

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Corporate Office, Gurugram



Fortis Hospital, BG Road, Bangalaur



Fortis Hospital, Mohali



SL Raheja Hospital, Mahim-A Fortis Associate



Fortis Escorts, Jaipur

FORTIS IN FESTIVE SPIRIT
Gets set for another phenomenal year



Fortis Hospital, Vasant Kunj



Fortis Hospital, Anandapur, Kolkata



Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Hospital, Mulund



Fortis Hospital, Kalyan



FHKL, Kolkata



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Noida

MD & CEO's Message



Dear colleagues,

Let me begin by extending heartiest season's greetings and wishing you a very Happy New Year!

As I look back at the year gone by, I am filled with pride and a deep sense of satisfaction at all that we have achieved together. Our hospitals have been doing some exceptional clinical work, thanks to our doctors and nurses. With your support, we have continued to make sure that all our patients are treated and cared for in the best possible way.

We are also strongly focusing on implementing our expansion plans, strengthening infrastructure and adding next-gen technologies across the network. Most importantly, we have been strongly focusing on building a winning team, comprising of some of the finest clinicians, nurses, paramedics, administrators and leaders.

The hard work put in by everyone is evident and amply reflected in the growing trust and confidence of our patients on us. As we step into a new year, let us resolve to put in all our energies and make sure that we continue to deliver exceptional clinical care and unmatched patient experience.

I thank you for your commitment and hard work, and I am sure that we will all continue to do the right things for our patients in the years to come.

Please do take good care of yourselves.

Warm regards,
Dr A. Raghuvanshi,
MD & CEO.

New Beginnings & Launches

Fortis announces launch of EMR project



Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, and Mr Linus Tham, Group CIO, IHH, signing the license agreement



Group picture from the EMR agreement signing session

Fortis is pleased to announce the commencement of EMR implementation project. The kick-off session was held on November 11, 2022 at FMRI, Gurgaon. The event witnessed signing of Cerebral Plus EMR license agreement by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, and Mr Linus Tham, Group CIO, IHH, in the presence of Dr Kelvin Loh, MD & CEO, IHH. The visiting team from Acibadem Technology, Turkey (implementation partner for this project), members of Fortis Clinical fraternity and Senior Leadership were present as well.

An Electronic Medical Record (EMR) is a digital collection of health-related information of an individual that can be created, gathered, managed, and consulted by authorized clinicians and care provider staff within a healthcare organization. It includes information about a patient's health history such as diagnosis; medicines; laboratory reports, radiology reports and treatment plans. As an 'integrated' set of interoperable technology, the EMR includes a software, e-Prescription, interfaces to labs, workflow tools, among others, thereby able to automate access to information and streamline a clinician's workflow.

EMRs are the next step in the continued progress of healthcare, further strengthening the relationship between patients and clinicians. Timely access to patient data would improve clinician decision making and delivery of patient care.

The Fortis EMR project would consist of an initial Discovery phase, followed by solution Analysis and Customization, followed by pan-Fortis rollout across network hospitals, in a phased manner. The total project duration is expected to be 18 months.

Haryana Chief Minister Shri Manohar Lal Khattar launches 'Wellness on Wheels,' a mobile health screening initiative by Fortis Memorial, Gurugram and DLF Foundation



Hon'ble Chief Minister of Haryana, Shri Manohar Lal Khattar, flagging off the mobile screening bus in the presence of Mrs Gayatri Paul, CEO - DLF Foundation, Dr Gurvinder Kaur, Facility Director, FMRI, Mr Mahipal Singh Bhanot, Senior Vice President and Business Head, FMRI, Dr Rahul Bhargava, Principal Director & Chief - Haematology, Haemato Oncology & Bone Marrow Transplant



FMRI leadership with the Hon'ble Chief Minister of Haryana, Shri Manohar Lal Khattar

Fortis Memorial Research Institute, Gurugram and DLF Foundation launched a state-of-the-art mobile screening bus on November 21, 2022, to offer free health screening services to the underprivileged communities as part of a joint programme, 'Wellness on Wheels'. It was flagged off by the Honourable Chief Minister of Haryana, Shri Manohar Lal Khattar. The screening services will include tests such as blood analysis, urine analysis, HBA1C testing, along with doctor consultation, which can be

taken up by any age group. Post the diagnostic reports, if anyone needs further evaluation/treatment, Fortis Hospital Gurugram will help such patients to get the best treatment.

