

# THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Memorial Research Institute, Gurugram



Fortis Escorts Heart Institute, Okhla Road, New Delhi



Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Noida



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Mulund



Hiranandani Hospital, Vashi-A Fortis Network Hospital



SL Raheja Hospital, Mahim-A Fortis Associate



## CELEBRATING INTERNATIONAL NURSES DAY



for more pictures...  
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Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, CG Road, Bengaluru



Fortis Hospital, Nagarbhavi, Bengaluru



Fortis Hospital, Rajajinagar, Bengaluru



Fortis Malar Hospital, Chennai



Fortis Hospital, Mohali



Fortis Escorts Hospital, Amritsar



Fortis Hospital, Ludhiana



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Anandapur, Kolkata



Fortis La Femme, Greater Kailash-II, New Delhi



Fortis La Femme, Jaipur



## Message from the MD & CEO

*Dear Colleagues,*

It gives me great pleasure to connect with you through yet another issue of The Fortisian.

This issue of The Fortisian is dedicated to our Nurses and I take this opportunity to express my gratitude towards the Nursing Team at Fortis. As I had mentioned in my Nurses Day message, I have learnt a lot from nurses during my early days as a doctor and have many fond memories of working with some of these wonderful professionals. I thank each one of our nurses for all their contribution in caring for our patients, every day.

Over the past two months, I have been especially focusing on learning and understanding as much as I can about our Company and the way we run it. What I have learnt – and continue to learn – has truly amazed me. Fortis has all the hallmarks of a world-class healthcare provider and clearly, its real assets are its people. I can see that a lot of energy, enthusiasm, passion and commitment from each one of you go into ensuring that all our patients receive the best possible treatment and care. This is truly our strength and we must further improve upon our care delivery so that it becomes a differentiator for us.

As you may be aware, we released the 4th Quarter results for the Financial Year 2018-19. The results are quite

encouraging and indicate that we are now moving in the right direction. The Leadership Team has worked out a plan and is executing it in right earnest. We are very hopeful that the interventions will, in the course of time, further strengthen our Company and place it on the growth path.

In tandem with our overall objective of making Fortis more robust and patient-oriented, we intend to realign and restructure the organisational set-up. You will hear more details on this very soon.

We now have some clarity in terms of policy continuity in the healthcare sector. It essentially means that the business environment will continue to be price sensitive. To deal with the situation, we must be very focused on improving efficiency in every sphere whilst being cost conscious at all times. At the same time, we need to ensure that we are offering the very best quality to our patients.

I look forward to your continued support and commitment as we move ahead with greater zeal and gusto.

Warm regards,

**Dr A. Raghuvanshi**

MD & CEO

## New Beginnings & Launches

### Fortis Hospital, Anandapur, Kolkata, organises first ever cardiac surgical camp in Yangon, Myanmar

Fortis Hospital, Anandapur, Kolkata, conducted a cardiac surgical camp at Asia Royal Hospital, Yangon, Myanmar. Under the initiative, a team of doctors from Fortis Anandapur travelled to Yangon and conducted three cardiac surgeries over a period of three days. The team comprised of Dr K M Mandana, Director, Department of Cardiac Care; Dr Saikat Bandyopadhyay, Cardiac Anaesthetist; and Dr Alok Tewari, Transplant Co-ordinator. The initiative was led by Dr Mandana.

The tie-up was initiated around two years ago wherein some of the staff members from Asia Royal Hospital underwent training at Fortis Anandapur. A technical team from Anandapur also assisted in setting up a cardiac surgery unit at Asia Royal Hospital. The initiative also saw some patients from Myanmar travel to Fortis Anandapur for surgeries. However, this is the first time when a team of doctors from Fortis Anandapur performed surgeries at the hospital in Yangon.



Dr Mandana performing one of the surgeries at Asia Royal Hospital in Yangon



Dr Mandana and his cardiac team with one of the operated patients and the supporting team at Yangon



Team of doctors led by Dr K.M. Mandana from Fortis Hospital Anandapur along with support staff at Asia Royal Hospital

### Fortis Hospital, Kalyan, launches a dedicated Colorectal Clinic

With the aim of creating awareness about colorectal diseases and to encourage patients to seek timely and proper medical intervention, Fortis Hospital, Kalyan, recently launched a dedicated Colorectal Clinic at the facility. Led by a team comprising Dr Ashok Borisa, Sr. Consultant, GI, Laparoscopic & Hepato-Pancreato-Biliary Surgery; Dr Yogesh Palshetkar, Senior Consultant, Endoscopy & Gastrointestinal Surgery, Dr Sunil Kavathe, Senior Consultant, Laparoscopic Surgery, and Dr Rajendra Sonavane, Senior Consultant, Laparoscopic Surgery, the clinic boasts of the latest medical equipment, round the clock nursing care, a multidisciplinary team of experts, and is backed by strong critical care services.



(Centre) Dr Supriya Amey, Facility Director & (extreme right) Mr Rajesh Shukla, Head-Sales & Marketing, Fortis Hospital, Kalyan with the team leading the Colorectal Clinic and other doctors who attended the launch



(L-R) Dr Supriya Amey, Facility Director, Dr Yogesh Palshetkar, Senior Consultant, Endoscopy & Gastrointestinal Surgery, Dr Rajendra Sonavane, Senior Consultant, Laparoscopic Surgery, Dr Sunil Kavathe, Senior Consultant, Laparoscopic Surgery, Dr Ashok Borisa, Sr. Consultant, GI, Laparoscopic & Hepato-Pancreato-Biliary Surgery & Dr Rakesh Patel, Senior Consultant, Gastroenterology, Fortis Hospital, Kalyan, come together for the launch announcement

## Fortis Mulund launches certificate course for nurses on managing heart failure patients

In a first in Western India, Fortis Hospital, Mulund, has launched a heart failure certificate course for nurses. Aimed at training heart failure specialist nurses, the six month course was kicked off with Ms Rachel Jayapal as its first heart failure specialist nurse.

Ms Jayapal is being mentored through the course by a specialised team from the hospital comprising Dr Talha Meeran, Consultant, Cardiology & Advanced Heart Failure Specialist; Dr Harin Vyas, Consultant, Cardiology & Head - Non-Invasive Cardiology and Ms Minimole Varghese, Chief Nursing Officer.



(L-R) Dr Harin Vyas, Consultant, Cardiology & Head-Non-Invasive Cardiology, Dr Talha Meeran, Consultant, Cardiology & Advanced Heart Failure Specialist, Ms Rachel Jayapal, Heart Failure Specialist Nurse and Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital, Mulund during the announcement of the course

## Fortis Noida is first hospital in Delhi NCR to launch Specialist Training in Emergency Medicine

Fortis Hospital, Noida, has become the first hospital in Delhi NCR to launch a Specialist Training in Emergency Medicine (STEM) in association with EduMed, which is certified by Alfred Health & Monash University, Australia. Dr Dina J Shah, Director, Emergency Medical Services, Delhi-NCR, Fortis Healthcare, is the lead faculty for the programme along Dr Farha Imam and Dr Suprabha Shruti from the Emergency Team at Fortis Noida. Ms Victoria Joseph and Ms Moibungkhongbam Ashalata Devi from the Emergency Nursing Team, Fortis Noida, are the faculty for the courses aimed at nurses. The faculty members underwent 45 days' online training followed by hands on workshop – face time with Monash University, Australia, faculties at Hyderabad.



