults to move away from traditional ways of being prescriptive and including the youth in decision making. He emphasised the crucial role that schools and teachers play in the lives of young people. Speaking about the Fortis School Mental Health Program, Dr Parikh shared the unique ways through which the program currently influences the lives of students studying in more than 10,000 schools across 300 cities in the country.

Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, holds its first ever Fortis Pro Social Peer Moderator Programme



Dr Samir Parikh addressing school kids at the launch event

The Study and Exam Skills Module of the Fortis Pro Social Peer Moderator Programme, as part of the Fortis School Mental Health Programme spearheaded by the Department of Mental Health and Behavioral Sciences under the leadership of Dr Samir Parikh, was recently conducted at Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi.

The fun filled educational activity was supported by 20 various schools from South Delhi. Over 120 students and 25 teachers participated in the first event of the series. The key learnings were Effective Planning & Organization, Tips & Techniques for Effective Studying and Coping Strategies to deal with exam anxiety.

First batch of 30 nurses participated in Quality Medication Administration Programme launched by Fortis Anandapur, Kolkata



Dr Yashesh Paliwal, Head of Critical Care at Fortis Hospital Anandapur taking a session



Group Photograph of the participants of the 1st Batch of QMAP

The first batch of 30 nurses participated in the Quality Medication Administration Programme (QMAP), launched by Fortis Hospital, Anandapur, Kolkata recently. The launch event was attended by Mr Samir Singh, Zonal Director, Ms Neelam Deshwal, Regional Nursing Head, Dr Yashesh Paliwal, Head - Critical Care, Dr Sanjay Singh, Head - Anaesthesia, Dr Sanjukta Dutta, Head - Emergency Services, Ms Doli Biswas, Chief Nursing Officer, Ms Sathya A. Kumar, Deputy Chief Nursing Officer and supervisors and in-charges from all other departments at the hospital.

Did you know?

Fortis is the only Indian Hospital network to be a member of ICHOM (International Consortium of Healthcare Outcome Measures) and the first to publish clinical outcomes on its website.

Fortis hospitals in Mumbai celebrate World Diabetes Day 2018



(Center) Dr Sweta Budyal, Endocrinologist, Fortis Hospital, Mulund, along with 'Friends of Fortis' at the WDD celebrations



Visitors, patients attendants & employees at the health check-up camp at SL Raheja Hospital, Mahim-A Fortis Associate



Dr Sudhendra Kulkarni, Endocrinologist, Fortis Hospital, Kalyan hosting an interactive session with the students & faculty of B. K. Birla College Of Arts, Science & Commerce (Autonomous)

The World Diabetes Day was recently celebrated with enthusiasm at all Fortis Hospitals in Mumbai. The hospitals organised several health talks and interactive sessions to commemorate the occasion. Fortis Hospital, Mulund, organised a 'family and diabetes' interactive session which emphasised on the role of family members while caring for and supporting a diabetic member of the family. The session was followed by a cake cutting ceremony and a dance session.

Fortis Hospital, Kalyan, hosted a health talk for over 150 college students where Dr Sudhendra Kulkarni, Endocrinologist, spoke to them about the perils of obesity and its linkage to diabetes.

SL Raheja Hospital, Mahim-A Fortis Associate, organised a health check up camp to create awareness about diabetes. It also hosted a nutrition exhibition for diabetic patients as well as a 'diabetic foot' awareness camp. Attended by over 150 participants, the events also comprised of a health talk by Dr R B Pathak, Consultant, Diabetology, and Ms Rajeshwari Shetty, Head of Dietetics.

Over 100 clinicians attend first ever national CME on Pediatrics-related medico-legal issues at Fortis Memorial, Gurugram

The Department of Pediatrics, under the guidance of Dr Krishan Chugh, Director & Head of Department, Pediatrics, hosted the first ever national CME, 'Pediatric Medico Legal Literacy Seminar,' on the January 6, 2019, at Fortis Memorial Research Institute, Gurugram. The event was supported by Indian Medico Legal & Ethics Association (IMLEA), IAP Haryana & IAP Gurugram. The seminar was addressed by a distinguished national faculty, including Founder President and other members of IMLEA. The seminar was a huge success with over 100 delegates participating from all over the country. Various medico-legal aspects such as what constitutes medical negligence, consent and documentation, defending a case – the legal perspective, and legal issues in critical care were discussed in great detail.



Dr Krishan Chugh, Director & Head of the Department of Pediatrics, FMRI (centre), with the faculty members

Fortis Hospital, Noida, launches insightful book on backache



Dr Rahul Gupta, Director, Dept of Neuro Surgery and patients



Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida, Dr Rahul Gupta, Director, Dept of Neuro Surgery, Fortis Hospital, and Dr Mehar Kumar Bedi, Medical Director

Fortis Hospital, Noida, recently launched an insightful and unique book on backache, a widespread ailment prevailing amongst patients of all age groups in the country. Authored by Dr Rahul Gupta, Director, Department of Neuro Surgery at the hospital, the comprehensive book provides an insight into the primary and secondary causes of backaches, its diagnosis and treatment options.

The book, which has been published in Hindi, titled 'Kamardard' (Backache), covers all the aspects of spine problems in different age groups and substantiates every fact and statement with examples, reports, and patient case studies.

'Badhai Ho' stars pep up 'Godh Bharai' ceremony for moms-to-be, organised by Fortis Hospital, Mulund



(1st from left) Ms Manjusha T, Manager-Mother & Child Health, (5th from left) Dr Sangeeta Raodev, Consultant, Gynaecologist, Dr Jesal Sheth, Senior Consultant, Paediatric & Neonatal Intensivist, Dr Girish Sabnis, Senior Consultant, Obstetrics & Gynaecology, Dr Ashutosh Pandey, Head-Community Connect & Emerging Business, Dr Atul Ganatra, Senior Consultant, Obstetrics & Gynaecology, Dr Sonal Kumta, Senior Consultant, Obstetrics & Gynaecology, Dr Aditi Singhe, Consultant, Obstetrics & Gynaecology, Ms Rinku Mavani, Heads-Sales & Marketing, Dr Siddhi Rane, Manager-Branding & Marketing & Ms Jyoti David, Manager-Branding with Ayshmann Khurrana



Expecting mothers with actors Ayushmann Khurrana, Neena Gupta, Sanya Malhotra and Gajraj Rao, at the Godh Bharai ceremony



(Bottom L-R) Actors Gajraj Rao, Ayushmann Khurrana and Neena Gupta, along with (Top L-R) Ms Manjusha T, Manager-Mother & Child Health, the winners of 'Fortis Badhaai Ho Contest' and Dr Ashutosh Pandey, Head-Community Connect & Emerging Business

Fortis Hospital, Mulund, organised a memorable 'Godh Bharai' for moms-to-be with the cast of the Hindi feature film, "Badhaai Ho". 42 expecting mothers, accompanied by their loved ones, attended the star studded evening with Bollywood actors Ayushmann Khurrana, Neena Gupta, Sanya Malhotra, Gajraj Rao, Amit Sharma (Director) and Priti Shahani (Producer). The fun-filled initiative was driven by Dr Ashutosh Pandey, Head-Community Connect & Emerging Business, Dr Siddhi Rane, Manager-Branding & Marketing and Ms Manjusha T, Manager-Mother & Child Health, Fortis Hospital, Mulund. Medical teams comprising of Dr Sangeeta Raodev, Consultant, Gynaecologist, Dr Jesal Sheth, Senior Consultant, Paediatric & Neonatal Intensivist, Dr Girish Sabnis, Senior Consultant, Obstetrics & Gynaecology, Dr Atul Ganatra, Senior Consultant Obstetrics & Gynaecology, Dr Sonal Kumta, Senior Consultant, Obstetrics & Gynaecology, Dr Aditi Singhe, Consultant, Obstetrics & Gynaecology, attended the event.