Dignitaries present on the occasion included Mr Mahipal Singh Bhanot, Senior Vice President and Business Head, Fortis Memorial Research Institute-Gurugram | Shalimar Bagh, Vasant Kunj & FCI- Delhi, Dr Rahul Bhargava, Principal Director & Chief - Haematology, Haemato Oncology & Bone Marrow Transplant, Fortis Hospital Gurugram, Dr. Gurvinder Kaur Facility Director, Fortis Memorial Research Institute and Mrs. Gayatri Paul, CEO, DLF Foundation.

Fortis Escorts Heart Institute, Okhla, New Delhi, introduces Accurate Neo Transcatheter Heart Valve for the first time in India



Fortis Escorts Heart Institute, Okhla, New Delhi performed a successful Transcatheter Heart Valve Implantation using "latest generation Accurate Neo 2 valve" which has been introduced for the first time in India. The device was used on two patients aged 87 & 69 years by Prof. (Dr) Ashok Seth – Chairman, Fortis Escorts Heart Institute and Chairman, Fortis Healthcare Medical Council, and Dr Vijay Kumar - Director, Interventional Cardiology. The 87-year-old patient was in severe heart failure and was very symptomatic. His aortic valve was severely narrow and leaking. The pumping efficacy (EF) of heart was

also very low because of the longstanding valve disease. Accurate neo 2 valve was implanted successfully with cerebral protection using a Sentinel protection device to prevent procedure related stroke. After implantation of the new valve, the heart pressures normalise and the patient was discharged well and is EF has improved and he is asymptomatic. The 69 years gentleman's aortic valve was severely calcified and stoned like pinhole. He was very frail and unfit for open heart surgery. Accurate Neo was implanted successfully. He has been discharged on 3rd day of the procedure and is fully active. This is a new generation Transcatheter Heart Valve accurate Neo 2 has advantageous over previous generation Transcatheter Heart Valve. This valve can be navigated through small-sized groin vessels and implanted with perfect precision by 3-steps technique. The pacemaker implantation rates are very low and the chance of blocking the coronary arteries in low.

Fortis Hospital, Vadapalani, Chennai, introduces new Digital X-Ray Services



Glimpses from the event



A new Digital X-Ray Services suite was inaugurated at Fortis Hospital, Vadapalani, Chennai, on September 8, 2022, by an in-patient, in the presence of Ms Richa Debgupta - Chief of Strategy & Operations (Chennai, Jaipur & Kolkata), Dr Vasundhara Atre, Director - Medical Operations, along with senior leaders at Fortis Hospital, Vadapalani, including Mr Venkata Phanidhar Nelluri, Head - SBU and Dr Poorna Chandran, Medical Superintendent. Dr Murali Krishnan, Head - Radiology and Imaging Sciences and his team showcased the new equipment, highlighted the benefits and demonstrated the functionality of the new Carestream DRX Compass DR System. The Ceiling-Mount DR helps in delivering high definition image quality for precise diagnosis.

Fortis Amritsar unveils state-of-the-art Stealth Station™ S8 Surgical Navigation System for neurosurgeries



Fortis Escorts Hospital, Amritsar, has introduced the state-of-the-art Stealth Station™ S8 Surgical Navigation System/Neuro Navigation machine to provide neurosurgeons with improved workflows, efficiency and more complete data integration, as well as relevant surgical navigation information. The device was inaugurated by Dr Charanjit Singh - Civil Surgeon, Amritsar in the presence of Dr Bishnu Panigrahi, Group Head - Medical Strategy and Operations, Dr Vikramjeet Singh, Medical Director of Punjab, Mr Ashish Bhatia, Business Head - Punjab, Dr Vishavdeep Goyal, Head - SBU, Dr Vikram Aggarwal, Facility Director, Dr Raj Kamal, Director - Neurosurgery and Dr Sunil Narasimhaiah, Associate Consultant - Neurosurgery.

Fortis Hospital, Bannerghatta Road, Bengaluru, announces launch of Mako Robotic Technology for joint replacements



Fortis Hospital, Bannerghatta Road organised an event announcing the launch of Mako Robotic Technology for joint replacements on November 19, 2022. Fortis Bannerghatta is one of the few hospitals in Bengaluru and the only hospital across Fortis Network of Hospitals to adopt the cutting edge technology. The inaugural ceremony was graced by Dr. Ashutosh Raghuvanshi, CEO - Fortis Healthcare, Dr. Roopa Dr Moudgil (I. P. S),

Mr. Vishweshwar Bhat, Editor in Chief – Vishwavani, Mr. Manikantan Seshadrinathan, Director - Mako Smart Robotics - Stryker (India), Dr. Narayan Hulse, Director - Department of Orthopaedics, Bone & Joint Surgery, Fortis Hospital, Bannerghatta Road and Mr. Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru.