Dr Dina J Shah, Director, Emergency Medical Services, Delhi-NCR along with ER team at the faculty training in Hyderabad with trainers from Alfred-Monash University, Australia



Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida and Dr Mehar Kumar Bedi, Medical Director, Fortis Hospital, Noida along with the participants and faculties at the launch of the standard training on Emergency Medicine (STEM) for Nurses

## Fortis Hospital, Shalimar Bagh, New Delhi, launches training programme for emergency and critical care nurses

Fortis Hospital, Shalimar Bagh, New Delhi, has recently launched a training programme for emergency and critical care nurses at the hospital. As part of the programme, the entire nursing staff from the Emergency Department and some select nurses from Critical Care will undergo a training programme over a period of three months, in two batches.

The programme commenced with a lamp lighting ceremony by Mr Mahipal Bhanot, Facility Director; Dr Kapil Kumar, Director & HOD, Surgical Oncology; Dr Umesh Deshmukh, Director, Anesthesiology; Dr Pramod Kumar, Director, Cardiology; Dr Sonal Gupta, Director & Head, Neurosurgery (Cranial); Dr Harijit Mahay, Additional Director, Critical Care; Dr Pankaj Kumar, Additional Director, Critical Care; Dr Mohit Agarwal, Consultant Medical Oncology; Dr Gurvinder Kaur, Medical Superintendent; Mr Deepak Narang, GM, Administration; Ms Shubra, Unit Head-HR; Mrs Girja Sharma, Chief of Nursing and Dr Poonam, AMS. Ms Deepa Vats, Nursing Educator, delivered the welcome address followed by an interactive session by Dr Rajeshwar Bhati, HoD, Emergency.



Mr Mahipal Bhanot, Facility Director, mentoring and motivating the team

Ms Deepa Vats, Nursing Educator, delivered the welcome address followed by an interactive session by Dr Rajeshwar Bhati, HoD, Emergency.



Glimpses from the inauguration ceremony

## Fortis Hospital, Noida, launches training programme on Oncology nursing

Fortis Hospital, Noida, recently launched a training programme on Oncology nursing. Designed by an expert team in coordination with the Oncology and the Nursing Education teams, the course aims to develop advanced knowledge and clinical proficiency in intensive nursing care for Oncology patients. The course will be delivered through 12 modules and each module will be of three months' duration.



Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida, along with the Oncology Team and Nursing Team

The course, with the first batch of 10 participants, was inaugurated by Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida, with a course book launch ceremony. The Course Directors, Dr Mudhasir Ahmad and Dr Rajat Bajaj; Course Coordinator, Ms. Kamaljeet Kaur; Col. Vivek Pandit, Head - Admin, Oncology team, Mrs Mary Panoose, Chief of Nursing, members of the Nursing Education Department and other senior nurses were also present on the occasion.

## Dr Hari Hara Dash of Fortis Memorial, Gurugram, organises first International Symposium on Neuroanesthesia and Neurocritical Care at Dhaka, Bangladesh

Dr Hari Hara Dash, Emeritus Consultant, Fortis Memorial, Gurugram, was invited to organise the first international symposium on Neuroanesthesia and Neurocritical Care at Dhaka, Bangladesh. Dr Dash along with Dr Virendra Jain, Additional Director, Fortis Memorial, Gurugram, organised the symposium wherein several critical aspects of Neuroanesthesia and Neurocritical care were discussed. The symposium was well attended by more than 350 doctors from all over Bangladesh and was highly appreciated.



(Second from left) Dr Hari Hara Dash being felicitated for organising the first-ever symposium on Neuroanesthesia at Dhaka, Bangladesh

## Fortis Escorts, Okhla Road, organises seminar on Emergency and Trauma Care



Dr Kousar Ali Shah addressing the delegates

Fortis Escort Heart Institute, Okhla Road, New Delhi, in collaboration with Remedium Partners, organised a seminar on 'Emergency and Trauma Care' recently, at the hospital premises. The event was attended by some of the most celebrated experts in the field such as Dr S. Thillainayagam and Dr Clarence Chikusu from Ashford & St. Peters NHS Trust (UK), Dr Shaarang Sachdev, Head of Emergency, Fortis Escorts Heart Institute, Okhla Road, and Dr Harmeet Singh from Moolchand Hospital, New Delhi. The seminar was chaired by Dr Kousar Ali Shah (Zonal Director, FEHI).



Dr Kousar Ali Shah felicitating a representative of the NHS Trust



Emergency care specialists from various hospitals

## Special Feature

### Fortis celebrates International Nurses Day

#### Messages from Nursing Leaders



**Capt Neelam Deshwal**  
Regional Chief Nursing Officer  
- Region North & East

I would like to congratulate and wishes all the Fortis nightingales a very happy nurse's day.

Nursing is a toughest profession and it gives me lots of pride to see nurses providing care of the patients with patience and compassion and this is because you carry hope and happiness to look for better outcome for your patients.

Nurses are the integral part of healthcare care and play a vital role in quality nursing care. What you do every day really matters. There is a reason god makes each day 24 hours long and then starts it all over again the next day. You are the fortunate of all as you dedicate all this time in care of those in need. Despite of all hardship you face you earn the greatest blessing out of it and fulfill the purpose of whole mankind.

I would like to honor all the nurses for their hard work in the interest of protecting the health, preventing disease and promoting overall well-being of the society.



**Suma Elias**  
Chief Nursing Officer,  
La Femme

Dear All

Greetings and warm wishes Dag Hammarskjold, a Swedish diplomat to the United Nations famously quoted "Constant attention by a good nurse maybe just as important as a major operation by a surgeon." In order to understand and appreciate nursing as a profession, it is important to remember our history. Many great women like Florence Nightingale, who is considered to be the pioneer of modern nursing to Mary Eliza Mahoney, the first professionally trained African American nurse paved the way to making the profession what it is today. Nursing began as women helping out with child care and ailments at homes, but gone are the days. With the advent of world wars, nursing became a full-fledged profession. The work they began then, we carry it to this day. Nurses form an important part of the entire health sector and besides hospitals, now even venturing into research work and public health sectors. As nurses, it is our duty to exemplify a perfect balance between science and art. The work we do matters, and it is our duty to ensure care and proper treatment for each and every patient we come across. Let us work towards building the most welcoming environment around us, to assist and guide our patients in the path to recovery. I would especially like to take this opportunity to acknowledge all our dedicated nurses who face each day and every patient with warmth and patience. Let's continue delivering quality care and treatment and transform our patients stay in the hospital.