Led by Dr Ashutosh Pandey, Head-Community Connect & Emerging Business, teams across Fortis Hospital, Mulund, took this initiative to the masses through social media, with "Fortis Badhaai Ho Contest". Social media engagement through various channels garnered tremendous response, making this one of the most successful digital media campaigns, with Facebook reach of 7,16,657, 3,100 post likes, 2,21,937 video views, 160 contest entries and three winners!

Fortis Hospital, Kolkata, supports Tata Steel Marathon 2018 as medical partner



6 Bike Ambulances near the Medical Base Camp of Fortis Hospital Kolkata



Nursing Staff attending to one of the runners

Fortis Hospital, Kolkata, recently supported the prestigious Tata Steel Kolkata Marathon 2018 (TSK25K) as its medical partner for the third consecutive year. The annual marathon, with varied running distances, saw over 16000 participants competing for different running events.

The medical team from the hospital comprised of doctors, nurses, and paramedics. The hospital had set up 6 medical stations along the entire stretch of 25 kms along with a medical base camp at the start/finish point. The mini stations along the route were equipped to provide basic first aid whereas the base camp was fully designed and equipped with all the facilities to address even critical medical emergencies. The team treated 1215 runners during the event for minor injuries and sprains.



Medical Team attending to one of the participants

Fortis Hospital, Mohali, organises refresher course in critical care nursing



Wg Cdr (Dr) GBS Kang, Medical Director, Dr Bhavna Ahuja, Medical Superintendent, Capt Neelam Deshwal, Regional Chief Nursing Officer, N&E, Sister Rajbir Kaur, Deputy Chief Nursing Officer, with the participants of the course

A six days refresher course in critical care nursing was organised recently by Fortis Hospital, Mohali. Aimed at providing a comprehensive training and a simulation based practical exposure to various aspects of nursing care for critically ill patients, the refresher training was facilitated by the nursing education department.

The training was provided by various clinical instructors including some members of the nursing team from the hospital. Doctors from the critical care team also interacted with the participants during the course of the training. The participants were also tested under various parameters through an Objective Structured Clinical Examination (OSCE).

Fortis Hospital, Shalimar Bagh, organises walkathon to promote organ donation



Sushil Kumar at the event



Team Fortis Shalimar Bagh celebrating the event's success



Glimpse from the event



(L-R) Dr Avnish Seth (Director FORT), Mr Mahipal Bhanot (Facility Director FHSB), Mr Kailash Gahlot, (Minister Delhi Governemnt)

Fortis Hospital, Shalimar Bagh, recently organised a walkathon in its area to create awareness about organ donation amongst the community. The 'More to Give' walkathon saw an overwhelming support of over 750 participants with 427 people registering for organ donation during the event.

The walkathon was flagged off by Mr Kailash Gahlot, Minister of Revenue, Administrative Reforms, Information and Technology, Transport, and Law- Justice and Legislative Affairs, Government of Delhi. The guest of honour at the event was Padmashri Shri Sushil Kumar, renowned Indian wrestler and two times Olympic medalist. Mr Jyoti Kalash, Chief Secretary, Government of Nagaland, and Mr Gaurav Sharma, ace international weightlifter & world champion, also graced the occasion.

The event also saw an interactive session with Dr Avnish Seth, Director, FORT, along with a skit performance by the Department of Mental Health and Behavioural Sciences and a slogan and painting competition by school students to build awareness.

High Risk Drug Resistance Workshop held in Delhi-NCR Region, Monitoring Tool Launched



Col H. S. Chehal, RCOO - Delhi NCR, with the Regional Quality Team

A workshop on High Risk Drug Reassurance was held recently for the Delhi-NCR Region under the leadership of Col. H. S. Chehal, RCOO Delhi-NCR. The initiative was spearheaded by the Regional Quality Head, Dr Shalini Bhalla. The workshop covered safety standards of medication management. A tool to monitor the safety of high-risk drugs with an indicator check list covering the domains of purpose, stake holder involvement, evidence and usage was also launched during the event. The tool has been adopted by all the six Fortis hospitals in the region and shall be piloted for a year. All the Unit Quality Heads and Clinical Pharmacists of Region Delhi-NCR attended the workshop and made it a success!

Conversation

Meet Dr Jyotsna Bhargava,
 Additional Director –
 Anaesthesia, at Fortis Escorts
 Hospital, Jaipur, who is a
 singer also.



Music Helps Calm the Tensions of Our Profession

What inspired you to take up singing?

My father being an ardent music lover used to listen to classical songs as well as those of the Hindi cinemas. As a result, I was exposed to a musical environment since my early childhood. I had a penchant for music and singing came naturally; I started performing at an early age of 6.

I was initiated into singing as a part of school choir where I mostly sang western songs. Later, I was trained in Hindustani Classical music by my teacher at school. She was a great source of inspiration and encouragement. I performed at various social gatherings and competitions at the school and college levels and received accolades for my performance. Even today, despite hectic professional commitments, I still perform music.



What is your favourite mood of music?

I like music which is soothing to ear, I prefer light and semi-classical music performed by legendary singers.

How do you find time for your hobby?

It is true that being a doctor is a full-time commitment, if not more, and does not really leave you with much time or enthusiasm for personal gratification. But where there is a will there is a way. Music is easier than other hobbies to

pursue since it does not need a specific hour of the day, either to listen to or to practice. For me, any time of leisure is the moment for music.

Does anybody else in your family follow the same passion?

My daughter is very passionate about music, she is receiving formal training in Indian Classical music.

What would you like to share with our readers?

Despite being doctors, we are not immune to the malaises that we warn people against. Lifestyle diseases such as hypertension, diabetes affect doctors as well. Music is a great healer and brings solace and inner peace. It is one of the natural ways to relieve the stress that our minds bear at work. Our forefathers realised the importance of music and considered it an important part of human life – one of our ancient Vedas, namely Sam Veda, is dedicated to music alone.