Fortis Shalimar Bagh, New Delhi, acquires DaVinci Xi robotic System



Fortis Hospital, Shalimar Bagh, New Delhi, has acquired the DaVinci Xi robotic System. The first robotic surgery was conducted by Dr Rajinder Yadav on November 11, 2022, to treat a patient's Bilateral Inguinal Hernia. This was followed by the robotic removal of gallbladder stone by Dr Pradeep Jain on November 17. The patients were discharged a day after the surgery.

Clinical Excellence

Doctors at Fortis Hospital, Vasant Kunj, New Delhi use century old Cross-leg Flap Surgery technique to save Iraqi road accident victim's leg from amputation



Dr Rashmi Taneja



Dr Dhananjay Gupta

Doctors at Fortis Hospital, Vasant Kunj, New Delhi successfully treated a 40-year-old road accident victim from Iraq with cross-leg flap surgery – an over a century old surgical technique – as the newer and more sophisticated ones were not feasible due to the patient's precarious condition. The patient, who had undergone three unsuccessful surgeries in Iraq over a period of eight months, was brought to Fortis Hospital Vasant Kunj

(FHVK) with acute dislocation of the left knee joint and a severely infected, pus oozing leg. A team of doctors led by Dr Dhananjay Gupta, Director, Orthopaedics & Joint Replacement Surgery and Dr Rashmi Taneja, Director, Plastic & Reconstructive Surgery, thoroughly evaluated the patient. Investigations revealed that the patient's affected leg had no intact blood vessel due to the multiple injuries, which is necessary for the reconstructive surgeries currently in vogue. The doctors then decided to perform the cross-leg flap surgery, a technique first described in medical literature in 1854. It was considered the gold standard for the reconstruction of soft tissue defects of the lower limb during its heydays. However, the technique fell into disuse with the advent of the highly sophisticated microvascular techniques, which enable doctors to join or repair damaged blood vessels or nerves.

Punjab and J&K region's first minimally invasive mitral valve repair procedure conducted at Fortis Escorts, Amritsar



The team of doctors who conducted the surgery

Fortis Escorts, Amritsar, conducted the first Mitraclip procedure in the Punjab and J&K region on November 9, 2022. A team of cardiologists from Fortis Escorts Hospital, Amritsar, led by Dr Arun Chopra, Director - Cardiology, performed the Mitral Valve Repair procedure on an

82-year-old patient. The Mitraclip technique was performed using the latest G4 device by Dr Chopra with the assistance of Dr Ravinder Singh Rao from a Jaipur hospital, Dr Deepak Kapila, Director - Cardiology, Dr Arjun Ved Gupta, Dr Maninder Sidhu, Dr Rishi and Dr Sunila Kapila.

First in Haryana: Doctors at Fortis Memorial, Gurugram, use power spiral enteroscopy to treat 66-year-old Iraqi patient's bleeding intestine



(L-R): Dr Gourdas Choudhuri, Chairman - Gastroenterology and Hepato-Biliary Sciences, Fortis Memorial Research Institute, Gurugram and Dr Rinkesh Kumar Bansal, Additional Director - Gastroenterology and Hepato-Biliary Sciences, Fortis Memorial Research Institute, Gurugram along with the 66-year-old Iraqi patient

A 66-year-old patient from Iraq, who was suffering for a year from Melena (dark sticky stools containing partly digested blood, as a result of internal bleeding), successfully underwent power spiral enteroscopy, a one-of-its-kind rare procedure, at Fortis Memorial Research Institute, Gurugram. A team of doctors led by Dr Rinkesh Kumar Bansal, Additional Director - Gastroenterology and Hepato-Biliary Sciences, performed the procedure, a first in Haryana.

Doctors in Iraq had transfused 16 units of blood into the patient over the past year to treat her internal bleeding and low hemoglobin, but to no avail. The patient was extremely pale and weak when she arrived at the hospital. Her diagnostic reports suggested an enlarged spleen and low hemoglobin along with severe iron deficiency. MRI abdomen revealed that she was also suffering from liver cirrhosis. An endoscopy of the stomach was also done, which showed angiodysplasia (abnormal vessels in the intestinal wall). Spiral enteroscopy was adopted in this case as it is the latest technique to evaluate and manage small bowel and small intestinal lesions.