## Glimpses of International Nurses Day celebration across Fortis



Fortis Memorial Research Institute, Gurugram



Fortis Escorts Heart Institute, Okhla Road, New Delhi



Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi





Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Noida



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Fortis Hospital, Ludhiana



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Anandapur, Kolkata



Fortis La Femme, Greater Kailash-II, New Delhi



Fortis La Femme, Jaipur



Fortis La Femme, Bengaluru

## Events

### Nearly 200 senior doctors from North India attend Fortis Noida's 5th Neuro Sciences Conference



Dr Keshav Rao, Group Head Medical Operations, Fortis Healthcare Limited, Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida & Dr Kousar Ali Shah, Zonal Director, Fortis Escorts Heart Institute, New Delhi, Dr Mehar Kumar Bedi, Medical Director, Fortis Hospital, Noida and Dr Rahul Gupta, Director, Neurosurgery, Fortis Hospital, Noida, Dr Jyoti Bala Sharma, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida & Dr Atampreet Singh, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida unveiling the book written by Dr Rahul Gupta on Backache



Dr Keshav Rao, Group Head Medical Operations, Fortis Healthcare Limited, Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida and Dr Kousar Ali Shah, Zonal Director, Fortis Escorts Heart Institute, New Delhi, Dr Mehar Kumar Bedi, Medical Director, Fortis Hospital, Noida, Dr Rahul Gupta, Director, Neurosurgery, Fortis Hospital, Noida, Dr Jyoti Bala Sharma, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida and Dr Atampreet Singh, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida at the lamp lighting



Dr Rahul Gupta, Director, Dept of Neuro Surgery, Fortis Hospital, Noida, addressing the attendees



Doctors attending the conference

Fortis Hospital, Noida, recently hosted the 5th Western UP Annual Conference on Neurosciences. The conference was inaugurated by Dr Keshav Rao, Group Head Medical Operations, Fortis Healthcare Limited, Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida and Dr Kousar Ali Shah, Zonal Director, Fortis Escorts Heart Institute, New Delhi, along with Dr Mehar Kumar Bedi, Medical Director, Fortis Hospital, Noida, Dr Rahul Gupta, Director, Neurosurgery, Fortis Hospital, Noida, Dr Jyoti Bala Sharma, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida and Dr Atampreet Singh, Senior Consultant, Dept of Neurology, Fortis Hospital, Noida.

The event focussed on rare and interesting cases in Neuro Sciences. Sessions were held on the latest advancements in the field of Neurology and Neurosurgery with respect to handling emergencies. Interesting cases of non-surgical pain management, neuroanesthesia, skull based tumours, movement disorder, spinal deformities and spine surgery were discussed. Sessions were undertaken on acute strokes, differences between tumours and lesions, headaches and lower back pain. Additionally, several case studies were shared by eminent faculty members from prestigious institutes such as AIIMS and PGIMER Hospital. Panel discussions were held at the end of each session. The conference was attended to by nearly 200 senior doctors from a variety of specialities including Orthopaedics, Internal Medicine, Critical Care, Neurology and Neurosurgery.

## Fortis Hospital, Shalimar Bagh, New Delhi, organises training programme for senior nurses



Group photograph of participants

Fortis Hospital, Shalimar Bagh, New Delhi, recently organised a training programme for the senior nurses from the hospital as well as from Fortis La Femme. The 'Programme of Implementation - Nursing Excellence Training' was aimed at knowledge sharing and to enhance the quality culture at all levels as per NABH Nursing Excellence Standards.

41 senior nurses participated in the event. The participants were addressed by Mr Mahipal Bhanot, Facility Director; Dr Gurvinder Kaur, Medical Superintendent; Mr Deepak Narang, GM - Administration; Mr Pradeep Malhotra, Head - Finance; Ms Shubra, Head-HR, and Ms Shivangi, Unit Trainer. The vote of thanks was given by Mrs Girija Sharma. The programme was appreciated by all the participants.



Lamp lighting ceremony



Mr Mahipal Bhanot, Facility Director congratulating & appreciating team nursing



Mrs Girija Sharma, Chief of Nursing presenting vote of thanks

## Fortis Memorial Research Institute, Gurugram, organises Haryana Pulmnocon 2019



Brain behind the event - Team Pulmonology of Fortis Memorial Research Institute, Gurugram

Fortis Memorial Research Institute, Gurugram, organised Haryanapulmocon 2019 under the aegis of Haryana Chapter of Indian Chest Society in collaboration with the Association of Physicians of India, Haryana Chapter. The theme of the two-day conference was 'Bringing Reality to Practice'. Dr Manoj K Goel, Director, Pulmonology, FMRI, was the Organizing Chairman. Dr Ajay Kumar and Dr Gargi Maitra were the Organizing Secretary and Joint Organizing Secretary respectively. With over 500 delegates and eminent speakers from all over the country, the conference comprised of workshops, hands-on training and simulation on EBUS Bronchoscopy, Medical Thoracoscopy, Mechanical Ventilation and Sleep Medicine. Luminaries from Haryana were also honored with prestigious awards for their immense contribution to the field of Pulmonology.

## Fortis Hospital, Anandapur, Kolkata, celebrates Quality Week

Fortis Hospital, Anandapur, Kolkata, celebrated Quality Week to create awareness about the importance of quality, patient and employee safety, and cleanliness. The week long celebration saw enthusiastic participation from both medical and non-medical staff, who were divided into various teams such as Creative Squad, Wizard Squad, Brainy Squad, Sparkle Squad and an Acting Squad. Centred around the theme "Quality is Everyone's Responsibility and must be strived for at all times", the various activities comprised of a Poster Competition, Quiz Competition, Q&A sessions, Street Play and a Quality Audit.



One of the entries for the Poster Competition



Mr. Samir Singh, Zonal Director of Fortis Healthcare receives chocolates for responding correctly in the Brainy Games



Sister Doli Biswas, Chief Nursing Officer at Fortis Hospital Anandapur receives chocolates as prize for Brainy Competitions



## Hiranandani Hospital, Vashi- A Fortis Network Hospital, organises Autism Awareness Marathon

To mark World Autism Awareness Day, Hiranandani Hospital, Vashi-A Fortis Network Hospital, recently organised an Autism Awareness Marathon to sensitise the society towards children with Autism. The hospital joined hands with La Casa School, Navi Mumbai for the marathon and also drew support from the Navi Mumbai Municipal Corporation (NMMC). Over 300 students and their parents along with other residents participated in the marathon in support of the cause. The marathon comprised of two race categories - The Passion Run (5 km) and Happy Feet (4 km). Dr Bandita Sinha, Sr. Gynaecologist; Hiranandani Hospital, Vashi; Dr Varsha Bhagat, Director - Education, Training & Service Centre, PWD, NMMC and Mrs Sheena Rath, Founder, La Casa School, also graced the occasion.



Parents of students from La Casa School along with other Navi Mumbai residents at the Autism Awareness Marathon organized by La Casa School in association with Hiranandani Hospital, Vashi-A Fortis Network Hospital



Dr Varsha Bhagat, Dir. Education, Training & Service Centre, PWD, NMMC inaugurating the Autism Awareness Marathon organized by La Casa School in association with Hiranandani Hospital Vashi- A Fortis Network Hospital



(L-R) Mrs. Sheena Rath, Founder, La Casa School, Dr. Varsha Bhagat, Dir., Education, Training & Service Centre, PWD, NMMC along with Dr Bandita Sinha, Sr. Gynaecologist, Hiranandani Hospital Vashi-A Fortis Network Hospital at the Autism Awareness Marathon

## Fortis Hospitals, Bengaluru, conducts Robotic Cancer Surgery Workshop to train Onco-surgeons

Fortis Hospitals, Bengaluru, conducted a workshop on Head & Neck Robotic Onco-surgery, MASOCON-2019, to share knowledge about advanced surgical modalities for the surgical treatment of complex head and neck cancers. Around 100 surgeons participated in the workshop conducted by Dr Sandeep Nayak, Consultant - Surgical Oncology, Fortis Hospitals, Bengaluru, and a few thousand watched it online, worldwide.