Highlight your achievement in music.

I have been felicitated with several prizes at various levels. But I feel my biggest achievement was my rendition of Saraswati Vandana which left the audience mesmerised.



Did you
 know?

Fortis runs 7 charitable dispensaries where 1.5 lakh patients will be treated free of cost this year

Conversation

Meet Ms Josnamol George, Clinical Instructor, Fortis Hospital, Anandapur, Kolkata



What made you take up Nursing as a Career?

From my childhood, I had heard about Good Samaritans, when the time came to choose my career, I chose to be a Good Samaritan. As a follower of Jesus Christ, I had a strong decision that I will serve people finally I found that through my nursing profession I can do it. Touching the lives of others gives me great satisfaction, and I am proud to say that my sister is also a nurse.

How is your journey in Fortis?

As the vision of Fortis Healthcare Limited is saving and enriching life, the same way in my life, Fortis is nurturing me both professionally and personally. I am working as clinical instructor in Fortis Hospital Anandapur. On March 8th 2017, I joined as a fresher after completing my studies in Kerala, through one of my friend working in this organization. During my study period, I heard about the functioning of this wonderful organization. I joined as a staff nurse in general ward, after 2 months I shifted to critical care unit and about one year I worked as a critical care nurse in ICCU. Then, I promoted as a clinical instructor and now, I am in Nursing education department.

What did you like the most about your work?

Fortis has a strong culture that is extremely resilient. The team work and the friendly atmosphere! Strong bonding amongst each other made my journey smooth. I feel very comfortable in approaching even the senior leaders in the organization. At times, they become my guide specially my CNO. I am proud to be a part of this institution. Training is given high priority at Fortis and I had the opportunity to attend many training including Training of the Trainer & Nursing Leadership Program which helps me grow and develop my professional and personal intellect.

Any memory that you would like to cherish?

Receiving the Appreciation letter from our COO Mr Ashish Bhatia and Chief Nursing Officer Mrs. Dolly Biswas was really special. Also I am glad to get "Dil jeet liya aapne" card from our Zonal Director Mr Samir Singh. I got a lots of chance to participate in various indoor and outdoor workshops/seminars as a Fortisian. I attended three marathons as a Fortisian with the theme of save life.

Apart from Nursing, what else interests you?

I like to participate in various social activities and programs conducted by church. Also, I like to do activities like dancing, singing, and drawing. Thanks to Fortis for giving me opportunity and believe in me. Lastly, the team spirit, culture, friendly atmosphere, training and empowerment refine my professional carrier. Above all, I thank the God almighty who help me to choose and work in the city's best hospital.

Inspiring stories

Prajun K, Jijomon and Shyam-Nursing brothers from Fortis Anandapur, save life of road accident victim

Swift action by three Nursing brothers from Fortis Hospital, Anandapur, Kolkata – Prajun K, Jijomon and Shyam – helped saved the life of 22-year-old road accident victim. The brothers were returning from duty in Jijo's personal vehicle on the evening of December 10, 2018, when they found the girl by the roadside, lying in a pool of blood and having an epileptic attack. They immediately took her to the ER department of Fortis Anandapur. The college student had sustained severe head injuries after falling off from the footboard of a bus, she had boarded to return home. For quite some time after the accident, she lay on the road bleeding heavily but none of the passers-by stopped or helped her.



The three Nursing brothers (L-R): Jijomon, Prajun K and Shyam who helped save the road accident victim's life

At Fortis Anandapur, the medical team immediately began her treatment. The wounds were dressed to stop the bleeding. A CT Scan was done to ensure there were no internal injuries. However, since the bleeding did not stop, the girl was admitted into the hospital. Treating Neurosurgeon, Dr Shyam Kishore Mishra, referred her to Dr Akhilesh Agarwal, Consultant - Plastic, Cosmetic & Reconstructive Surgery. She was immediately taken to the OT where Dr Agarwal checked her scalp thoroughly. All the bleeding vessels were sealed and post-secondary stitching, the bleeding stopped completely. She was kept in the hospital for observation. The patient responded well to treatment and was discharged on December 12. The girl's parents thanked the Nursing brothers and the hospital authorities profusely for their timely help.

Security personnel and valet staff at Fortis BG Road, Bengaluru, save 35 passengers stranded in blazing bus

Security personnel and valet staff at Fortis Hospital, BG Road, Bengaluru, went beyond their call of duty to save the lives of 35 passengers stranded in a state-run bus that had caught fire near the hospital on January 22. As soon as the team noticed the fire, they swung into action and mounted a fire fighting operation. The fire was controlled in just 15 minutes, much before the Fire Bridge tenders reached the spot. The alertness of the team and the support of the hospital management helped avoid any casualties. The swift action by the hospital staff was highly praised by the passengers of the ill-fated bus as well as the local bystanders who witnessed the incident.



The team that helped control the blaze

Wall of Fame



Region: Delhi NCR

Fortis Memorial Research Institute, Gurugram

It is my pleasure to share my experience regarding the services I have received or other people have received by Mr Aslam. He is worth appreciating. He is a commendable person with passion for service to the people. His style of interacting with anybody who comes for treatment here is awesome, the patient gets full level of satisfaction with the services rendered by Mr Aslam. His behaviour is one of the most important factors that makes him top of the line.

Mr Aslam is an asset for Fortis hospital. Fortis as an organization must engage, motivate and retain such jewels in the organization. I personally recommend to recognise Mr Aslam as best employee of the hospital and provide higher growth. It will be my pleasure to meet another person like Mr Aslam.

Appreciated by : **Sanjay Kr. Singh, patient**
 Appreciation for : **Mr Aslam**



Mr Aslam, FMRI, Gurugram

Fortis Hospital, Noida

Recently I had to visit Fortis Hospital, Noida in the OPD. I intend to convey my appreciation for Shri Anurag Mishra, who works at the Senior "Citizens' counter, - a very gentle person, has a very pleasing personality and a positive attitude. He goes out of his way to help visitors and ensures that he brings smiles on the faces of all the people who come in contact with him.

He informed me of the facilities the hospital offers to Senior Citizens and that the parking for Senior Citizens is free and space is ample specially reserved for Senior Citizens. This was an important piece of information as parking issues have been a dissuading factor to visit Fortis Hospital. My heart felt gratitude to Mr Anurag Mishra.

Ms Arti from Jammu, who is a nurse, is a person very devoted to her job. She was very gentle in handling the wound that I have been carrying and the dressing done by her was so painless that I did not feel a budge on my skin. Hats off to her expertise and sweet and reassuring behavior.