Doctors at Fortis Hospital, Vasant Kunj, New Delhi, treat woman with multiple complications and BMI 88.3



L-R: Mr Zulfli, Brother Elias, Dr Abhijeet, Dr Sumathi N, Dr Ayush Gupta, Dr Hemanth Kr Kasargod, Patient's brother, Dr A K Tilak, Ms Charoo Piplani & Dr Minal Bhan Agnihotri

A 42-year-old female came to seek consultation of Dr J C Suri, Director - Pulmonology at Fortis Hospital, Vasant Kunj, New Delhi, due to difficulty in breathing. Upon investigation she was found to have Obstructive Sleep Apnea, hypothyroidism, grade 3 fatty liver and dyslipidaemia. A multi-speciality team was formed including Dr Suri, Dr Hemanth Kr Kasargod, Additional Director - General

Surgery and Dr Ambrish Kumar Tilak, Director- Anaesthesia. Due to her weight, every radiology and pathology test was a challenge. A planned surgery of laparoscopic single anastomoses gastric bypass with laparoscopic cholecystectomy was the only option for her.

The surgery was challenging in view of large liver, thick omentum and overall contour of abdomen. The surgery took three hours and post-surgery extubation was smooth. She responded well after surgery and was discharged on the sixth day post-surgery.

First in India: Doctors at Fortis Anandapur, Kolkata, treat 53-year-old's rare Rosai-Dorfman Heart Disease



Dr. KM Mandana with the Patient

A team of doctors led by Dr K. M. Mandana, Director - Cardiothoracic and Vascular Surgery, has successfully treated the country's first reported case of Rosai-Dorfman Heart Disease (RDD). RDD is a rare immune system disorder, which presents as a massive enlargement of the lymph nodes (lymphadenopathy) due to overproduction and accumulation of Histiocytes, a special type of white blood cells. The exact cause of this disease is unknown.

The 53-year-old male patient presented at Fortis Anandapur on August 24, 2022, with recurrent pericardial effusion (fluid

build-up around the heart) leading to swelling in the eyes, bloated face and shortness of breath. The patient's eyes were protruding out of the eye sockets. The fluid had been drained repeatedly at various other hospitals, where the patient had consulted earlier. Upon admission at Fortis Anandapur, the lesion in his eyes was detected by a computed tomography (CT) scan. A biopsy of tissues behind the eyes revealed enlarged lymph nodes. A high-resolution CT Scan also found a nodule in the kidney and right thyroid, confirming the diagnosis of RDD.

India's first laparoscopic Urinary Bladder & Ureter Reconstruction done at Fortis Hospital & Kidney Institute, Kolkata



Dr. RK. Gopala Krishna

Dr R. K. Gopala Krishna, Director - Urology, FHKI, and his team of surgeons have conducted India's first laparoscopic Urinary Bladder & Ureter Reconstruction surgery (Laparoscopic ileal ureter & bladder augmentation) at Fortis Hospital & Kidney Institute, Kolkata on November 23, 2022. The patient, a resident of Durgapur, West Bengal, was suffering from severe pain in his lower abdomen and frequent urine output due to shrinkage of his urinary bladder and left ureter due to tuberculosis in urinary track.

Dr Gopala Krishna has done reconstructive surgeries of the urinary track in recent past, but this is the first instance of reconstruction of both urinary bladder and one of the ureters laparoscopically. Laparoscopic reconstruction is a better option than open surgery as the patient doesn't have to undergo a long abdominal incision, the hospital stay as well as post-operative care is less; chances of developing hernia is reduced; and the patient gets back to normal life quickly without much hassle.

Milestones

Dr Ashok Gupta of Fortis Mohali performs 1001 Cochlear Implantation surgeries



Dr Ashok Gupta, Director - ENT, Fortis Hospital, Mohali, completed 1001 Cochlear Implantation surgeries on September 1, 2022. Dr Gupta is a well-known otorhinolaryngologist with over 35 years of experience in the field of ENT surgery and one of the distinguished ENT Surgeons in North India to perform the maximum number of cochlear implants. Cochlear Implantation is the only technology in the world which can restore hearing loss and improves speech understanding. Dr Gupta is also the Founder Member of Head and Neck Oncology Society of India. Earlier, Dr Gupta was President of the All India Rhinology Society, President of the Association of Otolaryngologists of India, North Zone, President of Association of Otolaryngologists, Tricity branch, Chandigarh, Honorary Secretary Association of Otolaryngologists of India North West Zonal Branch (2001-02, 2002-03), and Treasurer, Association of Otolaryngologists of India North West Zonal Branch (1997-1999). DrGupta has more than 200 national and international publications to his credit.