The workshop beamed live specialised surgeries such as Robotic Assisted Breast-Axillo Insufflated Thyroidectomy (RABIT) & Robotic Minimally Invasive Neck Dissection (R-MIND) for oral cancer, which are newly devised surgeries by Dr Sandeep Nayak. These were demonstrated for the first time in the world through this workshop.



Participating surgeons attending the workshop



Live 3D surgery being telecast during the workshop

## Fortis Hospital, Shalimar Bagh, New Delhi, organises special health awareness session for women staff of Delhi Police

Fortis Hospital, Shalimar Bagh, New Delhi, recently organised a special interactive session on health awareness for the women staff of Delhi Police. The day long exclusive session, which pertained to both physical health and mental well being, was attended by over 450 female employees. Shri David Lalrinsanga (IPS), Joint Commissioner of Police (Headquarters), Delhi Police, inaugurated the session. It was jointly conducted by a team of experts comprising Dr Kapil Kumar, Director & HOD, Surgical Oncology; Dr Pankaj Pande, Director, Surgical Oncology; Dr Vikas Maurya, Additional Director, Department of Pulmonology & Sleep Disorder; Dr Prerna Lakhwani, Consultant, Gynaecologic Oncology; and Ms Mihika Mehrotra, Clinical Psychologist, Department of Mental Health and Behavioural Sciences.



Delhi Police Officers attending the health talk



Delhi Police women officers at the event



Dr. Kapil Kumar, Director and HOD, Surgical oncology,  
Fortis Hospital, Shalimar Bagh



Dr. Vikas Maurya, Additional Director, Department of  
Pulmonology and Sleep Disorder, Fortis Hospital, Shalimar Bagh

## Fortis Hospital, BG Road, Bengaluru, conducts workshop on sterilisation and infection prevention

Fortis Hospital, BG Road, Bengaluru, recently conducted a workshop on the latest developments in the field of sterilisation and infection prevention. Over 150 doctors, nurses and technicians participated in the event. The workshop was conducted as part of Continuing Medical Education (CME) under FAME (Fortis Academy for Medical Education) by the Central Sterile Supply Department (CSSD). The programme was inaugurated by Dr. Sandeep Nayak- Director, Surgical Oncology. Focused on the theme of 'Beyond Clean', the workshop also saw eminent external faculty from United Arab Emirates share their views and global practices on sterilisation process and infection prevention.



Lamp lighting at the event

## Caring for the Environment- A Fortis School Mental Health Initiative

The Department of Mental Health and Behavioural Sciences under the aegis of Dr. Samir Parikh, successfully completed Phase One of our special initiative "Caring for the Environment" as part of the Fortis Pro- Social Peer Moderator Programme.

The inaugural workshop of this special module was held at Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj. Subsequently, the workshop was also conducted at Fortis Faridabad, Fortis Memorial Research Institute Gurugram, Fortis Shalimar Bagh and Fortis Noida. In Punjab, the workshops were conducted at Fortis Ludhiana and Fortis Mohali.

Conceptualised as a peer educative initiative, 'Caring for the Environment' is an experiential workshop that acts as a platform for students to understand and harmonise their relationship with the nature surrounding them. Borrowing insights from the field of Ecopsychology, the aim was to expand the emotional connection between students and the natural world through activities and interactive games. The #HappyEarthHappyPeople campaign was introduced among students, sensitising them towards the need for a healthier environment and increase our overall happiness index.

To further this campaign, a plantation drive was held at each hospital where every peer moderator planted a sapling. They were also encouraged to adopt a plant at home or school and join the #MySaplingStory initiative, along with taking a #DigitalDetox for few hours every week to contribute towards a healthier environment. The workshops received a collective participation from over 500 students and 118 teachers from 115 schools.

In Phase Two post summer vacations, these workshops would be conducted across our hospitals at - Jaipur, Mumbai, Bangalore, Kolkata and Chennai.



Fortis Memorial Research Institute, Gurugram

Fortis Escorts Hospital, Faridabad



Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi

Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Noida

Fortis Hospital, Mohali



Fortis Hospital, Ludhiana

## SL Raheja Hospital, Mahim-A Fortis Associate, organises Consultant Cricket Tournament

SL Raheja Hospital, Mahim- A Fortis Associate, recently organised its annual Consultant Cricket Tournament (CCT). With 50 medical and non-medical staff pitted against each other in four teams- Dabang, Strikers, Regal Challengers and Thunderstorm, the tournament was a glorious display of sportsmanship, teamwork, and camaraderie. Team Dabang won the tournament.

Dr Hiren Ambegaokar, CEO, SL Raheja Hospital, Mahim- A Fortis Associate, and Dr Shanthi Radhakrishnan, Head- Medical Services, presented the trophy to the winners.



The winning team celebrates victory



Teams (L) Team Dabang &amp; (R) Regal Challengers at the Consultant Cricket Tournament

## Fortis Hospital, Mulund, celebrates graduation ceremony for Intravenous Therapy Course and Paediatric Cardiac Critical Nursing Programme

Fortis Hospital, Mulund, recently celebrated a proud moment by hosting the graduation ceremony for its first Intravenous Therapy team with 7 graduates, as well as the second batch of Paediatric Cardiac Critical Nursing Programme- with 5 graduates. Dr Sachin Patil, Consultant, Paediatric Cardiac Anaesthesia & Intensivist, who was integral in driving the Paediatric Cardiac Critical Care Nursing Programme, was invited to join in for the graduation ceremony. Dr Talha Meeran, Consultant Cardiology & Advanced Heart Failure Specialist, also joined in the celebrations and congratulated everyone on their accomplishments.

The second batch of the Intravenous Therapy Certificate course (IV team)- comprising of 14 nurses, were also welcomed during the celebrations. Ms. Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund, who spearheads these initiatives, believes that on-the job nursing education is critical for excellence in nursing. Ms Jalaja Mehta, Regional Training Head-South & West and Dr Harin Vyas, Consultant Cardiology & Head, Non-Invasive Cardiology, were invited as chief guests for the ceremony.