Appreciated by : **Abha Rastogi, UHID – 104310**
 Appreciation for : **Mr Anurag Mishra and Ms Arti**



Mr Anurag Mishra,
 Fortis Hospital, Noida

Fortis Hospital, Noida

Myself, Dhan Bahadur, 28 yrs old, and I represent India 5 times in gymnastics. I got my ACL blew up while doing gymnastics and one of team fellow Ashish Kumar (Arjuna awardee) recommend me to Dr. Brajesh Koushle for the surgery. He is one of best surgeon in Orthopaedic and of course his familiar behaviour always motivated me all the time.

Other than this, Fortis team also did a good job housekeeping, nursing staff, pantry, everything were above the mark. At last Dr Surendra and his team (physiotherapist) took me under their supervision for two days for some basic movements and rehab exercises before my discharge. They provided me next 15 days exercise chart, diet chart, lab reports, prescription etc. A big thanks to Ashish and Dr Brajesh Koushle and wish luck to Fortis team for future.

Appreciated by : **Dhan Bahadur**

Appreciation for : **Dr Brajesh Koushle and Team**



Dr Brajesh Koushle and Team with patient

Fortis Hospital, Shalimar Bagh, New Delhi

I am Naresh Kumar Bhardwaj retired person from media background. I would like to share my experience that we had observed other hospitals not doing good practice in terms of over-charging of bill & misguidance about medical treatment but I must say FORTIS hospital Shalimar Bagh & Dr N.C. Krishnamani are doing great work for his patients. I am overall satisfied with the Medical treatment given by team Fortis.

Appreciated by : **Naresh Kumar Bhardwaj**

Appreciation for : **Dr N.C. Krishnamani**



Dr N.C. Krishnamani

Region: North & East

Fortis Hospital, Anandapur, Kolkata

I would like to express my experience in Fortis Anandapur for the period from 22nd Jan 2019 for CABG (Cardio Artery Bypass Grafting) by the team of Surgeons headed by one of the World famous candid Thoracic Surgeons Dr Tapas Roy Choudhury. At the first Glimpse to Dr TRC and his advice before pre operation phase.

All the staffs are so supportive and I never felt during this tenure that I was staying outside home Last but not the least is the administration. All the brothers and sisters are trained at the highest level of excellence. When I entered Fortis it is my first expression that cleanliness is next to GOD --- it is neat and clean and this boosted me and energised me a lot to face CABG at ease.

Appreciated by: **Mr Sudip Guha, Patient**

Appreciation for: **All Nursing Staffs (7A), Fortis Team, Dr Tapas Roy Choudhury and Housekeeping Team**

Fortis JK Hospital, Udaipur

My name is Harshita Mehta and I write this note to express my deepest Gratitude to Dr Sheetal Kaushik, Dr Nidhi and All Staff of Fortis JK Hospital. This being our first pregnancy and we were being over cautious and slightly scared couple, came to Dr Sheetal who provided a sense of calm to us, gave us all time we needed and answered all queries (a lot of silly questions as well J) very Patiently. Dr Nidhi too was very Helpful during and after the delivery of the child. All Nursing staff was also very Prompt, Humble, Polite and Very Helpful.

Dr Sheetal Kaushik I cannot Thank You enough for giving me this Beautiful Child.

You are an Amazing Doctor and have everything what we looked for in a Doctor. YOU ROCK DOCTOR . A BIG THANK TO YOU AND FORTIS TEAM FROM ALL OF US.

Appreciated by : **Mrs Harshita Mehta**

Appreciation for : **Dr Sheetal Kaushik**



Dr Sheetal Kaushik with Team & Patient

Fortis Hospital, Anandapur, Kolkata

Feedback from a patient having 5kg tumor in her uterus !!

I have been a patient of Dr Sujata Datta since long. She diagnosed me with a tumor in my uterus last year and told me I had to get the same operated but can afford to have sometime and plan my operation. It was due to my negligence that I ignored the same and it came to the size of 5kgs that I almost appeared like a pregnant lady.

But it was so nice of Dr Datta, to operate me even after I came back to her after a year, she took utmost care to operate. She has given me a new life!! Everyone in the ward also has been very nice and cooperative!!
Thanks to all!!

Appreciated by: **Ms Ratna Bhuiya**
Appreciation for: **Nursing Team 8C and Dr Sujata Datta**



Ms Ratna Bhuiya at Fortis Hospital,
Anandapur, Kolkata

Fortis Hospital, Mohali

I am Sourabh Saini from Ladwa, Kurushetra (Haryana). Last year, I found my wife Savita Saini was suffering from chronic kidney disease. I got upset, sad & anxiety took over, I consulted many doctors, went to Gaba hospital in Yamuna Nagar, couldn't find proper treatment & solution to my wife's disease. Doctors there, advised kidney transplant, I searched best Dr for kidney transplant & found Dr Priyadarshi Ranjan.

I was assured, after watching videos & reviews of his patients that he is one who can give us treatment & solution for our problem. Immediately I contacted Fortis Mohali & met Dr Priyadarshi Ranjan, he explained everything in a simple way, advised us transplant because wife's kidneys were almost dead. After all legal and medical work-ups a successful transplant done by Dr Ranjan & his team. My wife has recovered completely, there isn't any single problem in functioning of transplanted kidney and she is in much better health compared to previous year.

Entire team & doctors were very helpful & supportive. I & my entire family is thankful to Dr Priyadarshi Ranjan for giving a new life to my dear wife.

Appreciated by : **Sourabh Saini, patient's husband, Savita Saini, UHID-1645064**
Appreciation for : **Dr Priyadarshi Ranjan and his entire team**

Region: South & West

Fortis Malar Hospital, Chennai

At the time of Mr. Vaibhav Naresh Agarwal's discharge, he has given the feedback written by himself: A big thanks to Dr. Balakrishnan and Dr. Suresh Rao. I think they are the world's best doctors by their not only by knowledge by their humanity also. Their dedication to the patient is speechless. Thanks to them with the bottom of our heart.

All the ICU doctors are excellent and very helpful and friendly. Dr. Vidhya is excellent in her work and good person. All nursing staff is also the same. Sis Parvati is like my own sister a very kind person. Thanks to TL sisters. Prabavathi sister, Malathi sister, Viji sister and Priya sister.

Thanks to Divya, Rejin, Annie, Anita, Shriram, Prakash, Jayakumari, Tenzin, Shrishna, Nancy, Raghavi, Sheela, Priteesa. A very big thanks to Mythili who is excellent in work and Jolly with nature. Thanks to Smiling sister outside wards Mahalakshmi, Maya, Ilayarasi, Valarmathy. It was indeed a remarkable moment for all of us that at the end of 7 months at Fortis Malar, Vaibhav left us as a healthy and happy patient.