(Seated L-R) Ms. Sneha Magar, Nurse Educator, Ms Merina Alex, Deputy Chief of Nursing, Ms Jalaja Mehta, Regional Training Head-South & West, Ms Minimole Varghese, Chief Nursing Officer, Dr Sachin Patil, Consultant Pediatric Cardiac Anesthesia & Intensivist, Dr Harin Vyas, Consultant Cardiology & Head-Non-Invasive Cardiology and Dr Talha Meeran, Consultant Cardiology & Advanced Heart Failure Specialist, with the second batch of IV Therapy Certificate course



(Seated L-R) Ms Renju Mathew, Nurse Educator, Ms Merina Alex, Deputy Chief of Nursing, Ms Jalaja Mehta, Regional Training Head-South & West, Ms Minimole Varghese, Chief Nursing Officer, Dr Sachin Patil, Consultant Pediatric Cardiac Anesthesia & Intensivist, Dr Harin Vyas, Consultant Cardiology & Head-Non-Invasive Cardiology and Dr Talha Meeran, Consultant Cardiology & Advanced Heart Failure Specialist with the second batch of Pediatric Cardiac Critical Care Nursing Program



(Seated L-R) Ms. Sneha Magar, Nurse Educator, Ms Merina Alex, Deputy Chief of Nursing, Ms Jalaja Mehta, Regional Training Head-South & West, Ms Minimole Varghese, Chief Nursing Officer, Dr Sachin Patil, Consultant Pediatric Cardiac Anesthesia & Intensivist, Dr Harin Vyas, Consultant Cardiology & Head-Non-Invasive Cardiology and Dr Talha Meeran, Consultant Cardiology & Advanced Heart Failure Specialist with Fortis Hospital, Mulund's first IV team

Did you know?

The nurse cap is patterned after a nun's habit to keep the hair neatly in place. Although this clothing item has long been phased out as it is known to carry pathogens, some countries still use this as part of the female nurses' outfit.

Courtesy: NurseBuff



## 4th Annual Process Workshop organized by Process Improvement Function for NCR and Bengaluru units



Supply Chain Management teams at Process Workshop - NCR Region

Process Improvement Function organized its 4th Annual Process Workshop for the NCR region from 22nd to 24th May 2019 at FEHI, Okhla. The objective of the Session was to discuss the overall Process Framework for the Organization, Key Highlights of Standard Operating Procedures (SOPs) Upgrades released for various Functions, and share Key Controls and Learnings from past audits across locations. Regional Chief Operating Officer- Mr. Ashish Bhatia, addressed the gathering on the opening day and emphasized to the teams the importance of overall organizational processes and policies for ensuring compliance. 319 participants from various functions of 8 NCR units and La Femme – GK Delhi attended and participated in the Process Workshop.

A similar Process Workshop was also conducted in Bengaluru from 28th to 30th May'2019, and 241 participants from 4 Fortis Bengaluru units, Fortis La Femme- Bengaluru and Fortis Malar-Chennai actively participated in the same.



NCR Region Common Session with FD, ZDs and various Teams

Both the Process Workshops were concluded successfully with discussions amongst teams on various upgrades done in the SOPs, in order to enhance overall awareness of the respective teams on various applicable processes and Key Controls.



NCR Region - Admin Areas Session



Finance Teams at Process Workshop - Bengaluru



Human Resources Teams at Process Workshop - Bengaluru



Patient Experience Teams at Bengaluru Process Workshop

## Fortis Hospitals, Bengaluru, mark World Head Injury Awareness Day with sensitisation campaign

On the occasion of World Head Injury Awareness Day, Fortis Hospitals, Bengaluru, together with a group of accident survivors, joined hands with the Bengaluru Traffic Police to conduct a sensitisation drive on road safety. The drive, which primarily targeted 2-wheeler drivers, aimed to create awareness about safe riding practices amongst both riders and pillion riders by distributing free helmets to non-compliant two-wheeler drivers.

Fortis Hospitals have been educating riders on the importance of wearing helmets for three consecutive years now and have touched hundreds of lives. 150 free helmets were distributed this year during the drive.



Bengaluru Traffic Police giving away helmet to the non-helmet wearer during the drive



Students along with the Bengaluru Traffic Police giving away helmet during the awareness drive



Students during the helmet distribution drive

*I already diagnosed myself on the internet.  
I am just here for a second opinion.*



## Conversation

**Meet Dr Atul Ingale,**  
 Senior Consultant Nephrologist &  
 Transplant Physician, Hiranandani  
 Hospital, Vashi-A Fortis Network  
 Hospital and Fortis Hospital, Mulund



**You have an interest in a wide variety of sports. When did your start?**

I've been into Badminton, Cricket and athletics since school. I developed a passion for Basket Ball, Drag Car Racing and car rallies when I was in medical college. Currently, I am pursuing Microlight Flying, it is exhilarating!

**Did you continue to play after school?**

Yes, I continued to play after school and won many awards as I followed by passion for Badminton; here are the awards I received Junior National Champion-Badminton (1981-83) & National Champion InterMedico Badminton (1983-85). I also continued to play Cricket and Badminton when I was in the university, at a zonal level. I could not pursue sports when I was in the final year of MBBS. I also bagged the runner's up position in the 1995-96 Himalayan Car Rally.

**Which sport do you play now?**

I continue to play Badminton every Sunday, since 2012, to follow my passion and for fitness. Currently, I am into Microlight Flying.

**Apart from the health benefits, what do you think has been your greatest takeaway from sports?**

I believe that engaging in sports takes you away from all kinds of stress; it also helps you rejuvenate.

**When do you practice and how do you make time to follow your passion?**

Where there is wish, there is way!

**Anything that you would like to share with our readers?**

Always follow a hobby or a passion, it is the best way to de-stress yourself as we all lead extremely busy work schedules. It will also keep you fit, mentally and physically.





## Conversation

Meet **Sister Garima**,  
Staff Nurse,  
Dept. Executive T2 & T3 Ward,  
Fortis Memorial Research  
Hospital, Gurugram



### What made you choose nursing as a career?

I always wanted to serve the people. But I chose nursing on my father's advice. This helped me to do what I always wanted to do.

### When did you join Fortis and what is your experience so far?

I joined Fortis on 25th September 2017. It is my first experience as an employee in this profession. As a Fortisian, I learnt a lot of new things which has been helpful in my career.

### What is your favourite part about your work?

I have to communicate with my patients and serve them with love & care.

### Any patient experience that you will remember for life time?

A few months after I joined Fortis there was a post-op patient. He was in pain. His wife was also diabetic. He was keen to know about the comfort zone for her sleep. I helped her in all possible ways. The patient appreciated me. He sent a mail to FMRI acknowledging the service I provided during his stay in hospital. My department also appreciated me too. I will always remember such an experience that makes me feel more energetic.

### Fortis as first hospital for the beginning of career?

If you want to start your career, then you must join Fortis. They provide proper teaching session, good working environment, dignity of the staff, good salary which are very important to work in any organization. The wide variety of specialities at Fortis helps one to serve the patient better.



# Wall of Fame



## Region: Delhi NCR

### Fortis Memorial Research Institute, Gurugram

**The 4th floor Nursing Team** – For tirelessly taking care of my wife, day & night and always with a smile. A special mention to Kalpana, Khushi and Shanti. These ladies despite their workloads and regardless whether they are allocated to the room or not would always make sure they come and check in with me and/or the wife ensuring that we are comfortable and getting the support we need.

**Amandeep Singh (IPD head)** – I can honestly admit I have never met someone who shows compassion, empathy and dedication to making the patient's life easier during their stay at the hospital. Aman has been supporting us throughout signposting us when needed to the right teams to ensure we get the best level of support we need. If there was ever an award for providing excellent customer service, Aman would be my nomination and winner consistently.

A Special mention also to the TPA lead Mr Lalit Sharma and Shakti for guiding us through the unsolvable maze of insurance claims process and ensuring we get the right level of claim approved via the insurance company and not personally left out of pocket.

I can honestly say that the whole team at Fortis keep the patient and their families first at each interaction and as a retired senior citizen I can only shower them with my blessings and Thanks for their support during this tough period. I am sure I will still be doing rounds of the hospital but what assures me and my family is that we are in good capable hands of the Fortis family.

My sincere and heartfelt Thanks again to the whole team!

Appreciated by : **Mrs Shanta Charla and her husband**

Appreciation for : **HKalpana, Khushi and Shanti (Nursing), Amandeep Singh (IPD Head), Mr Lalit (TPA).**

### Fortis Memorial Research Institute, Gurugram

While we were struggling with our emotions the Fortis nurses and GDPs stationed at nursing station 4th floor T2/T3, swung into action. Little by little they started the process of putting him back together.

With professionalism they took the complex treatment blueprint that investigations and consultations had prepared and began implementing it. With their competence, they helped reduce his many, individually small but collectively unbearable weaknesses, pains and discomforts. With their enthusiasm for his wellbeing and infectious smiles they restored his confidence in himself.

Sisters Thaneja (In-charge 4th Floor T2-T3), Josmy, Renuka, Alphansa, Deepthi, Anjana, Sushma and Binu, GDPs Subodh, Pushpinder, Nitish and Amilal; I cannot thank you all enough for your gentle bedside manner, ready kindness and quiet generosity.

The Surgery, a Whipple Procedure, was long and complex (I was quite overwhelmed and intimidated by my research on the procedure on Google). Dr. Kriplani and his team worked from 9 in the morning to about 5.30 in the evening.

Appreciated by : **Mr Vijay Bhardwaj**

Appreciation for : **Sisters Thaneja (In-charge, Jomy, Renuka, Alphansa, Deepthi, Anjana, Sushma and Binu, GDPs Subodh, Pushpinder, Nitish and Amilal (Nursing)**

**Region: North & East**

**Fortis Hospital and Kidney Institute, Kolkata**

This would be my first-time hospitalization at the age of 81. I have found that the coordination of OT team towards patient waiting in the recovery area had been extremely smooth. They had been continuously reaching to each and every patient and communicating with them which had actually acted as a "Support System". I would rather like to call that I was under the "Angel's care". It would be not justice to specify any one's name in particular as all staff deserve equal amount of appreciations.



OT Team with the patient  
Fortis Hospital and Kidney Institute, Kolkata

Appreciated by : **Mr. Monotosh Kumar Chatterjee**  
Appreciation for : **Team OT**

**Fortis Escorts Hospital, Amritsar**

I am writing this for memorable services you provided to me, thank you for saving my life. I was very critical when I came to hospital But the hard work of the doctors and nurses especially Gurpreet and GDA staff Suman, Gulbir, Birbal of critical area saved my life. I would like to express my sincerest gratitude towards you for taking care of me when I was admitted to your hospital. I truly appreciate you for all the efforts you took in taking care of me by providing me medicines on time and even taking care of my diet until the time my son came.



I salute you from the core of my heart for all the pains you took for me.

Appreciated by : **Mr. Balwinder Singh**  
Appreciation for : **Entire team of Fortis**

**Fortis Hospital, Anandapur**

The grandchildren of the 106 year old grandma state that my grandmother had a fall while walking at home. She has been very stable and active at this age even that she used do her daily activities all by herself.



106 year old patient with Fortis Staff

We all had got very scared after her fall, and never thought how will it heal? Can it be operated??

Then one of our known to persons advised to take her to Fortis Hospital, and then once we met Dr Anindansu Basu, there was no turning back, he operated on my grandma, counseled us before the surgery. Everything at Fortis went on so smooth, grandma was taken care of very nicely at all the steps. All the nurses and staffs are very affectionate.

We are lacking appropriate words of Thanking Fortis Management and all its staffs and doctors!!

Appreciated by : **Nani Bala Das & her grandchildren**  
Appreciation for : **Dr Anindansu Basu and his team, All the nursing staff and Fortis Team**

## Fortis JK Hospital, Udaipur

Hi , I am Meena ,Blessed with a Boy & Girl here in Fortis JK Hospital. Since we got admitted till the time we left the hospital, we didn't face any kind of inconvenience.

Time to time we got all updates and instructions related to the treatment. Co-Ordination amongst Doctors Team is really good.

Work efficiency of Dr Sheetal, Dr Rajkumar, Dr Nidhi & Ms Shweta Ma'am is Appreciable. They use to listen us very carefully and answer in a proper way.

Keep Up the Good Work !! Thank You!!



Fortis JK Hospital, Udaipur



Dr Sheetal Kaushik

Appreciated by : **Nani Bala Das & her grand children**

Appreciation for : **Dr Anidanshu Basu and his team, All the nursing staff and Fortis Team**

## Region : South & West

### Fortis Hospital, Rajajinagar, Bengaluru

- **Feedback on Neonatal Nurse "Rani"**

If a patient has to remember someone specific and appreciate, one has to make something special. Team Fortis – Rani is one such asset. Thank you, Rani for all help during pain and delivery. Your advices and techniques will be followed. You are very compassionate and thanks for all help and services.

- **Feedback on Nursing Staff "Neelamma"**

Thank you, Neelamma! We learnt a lot on how to feed the infant and your support during the hour of need was supportive. Lucky to have you twice during our stay (14th to 19th April) 2019.

- **Feedback on Nursing Floor In charge "Jyothi"**

As a leader one has to set example of how to lead their peers. You have great experience and right set of mind. Through professional, thanks for setting things right when we experienced Hic – Cups in services. You are an asset to the team, Fortis.

- **A special feedback "Pantry"**

Normal People get scared when one visits hospital with food and quality of services, Shabari Caterers where one exceptional case. You guys served good food at regular intervals, maintained good hygiene and prompt services. Thanks for serving us good food.



Pantry Team



Dr Bharathi



Dr Ashwini



Dr Varsha

- **Feedback on Medical Staff (Doctors)**

Fortis Rajajinagar has very good panel of doctors. I am glad I choose Fortis Rajajinagar for Dr Bharathi Rajanna (Gynecologist), Dr Srikanth BS, Dr Kumar and shift doctors Dr Shruthi, Dr Ashwini and Dr Varsha were all helpful and prompt when we needed their services. Thanks a lot for your support.



Nursing Team

Appreciated by : **Mrs Vidhyshree**

Appreciation for : **Nursing: Rani, Neelamma, Jyothi, Pantry Team, Doctors: Dr Bharathi Rajanna, Dr Srikanth, Dr Kumar, Dr Shruthi, Dr Ashwini and Dr Varsha**

### Fortis Malar Hospital, Chennai

I have been admitted in Adyar Fortis Malar Hospital whoever I met in this hospital, everyone smiling and very professional approach. The ward sisters were so good especially sister Nithya Joly, Kanimozhi, Jenifer, Krihalakshmi, Gokila, Subalakshmi, Kalaiselvi, Nancy would like to tell about Dr Pari he was very Excellent and very friendly, his team also very good.

Especially Mr Prabhakaran & Dr Karthikayani & Duty Dr Pradeep were too good & Transparent particularly I want to tell about ward Secretary Mr Satish Kumar he was very smart & very attentive in Discharge process, I am very satisfied with the securities. Thanks to Malar team & 7B Team.