Appreciated by: **Mr Vaibhav Naresh Agarwal**
Appreciation for: **Entire Team**



Vaibhav Naresh Agarwal, patient,
Fortis Malar Hospital, Chennai

Hiranandani Hospital, Vashi, (A Fortis Network Hospital), Navi Mumbai

Mrs Minakshi Mishra: I came here in Emergency on 21st October and went through a long stay of over 2 months. I wish to extend my "Big thanks to entire FORTISTEAM"

Support and care was Phenomenal. Undoubtedly I can say you are the "BEST"

For (Emergency & PCS Team): I came in severe pain , admitted to emergency. Dr Sonali visited to emergency in odd hours and recommended for line of treatment. I am very much thankful to emergency team. Dr Sonali and billing staff to take my admission promptly and providing necessary care. I wished to thank everyone who pitched in and helped .

For ICU team (Dr Chandrashekhar & Team, Riju Brother & team): people always feel a little distraught and worried during a stay in hospital and even more so when you are critically ill like me, it is even worse. I would like to take a minute and appreciate your ICU team without their phenomenal support and care it was impossible to achieve my good health, I know how difficult their task is so I was all the more touched by the fact that they were so present and attentive, I learned a lot from them I wish no one needs ICU/Hospitalisation but we know we need to save life. I am leaving with a smiley face and would like to tell them that their "GENEROSITY OVERWHELMED ME".

For(Patient Experience Team): Exceptional care guys!!! You bring smiles to people who are suffering from many issues during hospitalization your care made my life easy. SANDEEP—Your team including yourself have a superb care skill. You understand need of hour And I am very much thankful to every single one in patient experience (Saliha, Neha & Iqbal) Please accept my Endless Gratitude

For (Dr Roji Philip): Sir you are star for sure. I appreciate your patience and care which brought me back on tracks of health. My entire journey during the hospitalization was centered around your Expertise/care/co-operation, your phenomenal support is life time memory for me, without all your efforts it was not possible. "Words are powerless to express my gratitude for all that you have done".

For(Sales & International care co-ordination): Rashmi from international Lounge team made my journey so easy. I know Rashmi you had to work for odd hours for me due to the time zone difference. This is more than usual Job! Consider yourself heartily thanked.

For (Security staff): Thank you guys !!! You are very co-operative.

For (Maushi, Mamma): All of you have been exceptionally good and great. Thank you for helping me during tough time. You did more than your job and helped me to bring smile on my face. Finally, I have to say bye. Thanks!!

For (Canteen/dietician team): Thank you for good support and care.

For (LDR Team):-

(Linta sister and team (Chaitna, Tinay, Chinju, Ansi & Anitha) all of you have helped me. I know I became friends with you guys so I will admire entire team for your help/care. It was a long stay but you made my stay so comfortable that I tell my relatives and friends that in case someone need a hospital care this is the place to be. It is hard to find words to express my gratitude.

Best Regards!

Appreciated by: **Mrs Minakshi Mishra**

Appreciation for: **Emergency & PCS Team, Dr Sonali, ICU team (Dr Chandrashekhar & Team, Riju Brother & team)**

Special Mention: **Ms Sandeep Kaur**

Patient Experience Team: **Saliha, Neha and Iqbal, Dr Roji Philip, Ms Rashmi, Security staff, Maushi, Mamma Canteen/ dietician team, LDR Team**

Did you know?

Due to lack of awareness, over 50% breast cancer patients in India seek medical advice during stages 3 and 4, leading to poorer outcomes.

Fortis Hospital, B.G. Road, Bengaluru

Dear Team Fortis,

I am Karthik from Bangalore and my father Mr Manjunath MH is undergoing treatment for his Great Toe surgery under watchful eyes of Dr Nagabhushan and Dr Adarsh.

We visit Fortis hospital Bannerghata Branch every twice in a week from past 2 Months for my father's toe dressing and Would like to take this opportunity to THANK Brother Mr Paul for his wonderful caring nature towards his patients and he always listens to our worrying questions and answers them very calmly even during busy days when too many patients will be there.

My father who went under ketoacidosis was very worried and used to ask him many questions about his recent Toe surgery. Brother Paul helped us to calm down during our tough times in Hospital.

We request you to please provide Brother Paul a big round of applause and encouragement from our side. He is an Asset for Fortis Hospital.

Best Regards,
Karthik & Manjunath

Appreciated by: **Mr Manjunath MH, patient and Mr Karthik, patient's son**
Appreciation for: **Mr Paul**



Mr Paul

Fortis Malar Hospital, Chennai

At Fortis Malar Hospital we received good medical care for the assessment of our medical problem and the treatment plan was excellent. We would like to especially mention Dr Suresh Kumar,, expertise in identifying the medical problems, assessment through various relevant tests and then establishing a treatment plan. The nurses, junior doctors and the supportive services within the Fortis Malar are extraordinary too. They treated us with sincerely and respect.

We would like to mention two supporting services for their excellence.

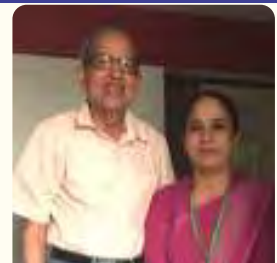
The standard of food from the Dietary services was very high. We were very impressed with the skills of "Kulender" who delivered his behavior, tendency to help with a smile was very comfortable. The second service we want to highlight is the patient relations, because of the Lady Lavanya she has a lovely manner patient and a genuine desire to listen to the patient and to take their issues on board soon as she found out about that. She ensured that it got resolved it was impressive.

All nurses and sisters were alert to their duties. The cleaning staff were punctual and good too.

All in all, Fortis Malar is good hospital trying to deliver its best under very difficult circumstance. I understand that there are many projects in the pipeline to improve their hospitals service and for the betterment of patients experiences while staying here.

We wish you the very best of luck and many thanks for your help and care.

Appreciated by: **Chandrakanth Mandal**
Appreciation for: **Dr Suresh Kumar, Kulender & Lavanya**



Ms Lavanya with Patient



Dr Suresh Kumar



Mr Kulender

Awards & Accolades

Four Fortis hospitals win laurels at Advantage Healthcare India - Medical Value Travel Awards 2018



Fortis Escorts Heart Institute, Okhla Road, New Delhi, won the Medical Value Travel Specialist Award in the Interventional Cardiology category. The award was received by Mr Varun Khanna and Mr Mohd. Uzair Shah, Senior Manager – Sales



Fortis Malar Hospital, Chennai, won the Medical Value Travel Specialist Award in the Heart Transplant category. The award was received by Mr Varun Khanna, Mr Saurabh Gupta, Mr Harsh Dhar Dubey and Mr Shubham Dhankar.



Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, won the Medical Value Travel Specialist Award in the Kidney Transplants category. The award was received by Mr Shalabh Dang, Mr Maninder Singh and Mr Prakhar Dubey



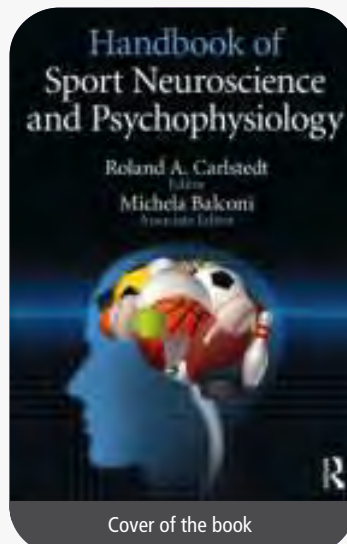
Fortis Memorial Research Institute, Gurugram, won the Medical Value Travel Specialist Award in the Cosmetic Surgery category. The award was received by Mr Varun Khanna, Dr Girija Ruge, Mr Amit Pal Singh, Dr Abhishek Sharma, Ms Shruti Sharma and Ms Shagufta Kamran.

Four Fortis hospitals were honoured with the Advantage Healthcare India – Medical Value Travel Awards 2018 at a ceremony held in Greater Noida recently. The awards were given away to super speciality hospitals that have contributed towards making India a premier medical travel destination. The winners were selected after rigorous scrutiny, including on-site visits by the jury.

Divya Jain of Dept of Mental Health and Behavioural Sciences contributes chapter in 'Handbook of Sports Neuroscience and Psychophysiology'



Divya Jain, Sport and Counselling Psychologist, and Head -Psychological Services, Department of Mental Health and Behavioural Sciences, Fortis Healthcare



Cover of the book

Divya Jain, Sport and Counselling Psychologist, who heads Psychological Services for the Department of Mental Health and Behavioural Sciences, Fortis Healthcare, has contributed a chapter to the 'Handbook of Sport Neuroscience and Psychophysiology,' edited by Roland A. Carlstedt, a leading name in the field of Sport Psychology. Divya has co-authored a chapter titled 'Technology Product Options in Sport Neuroscience and Psychophysiology' along with ZibaAtak. This chapter presents a listing and analysis of the various technology options currently available for monitoring cardiac and brain activity in the context of sports performance enhancement.

Dr Sanjeev Gulati of Fortis Vasant Kunj receives Fellowship for his contribution to Kidney Transplants



Dr Sanjeev Gulati receiving the fellowship from Hon'ble Vice President of India, Shri Venkaiah Naidu

For his exemplary work in the field of kidney transplants, Dr Sanjeev Gulati, Head, Department of Nephrology, Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, has been awarded with a Fellowship. The award was given to him for his contributions to the advancement of kidney transplants in India and completing 2500 kidney transplants, including paediatric cases. The award was given at the annual gathering of the Indian Society for Organ Transplantation.

Dr Jaskaran Singh Sethi of Fortis Shalimar Bagh contributes chapter on Cancer in book, 'Vitamin E: Clinical Applications and Evidences'



Dr Jaskaran Singh Sethi (fourth from left) at the book launch

Dr Jaskaran Singh Sethi, Director & HOD, Radiation Oncology, Fortis Hospital, Shalimar Bagh, New Delhi, has contributed a chapter on 'Cancer' in the first ever comprehensive compendium titled 'Vitamin E: Clinical Applications and Evidences.' In his chapter he has reviewed the current evidence of the role of Vit. E in various malignant diseases.

The book was recently was launched at Hotel Lalit, New Delhi. The book has been published by Springer Healthcare Education. This comprehensive treatise documents the various uses of Vitamin E in medical sciences and is an effort to compile the current evidence and its clinical application.

Book by Dr Manoj K Goel from FMRI, Gurugram, released at NAPCON 2018

A handbook written by Dr Manoj K Goel, Director, Pulmonology, Fortis Memorial Research Institute, Gurugram, was recently released at the 20th NAPCON 2018 organised jointly by the National College of Chest Physicians and the Indian Chest Society in Ahmedabad.

The book 'Bronchoscopy in ICU: A Practical Guide' is poised to serve as an essential reference guide for a wide range of practitioners including pulmonologists, anaesthesiologists, trainee physicians as well as specialists in critical care. The book aims to reduce complications, discourage misuse of the procedure and to improve diagnostic and therapeutic utility of bronchoscopy in critically ill patients. It will also be a useful guide for students, nurses, and paramedics.



Dr Manoj K Goel, Director, Pulmonology, Fortis Memorial Research Institute, Gurugram

Fortis Mulund felicitates employees instrumental in the hospital's JCI re-accreditation for the fifth time



(L-R) Ms Lavina Lall, Head-Patient Experience & Quality, Mr Raj Gore, RCOO-South & West, with the chapter champions & (4th from right) Dr S. Narayani, Zonal Director, and (extreme right) Dr Leena Phadnis, Regional Head-Quality (South & West)



(Extreme left) Mr Raj Gore, RCOO-South & West, with the chapter champions

In the light of successful achievement of the Joint Commission International (JCI) re-accreditation for the fifth time in a row, Fortis Hospital, Mulund recently felicitated the JCI Chapter Champions, International Patient Safety Goals (IPSG) Champions and many others who went an extra mile in ensuring the hospital's success. Thanks to the efforts of these committed staff members, the re-accreditation was achieved with zero findings in the chapters of International Patient Safety Goals (IPSG), Patient and Family Education (PFE), Patient and Family Rights (PFR), Quality Improvement and Patient Safety (QPS) and also on the last accreditation report. Honored by Mr Raj Gore, RCOO-South & West and Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund, the employees beamed with pride as they were appreciated for their hard and efficient team work.

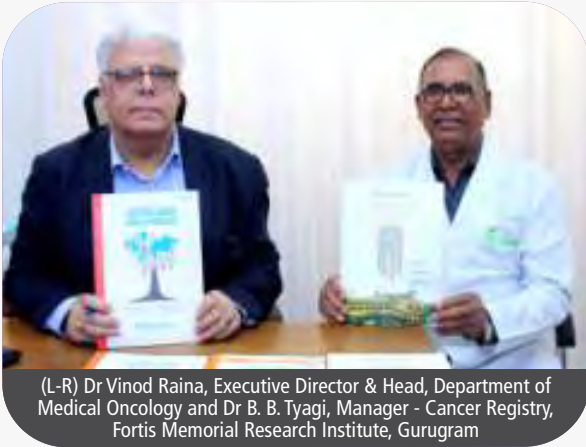
Dr Siddharth Shah from SL Raheja Hospital, Mahim-A Fortis Associate, appointed as Editorial Board Member of Indian Journal of Orthopaedics

Dr Siddharth Shah, Consultant, Knee and Hip Replacement Surgeon, SL Raheja Hospital, Mahim-A Fortis Associate has been appointed as Editorial Board Member of the prestigious Indian Journal of Orthopaedics (IJO). IJO is the official, peer-reviewed publication of the Indian Orthopaedics Association (IOA). With over 10,000 active members, IOA focuses on academics, research and networking. IJO publishes original articles, review articles and case reports that contribute to orthopedic knowledge from all countries. It is amongst the most read surgical speciality journals in India and Southeast Asia. Dr Shah's appointment as Editorial Board Member was based on his numerous scientific publications, national and international presentations, reviewer experience with international journals and with IJO. With this prestigious appointment, Dr Shah will be involved in the editorial process of publication of high quality scientific manuscripts in the IJO.



Dr Siddharth Shah, Consultant, Knee and Hip Replacement Surgeon, SL Raheja Hospital, Mahim-A Fortis Associate

Research article by Cancer Registry Team at FMRI, Gurugram, published in International Journal of Medical and Health Research



(L-R) Dr Vinod Raina, Executive Director & Head, Department of Medical Oncology and Dr B. B. Tyagi, Manager - Cancer Registry, Fortis Memorial Research Institute, Gurugram

A research article co-authored by Dr Vinod Raina, Executive Director & Head, Department of Medical Oncology, and Dr B. B. Tyagi, Manager - Cancer Registry, Fortis Memorial Research Institute, Gurugram, (FMRI), has recently been published in the International Journal of Medical and Health Research. The article 'Epidemiological trends of cancer morbidity at a new tertiary care hospital, Gurugram, India' explores the cancer morbidities of patients admitted in FMRI by age, sex, site of disease, and nationalities and also highlights FMRI's contributions related to the magnitude and morbidity patterns of cancer care provided by the hospital.

Cancer Registry at FMRI undertakes systematic collection, storage, analysis, interpretation and reporting of data on cancer cases at the hospital. Cancer Registry at FMRI is the first one to publish such data out of the 29 other hospital based registries in India.

Fortis Hospital, Mulund, wins awards at the 7th Infusion Nurses Society conference



Ms Sneha Magar, Nurse Educator accepting the 1st prize for the project "IV Team – Leaders make it happen" in "Impact of IV team in your organization" category



Ms Laije Anand, Nurse Educator accepting the 2nd prize for "Effectiveness of use of Topical anesthetic agent prior to Intravenous cannulation to reduce pain in Pediatric patients" in 'Evidence Based Practice' category

Fortis Hospital, Mulund, recently won two awards at the 7th Infusion Nurses Society conference held at St John's Hospital, Bengaluru. The prestigious awards were presented in recognition of two recent projects undertaken at the hospital.

The hospital won the first prize for its project 'IV Team-Leaders Make It Happen' under the category 'Impact of IV team in your organisation'. A brainchild of Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital, Mulund, the study assessed the effectiveness of the IV team on improving patient safety and increasing patient satisfaction regarding IV cannulation. The research study was presented by Ms Sneha Magar, Nurse Educator, at the conference.

It also won a runner up prize for a paper presentation on 'Effectiveness of use of topical anaesthetic agent prior to intravenous cannulation to reduce pain in paediatric patients.' The study assessed the effectiveness of use of an anaesthetic agent for pain reduction prior to intravenous cannulation among 7-12 year old patients. The study was presented by Ms Laije Anand, Nurse Educator.

Fortis Escorts Heart Institute, New Delhi, wins awards at Times Healthcare Achievers Awards 2018



Dr Ashok Seth, Chairman, Fortis Escorts Heart Institute, Okhla, receiving 'Life Time Achievement Award' from Smt Anupriya Patel, MoS for Health & Family Welfare, Govt. of India



Dr K. S. Iyer receiving 'Best Cardiac Surgeon' award



Dr Sameer Shrivastava receiving 'Best Cardiologist' award



Dr VivudhPartap Singh with the award for 'Best Cardiology' (Rising Stars Category)



Fortis Escorts Team accepting the award for winning in the single specialty category for cardiology

Fortis Escorts Heart Institute, New Delhi, recently won several recognitions and awards at the Times Healthcare Achievers Awards 2018. It was ranked No. 1 for the Best Cardiology Hospital along with its Chairman, Dr Ashok Seth, being presented with the 'Lifetime Achievement of the Year' award. The prestigious award was presented by the Hon'ble Chief Guest, Smt Anupriya Patel, Minister of State, Ministry of Health and Family Welfare, Government of India.

The other eminent awardees from FEHI were Dr K S Iyer and Dr Sameer Shrivastava, who won awards for 'Best Cardiac Surgeon' and 'Best Cardiologist', respectively, under the category 'The Legends of the Year'. Dr Vivudh Pratap Singh from FEHI was also presented with the 'Best Cardiologist' award under the category 'Rising Stars of the Year'.

Dr Sandeep Nayak of Fortis Hospitals, Bengaluru, bags Times Health Excellence Award 2018

Dr Sandeep Nayak, Additional Director – Surgical Oncology at Fortis Hospitals, Bengaluru, recently received the Times Health Excellence 2018 Award for "Excellence in Oncology." The award is in recognition for his innovative work in robotic and laparoscopic cancer surgery. The award also recognises the innovative work like robotic thyroidectomy technique (called RABBIT) and robotic oral cancer surgery technique (called MIND). He has also popularised the robotic and laparoscopic techniques of rectal cancer surgery called intersphincteric resection (ISR) and esophageal cancer surgery called Robotic 3 Field Esophagostomy.



Dr Sandeep Nayak, Additional Director – Surgical Oncology, receiving the award

World HRD Congress honours Fortis Escorts Hospital, Amritsar, with the 'Best Employer Brand Award 2018'



Mr Dinesh Vashist, Facility Director, Fortis Escorts Hospital, Amritsar, and Ms Aastha Bhatia, Unit Head – HR, receiving the award



The certificate received by the hospital

Fortis Escorts Hospital, Amritsar, has been honoured with the prestigious 'Best Employer Brand Award 2018' by World HRD Congress. The award is a reaffirmation of the hospital's commitment to best global practices in the field of HR and talent management. The award was received by Mr Dinesh Vashist, Facility Director, and Ms Aastha Bhatia, Unit Head – HR, at an event held in Amritsar.

Dr Randeep Wadhawan of Fortis Vasant Kunj, New Delhi, honoured for exemplary work in the field of laparoscopic surgery



(L) Dr Randeep Wadhawan, Director & HOD, Department of Minimal Access, Bariatric & GI Surgery, Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi, receiving the award



Certificate awarded to Dr Wadhawan

The Association of Surgeons of India recently presented Dr Randeep Wadhawan, Director & Head of Department, Minimal Access, Bariatric & GI Surgery, Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, with an honorary award in recognition of his exemplary work in the field of laparoscopic surgery.

Credited with over 30,000 surgeries and with more than 22 years of experience, Dr Wadhawan is a leading figure in the field of laparoscopic surgery in the country. A renowned academic, Dr Wadhawan's expertise includes advanced and complex gastrointestinal surgeries, bariatric surgeries, and laparoscopic urology laparoscopy in paediatric patients.

Dr Amina Mobashir of Fortis Vasant Kunj, New Delhi, wins 'Young Scientist' award at NAPCON 2018

Dr Amina Mobashir, Consultant, Department of Pulmonology, Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, recently won the 'Dr S N Gaur Young Scientist Award' award at the NAPCON 2018. It is an annual conference of the National College of Chest Physicians, the largest body of pulmonologists in the country.