Dr Pari



Dr Pradeep - DMO



Dr Karthikayani



Jolly Anitha, Mahalakshmi & Nithya

Appreciated by : **Shyam Pranav**

Appreciation for : **Nithya, Joly, Kanimozhi, Jenifer, Krihalakshmi, Gokila, Subalakshmi, Kalaiselvi, Nancy, Dr Pari, Dr Karthikayani, Dr Pradeep, Mr Prabhakaran & Mr Satishkumar**



Gokila and Kanimozhi



Mr Satishkumar



Mr Prabhakaran

### Hiranandani Hospital, Vashi-A Fortis Network Hospital, Navi Mumbai

Dear Madam / Sir,

In connection of treatment of my relative Dr G K Mallik from BARC. I visited your hospital and after seeing the art of House-keeping and caring of patient and I could not control myself and further decided to write you something regarding the services.

My Patient Dr Mallik was admitted in Room No 510 on 5th floor. I experienced that all the services are world class specially cleaning and behaviour of all the related staff.

For all these goodness as I think the credit goes to Ms Sandeep Kaur, Public Experience Officer who is very a polite and soft speaking gentle lady.

I wish her all the best and her team for the forthcoming days.

Appreciated by : **Mr Suman Kumar, patient's relative**

Appreciation for : **Ms Sandeep Kaur & her team**



Ms Sandeep Kaur

### Fortis Hospital, Mulund, Mumbai

Thank you for engaging such a wonderful staff who made my stay comfortable n a feeling of home. Very dedicated team always service with a smile. I would like to express my thanks n appreciation for the wonderful treatment n care meted me during my stay.

Omkar Gaikward who saw to it that all was well n comfortably settled. He did this on daily basis promptly putting right anything amiss. Left hospital with positive thoughts n feelings.

Appreciated by : **Lelis Dsouza**

Appreciation for : **Omkar Gaikwad and Ms Neha**



Mr Omkar



Ms Neha

# Awards & Accolades

## Fortis Escorts Hospital, Dehradun, receives NABH Pre-Accreditation Entry Level – Small Healthcare Organisation (SHCO) certificate

Fortis Escorts Hospital, Dehradun, has been awarded the NABH Pre Accreditation Entry Level – Small Healthcare Organisation (SHCO) by National Accreditation Board for Hospitals & Healthcare Providers. The accreditation is a recognition of the achievement of accreditation standards. The accreditation is an incentive to improve patient safety & quality of care.

Fortis Escorts Hospital, Dehradun, is a single speciality (Cardiac Sciences) hospital and has been running since 2011.



(L-R): Anil Bhist (SCM), Vishal Shah (FC), Sandip Singh (Facility Director), Satish Gairola (HR), Shishir Washington (CON), Lekshmi Girees (Quality)

## Fortis Mulund shines at the prestigious South Asia Pressure Injury Expert Forum 2019

Fortis Hospital, Mulund, was invited to the prestigious South Asia Pressure Injury Expert forum 2019 at Bangkok, Thailand. Aimed at providing training on pressure ulcer prevention and management, the conference saw representation from over 50 delegates from select hospitals in India, Singapore, Malaysia, Thailand, China and Indonesia. Fortis Mulund was amongst the two hospitals invited from Mumbai. Ms Legetta Mathew, Nurse Educator, represented the hospital at the conference.



Ms Legetta Mathew, Nurse Educator, Fortis Hospital, Mulund at the South Asia Pressure Injury Expert Forum 2019



Participating team at the South Asia Pressure Injury Expert Forum 2019; (C-Bottom) Ms Legetta Mathew, Nurse Educator, Fortis Hospital, Mulund

## La Femme GK-II team's article on reducing blood transfusions in NICU published in prestigious international journal

We are pleased to share that NICU team of Fortis La Femme, GK-II, headed by Dr Raghuram Mallaiah recently published an Article in the prestigious International journal called "Journal of Clinical Neonatology" on "Reducing incidence of Red Cell Transfusions among Pre Term babies in a Tertiary care NICU – A retrospective Observational Study".

This Journal talks about Majority of babies born less than 32 weeks gestation require blood transfusion(s) during NICU stay by judicious use of venous/arterial Linee, Capillary Blood gases, adherence to non-invasive management protocols & aggressive enteral feeds & other ways, there pre term babies can be managed without Blood transfusions.



NICU team of Fortis La Femme, GK-II

## Prestigious 'AsiaIntervention Journal' publishes paper on Nano Crush technique, developed at Fortis Anandapur, Kolkata



Dr Shuvanan Ray,  
Director-Cardiac Sciences,  
Fortis Hospital,  
Anandapur, Kolkata

A paper on Nano Crush, a stenting technique developed by Dr Shuvanan Ray, Director-Cardiac Sciences, and his team at Fortis Hospital, Anandapur, Kolkata, has been recently published in 'AsiaIntervention Journal,' the official publication of the Asian Pacific Society of Interventional Cardiology (APSIC) and the Interventional Cardiology Foundation of India (ICFI).

The novel technique for stenting of branching arteries, developed in 2015, was hailed as a path breaking work in interventional cardiology. The Nano Crush technique is an easy and effective stenting method as it does not affect blood flow in any of the branches and offers a long-term solution to patients.

The technique was first presented at the European Bifurcation Society Meet followed by the TCTC (AP). In 2015, this technique was also published as an abstract in JACC. The Nano Crush technique is being practised in Europe and other places, and relevant data has been published in a few other journals.



Did you  
know?

**Bellevue Hospital School of Nursing** was the first nursing school. This nursing school started in **1873** based on the principles of **Florence Nightingale**. Located in New York City, this nursing school offered a one year program. Shortly after Bellevue Hospital School of Nursing opened, New England Hospital for Women and Massachusetts General Hospital opened nursing schools as well.

Courtesy: [www.prnfunding.com](http://www.prnfunding.com)

## Photo feature

### Glimpses of Hand Hygiene Day across Fortis facilities



Fortis Memorial Research Institute, Gurugram



Fortis Escorts Heart Institute, Okhla Road, New Delhi



Fortis Hospital, Noida





Fortis Hospital, Rajajinagar, Bengaluru



Fortis Malar Hospital, Chennai



Fortis Escorts Hospital, Amritsar



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mohali



Fortis La Femme, Greater Kailash-II, New Delhi

## 2019

<b>APRIL</b>	World Autism Awareness Day	April 02
	World Health Day	April 07
	World Haemophilia Day	April 17
	World Liver Day	April 19
	World Earth Day	April 22
	World Malaria Day	April 025
	World Immunization Week	April 24-30
<b>MAY</b>	World Asthma Day	May 06
	World Red Cross Day	May 08
	International Thalassaemia Day	May 08
	World Chronic Fatigue Syndrome Awareness Day	May 012
	International Awareness Day for Chronic Immunological and Neurological Diseases	May 12
	International Nurses Day	May 12
	National Dengue Day	May 16
	World Family Doctor Day	May 19
	World Multiple Sclerosis Day	May 25
	International Day of Action for Women's Health	May 28
<b>JUNE</b>	World No Tobacco Day	May 31
	World Environment Day	June 05
	World Brain Tumor Day	June 08
	World Blood Donor Day	June 14
	World Elder Abuse Awareness Day	June 15
	Autistic Pride Day	June 18
	International Day of Yoga	June 21
<b>JULY</b>	International Day of Drug Abuse And Illicit Trafficking	June 26
	National Doctors Day	July 01
	World Population Day	July 11
	World Hepatitis Day	July 28
<b>AUG</b>	ORS Day	July 29
	World Breastfeeding Week	Aug 01 - 07
	World Mosquito Day	Aug 20
<b>SEPT</b>	National Eye Donation Fortnight	Aug 28 - 20 Sept
	Rastriya Poshan Maah	September Month
	Spinal Cord Injury Day	Sep 05
	World Suicide Prevention Day	Sep 10
	World Marrow Donor Day	Sep 15
	World Alzheimer Day	Sep 29
	International Day of Sign Languages And International Day of Deaf	Sep 23
	World Pharmacist Day	Sep 25
	World Rabies Day	Sep 28
	World Day of Deaf	Sep 29
	World Heart Day	Sep 29