Dr Mobashir, who was also invited as a faculty at the conference, was presented with the award in recognition of her research work which was widely appreciated by all members. A case study presented by her also won the first prize.



Dr Amina Mobashir with Dr S N Gaur

Fortis Hospital, Mulund's study on medical preparedness for disaster management wins Best Paper prize



(L-R) Ms Sherin Chandy, Pain Management Nurse, Fortis Hospital, Mulund accepting the award from Ms Molly Sam, Senior Nursing Leader



Ms Laije Anand, Nurse educator, presenting her paper at the Interdisciplinary International Conference on Emergencies

A paper on 'Disaster Preparedness and Activation- from Code Yellow to Code Grey' presented by Fortis Hospital, Mulund, at the Interdisciplinary International Conference on Emergencies, has won the 'Best Paper' prize. Presented by Ms Sherin Chandy, Pain Management Nurse, Fortis Hospital, Mulund, the paper was selected as the best paper from amongst 24 research paper presentations during the prestigious conference. The paper highlighted the various preparedness and rescue measures undertaken by the hospital during the 2017 flash floods in Mumbai which affected Mulund region and its adjoining areas.

This paper, along with an article on "Prevention of Falls" authored by Ms Laije Anand, was published in Aarhat Multidisciplinary International Education Research journal, ISSN-2278-5655, Volume VII, special issue XXV.

Did you know?

110 clinical trials are currently underway within the Fortis Network

Photo feature

Christmas Celebrations



Support Office, Gurugram



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Noida



Fortis Escorts Hospital, Faridabad



Fortis Ft. Lt. Rajan Dhall Hospital, New Delhi



Fortis Escorts Hospital, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital & Kidney Institute, Kolkata



Fortis Medical College, Kolkata



Fortis Malar Hospital, Chennai



Fortis Escorts Hospital, Jaipur



Fortis Escorts Hospital, Amritsar



Fortis Hospital, CG Road, Bengaluru



Fortis Hospital, Rajajinagar, Bengaluru



Fortis Hospital, Mulund, Mumbai



Fortis Hospital, Kalyan, Mumbai



SL Raheja Hospital, Mahim, Mumbai



Hiranandani Hospital, Vashi-A Fortis Network Hospital, Navi Mumbai

Trivia

Quiz :

Dec.2018 - Jan. 2019



1. Which hospital has recently organized a symposium on 'Medical Physics for Patient Benefit'?
2. Name any one Bollywood actor who participated in 'Badhai Ho' 'Godh Bharai' ceremony for moms-to-be, organised by Fortis Hospital, Mulund?
3. How many Fortis hospitals won laurels at Advantage Healthcare India Medical Value Travel Awards 2018?
4. Which Fortis hospital has received the JCI re-accreditation for the fifth time?
5. Which Journal has appointed Dr Siddharth Shah as Editorial Board Member?
6. Name the 3 Fortisians who timely helped to save the life a road accident victim in Kolkata?
7. Which Fortis hospital organised its first ever Fortis Pro Social Peer Moderator Programme?
8. Which national leader's birth anniversary was celebrated as 'Run for Unity'?
9. What is the scheduled date when the interim Budget 2019 is to be presented by the Union Government?
10. Name the superwoman of India, who has recently honoured with World No. 1 boxer in AIBA rankings ?



Answers to last month's quiz- Sept-Nov : 2018

1. Fortis Hospital, CG Road, Bengaluru
2. Fortis Flt. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi
3. 4 cms
4. Almost 8 hours
5. October 12
6. Fortis Hospital, Shalimar Bagh
7. 1919
8. 'Umeed- Dhadkan' programme
9. American Journal of Internal Medicine
10. Bronze

Send in your answers to supportoffice.communications@fortishealthcare.com by March 8, 2019. Do mention your full name, designation, phone number and location. The subject line of your e-mail should mention "Answers to Quiz - (Month and Year)." **Five LUCKY winners amongst the all correct entries will be selected through draw of lots. Hurry!!**





...and the WINNERS are...

Lucky Draw

Priyanka Tripathi

Sr. Clinical Research Coordinator,
Fortis Escorts Hospital, Faridabad

Montoo Garg

Business Analyst, Regional Office –
North & East, Mohali

Dr Jatinder Monga

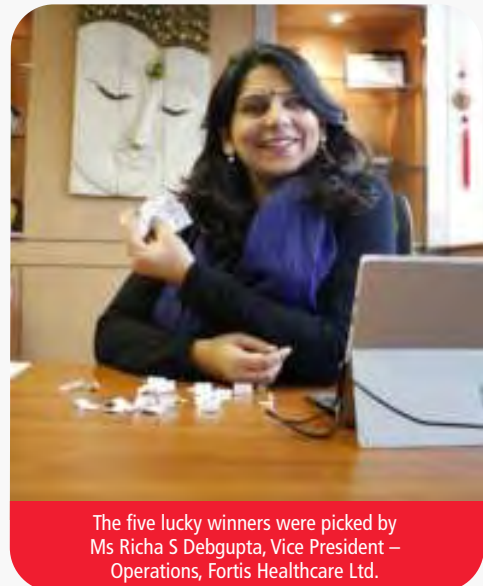
Manager, Sales & Mktg.,
Fortis Escorts Hospital, Jaipur

Aradhana Saxena

Administration, Fortis Escorts Hospital, Jaipur

Bincy Sunil Thomas

Nurse Educator, Fortis Hospital, Mulund, Mumbai



The five lucky winners were picked by
Ms Richa S Debgupta, Vice President –
Operations, Fortis Healthcare Ltd.

Split a side - Have a laugh



Doctor : You should exercise daily for good health.

Patient : Sir, I play football and cricket every day.

Doctor : How long do you play?

Patient : Until the battery in my mobile goes down !!



Do you have a hilarious personal anecdote to share? Send a brief write-up (150-200 words) to
supportoffice.communications@fortishealthcare.com
along with your name, designation, location and contact number by the 15th of next month.
You could win a prize if your entry is selected for publication.

Congratulations!



Steffy Jacob
La Femme, Bangalore



Nisha Joshi
Vashi



Vikas Rajput
Fortis C-DOC



Praise John
La Femme, Bangalore



Umesh Patil
Vashi



Dr Neha Arora
FEHI, Okhla



Dimple Saklani
FEHI, Okhla



Poulami Sutradhar
Anandapur



Akash Gupta
Aashlok



Manjunatha D Pattanada
La Femme, Bangalore



Nitesh Kanojia
FEHI, Okhla



Anamika Pal
Dehradun



Tanmoy Sen
Anandapur



NEW
ADDITIONS
TO YOUR
FAMILY



Baby of Laxmi
Shalimar Bagh



Baby of Richa Mehta
Support Office



Baby of Yogesh Rathod
Vashi