<b>OCT</b>	Breast Cancer Awareness Month	October Month	
	International Day of Older Persons	Oct 01	
	World Vegetarian Day	Oct 01	
	National Anti Drug Addictions Day	Oct 02	
	World Cerebral Palsy Day	Oct 02	
	World Sight Day	Oct 09	
	World Mental Health Day	Oct 10	
	International Day of The Girl Child	Oct 11	
	World Obesity Day	Oct 11	
	World Arthritis Day	Oct 12	
	World Thrombosis Day	Oct 13	
	Global Handwashing Day	Oct 15	
	World Food Day	Oct 16	
	World Trauma Day	Oct 17	
	World Osteoporosis Day	Oct 20	
	World Iodine Deficiency Day	Oct 21	
	World Polio Day	Oct 24	
	World Stroke Day	Oct 29	
	World Thrift Day	Oct 30	
	<b>NOV</b>	World Immunisation Day	Nov 10
World Pneumonia Day		Nov 12	
World Antibiotic Awareness Week		Nov 12 - 18	
World Diabetics Day		Nov 14	
World Epilepsy Day		Nov 17	
World COPD Day		Nov 19	
World Toilet Day		Nov 19	
New Born Care Week		Nov 15 - 21	
<b>DEC</b>		World AIDS Day	Dec 01
		National Pollution Prevention Day	Dec 02
	International Day of Persons With Disabilities	Dec 03	
	World Patient Safety Day	Dec 09	
	Universal Health Coverage Day	Dec 12	

## 2020

<b>JAN</b>	World Leprosy Day	Jan 26	
	<b>FEB</b>	World Cancer Day	Feb 04
International Day of Zero Tolerance to Female Genital Mutilation		Feb 06	
National Deworming Day		Feb 10	
Sexual Reproductive Health Awareness Day		Feb 12	
<b>MAR</b>		International Women's Day	Mar 08
		World Glaucoma Week	Mar 11 - 17
		No Smoking Day	Mar 11
World Kidney Day		Mar 12	
Measles Immunisation Day		Mar 16	
World Oral Health Day		Mar 20	
World Down Syndrome Day		Mar 21	
World Water Day		Mar 22	
World TB Day		Mar 24	

# Trivia

## Quiz:

Apr - May 2019



1. Which Fortis hospital has organized its first ever cardiac surgical camp in Yangon, Myanmar?
2. Which Fortis hospital recently organized a special health awareness session for women staff of Delhi Police?
3. Name the certification received by Fortis Escorts Hospital, Dehradun, recently?
4. Name the journal which has published La Femme's article on reducing blood transfusions in NICU.
5. Which Fortis hospital has organized the Consultant Cricket Tournament?
6. How many countries are participating in the 2019 ICC Cricket World Cup?
7. Who is the present Union Health Minister?
8. Which prestigious journal has published a paper on Nano Crush technique, developed at Fortis Anandapur, Kolkata?
9. What was the theme for International Nurses Day May 12, 2019?
10. On which date is World Hand Hygiene Day observed every year?



## Answers to last month's quiz- Feb 2018 - Mar 2019

- Answer 1 :- North & East  
 Answer 2 :- Fortis Hospital, Kalyan  
 Answer 3 :- 225 Robotic Surgeries  
 Answer 4 :- Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi  
 Answer 5 :- Fortis Hospital, Noida  
 Answer 6 :- Fortis OP Jindal Hospital, Raigarh  
 Answer 7 :- Cyclone Fani  
 Answer 8 :- March 10, 2019  
 Answer 9 :- 'Times Healthcare Achiever' and  
 'Pharma Leaders Indian of the Year' Award.  
 Answer 10 :- 376 dialysis procedures in January 2019.

Send in your answers to [corporate.communications@fortishealthcare.com](mailto:corporate.communications@fortishealthcare.com) by July 10, 2019. Do mention your full name, designation, phone / Mobile number and complete Address. The subject line of your e-mail should mention "Answers to Quiz - (Month and Year)." **Five LUCKY winners amongst the all correct entries will be selected through draw of lots. Hurry!!**



# *...and the* **WINNERS** *are...*

## **Benny Thadathil**

Head – HR Shared Services,  
Corporate Office

## **Rahul Rai**

Assistant Officer, Corporate Relations – Collection,  
Fortis Hospital, Mohali

## **Minimole John**

Chief of Nursing,  
Fortis Escorts Heart Institute, New Delhi

## **Gurvinder Singh**

Facility Director  
Fortis Hospital & Kidney Institute &  
Fortis Medical Centre, Kolkata

## **Jag Vijay Singh**

Fortis Hospital,  
Ludhiana

## *Lucky Draw*



The Five lucky winners were picked by  
Mr. Shalabh Dang,  
Head – Domestic Sales, Fortis Healthcare Ltd.

## Split a side - Have a laugh

**Doctor:** I have some bad news and some very bad news.

**Patient:** Well, might as well give me the bad news first.

**Doctor:** The lab called with your test results. They said you have 24 hours to live.

**Patient:** 24 HOURS! Thats terrible!! WHAT could be WORSE? What's the very bad news?

**Doctor:** I've been trying to reach you since yesterday.

Do you have a hilarious personal anecdote to share? Send a brief write-up (150-200 words) to [corporate.communications@fortishealthcare.com](mailto:corporate.communications@fortishealthcare.com) along with your name, designation, location and contact number by the 15th of next month. You could win a prize if your entry is selected for publication.

# Congratulations!



HAPPY  
WEDDING



**Dr. Pankaj Khanna**  
Fortis Escorts Hospital, Dehradun



**Ruby Gill**  
Fortis Escorts Hospital, Okhla Road, New Delhi



**Celestine Johnson**  
Fortis La Femme, Bengaluru



**Neeraj Mishra**  
Fortis Escorts Hospital, Dehradun



**Baby of Chetan Hatankar**  
Fortis Hospital, Kalyan



**Baby of Indu Bala**  
Fortis Hospital, Mohali



**Baby of Satish Kumar K**  
Fortis La Femme, Bengaluru



**Baby of Sudha**  
Fortis La Femme, GK-II, New Delhi



NEW  
ADDITIONS  
TO YOUR  
FAMILY