5,000 successful cardiac surgeries accomplished at Fortis Anandapur, Kolkata



The Cardiac Surgery Team of Fortis Hospital, Anandapur, Kolkata, has achieved the milestone of successfully completing 5,000 complex cardiac surgical procedures. The first successful cardiac transplantation in Eastern India was performed by this team on May 21, 2018. Following this feat, the team has performed six such surgeries. This team has also performed over 500 thoracic surgery procedures in the last 10 years. The team at Fortis, Kolkata, comprises of surgeons, Dr Kayapanda Muthana Mandana, Dr Tapas Raychaudhury, Dr Ashima Bhelotkar, Dr Soumen Kumar Paul and team, and Dr Sarajit Das. The other members of the team include Dr Saikat Banyopadhyay, Dr Sanjay Singh & team, Mr Aloknath Tiwari, Mr Chittaranjan, Mr Subhajeet, Mr Tanmoy Acharya & team, Ms Ansuya & team (SICU) and Ms Najma & team (OT).

Dr Pramod Bhor of Hiranandani Hospital, Vashi - A Fortis Network Hospital completes over 50 Robot-assisted Knee Replacements since April 2022

Dr Pramod Bhor of Hiranandani Hospital, Vashi - A Fortis Network Hospital, has performed total of 53 Robot-assisted Knee Replacements since the commencement of the programme in April 2022. The hospital is equipped with CUVIS robot, which is the only fully automatic robot available in the world for knee replacement surgeries. Dr Bhor and his team has been collecting data in comparison with conventional Total Knee Replacement (TKR) procedures as well and have found that compared to conventional TKR, the robotic knee replacement is less painful, offers faster recovery and has lesser blood and bone loss.



38-year-old patient from Bangladesh is first to undergo LVAD implantation at Fortis Hospital, Shalimar Bagh, New Delhi



A 38-year-old patient from Bangladesh has become the first to undergo Left Ventricular Assist Device (LVAD) implantation at Fortis Hospital, Shalimar Bagh, New Delhi. A team of doctors led by Dr Naresh Goyal, Director & HoD – Cardiology & Heart Failure Programme and Dr Dinesh Kumar Mittal, Director & HoD - CTVS, conducted the procedure. The patient was admitted with severe left ventricle dysfunction, moderate right ventricle dysfunction and multiorgan dysfunction. The patient weighed 140 kgs and had a BMI of more than 45. He had history of repeated hospitalisation due to heart failure episodes and was airlifted to Fortis Shalimar Bagh from Bangladesh. After initial stabilisation, he was planned for artificial heart implantation. He was implanted LVAD (HEARTMATE III) and t-RVAD on September 11, 2022. This was the first time in India that a patient weighing 140 kgs underwent LVAD implantation. After recovering well during hospital stay he has been discharged. He was able to walk on his own without any support or without oxygen at discharge.

Fortis Escorts Heart Institute, Okhla organises high-level dialogue on TAVI procedure with two world-renowned pioneers of Cardiology

Prof Alain Cribier, Interventional Cardiologist from France, who invented the TAVI therapy, and Padma Bhushan Awardee Prof Ashok Seth, Chairman - Fortis Escorts Heart Institute, engage in an enriching, knowledge-sharing session.



It was a landmark, prestigious occasion on November 11, 2022, for Fortis Escorts Heart Institute, New Delhi to celebrate 20th anniversary of TAVI invention. Two pioneers - Prof Alain Cribier, world-renowned interventional cardiologist from France and best known for inventing the world's first procedure of Transcatheter Aortic Valve Replacement (TAVR) in 2002, the non-surgical methodology for changing heart valve under local anaesthesia like angioplasty and Padma Bhushan Awardee Prof. Ashok Seth, Chairman, Fortis Escorts, credited with the first Transcatheter Valve procedure (TAVI) in India and also, one of the highest number of TAVI procedures - engaged in a high-level dialogue on non-surgical Heart Valve Replacement Therapy and its benefits for patients and to the field of cardiac sciences. Dr Cribier also watched Dr Seth perform TAVI using the latest generation of Indian Transcatheter Valve (Octacore Migral) in an elderly patient with severe aortic stenosis. TAVI therapy is especially useful for patients who are elderly and is the standard of treatment today for calcific aortic stenosis in the elderly. It is done at low risk, with rapid recovery, and the patient is discharged from the hospital in 2-3 days.

Latest Modified Early Warning Score (MEWS2) implemented at Fortis Vasant Kunj, New Delhi



Modified Early Warning Score 2 based on the latest NICE guidelines has been implemented at Fortis Hospital, Vasant Kunj, New Delhi. Early warning sign scoring and corrective measure template comprising of further plan of action if EWS goes up to escalation was introduced and training and awareness sessions for doctors and nurses were conducted. It was put forward by Dr Nadeem, HOD- Emergency, that the MEWS 2 has driven a step-change improvement in safety and clinical outcomes for acutely ill patients in our hospital by standardising the assessment and scoring of simple physiological parameters and the adoption of this updated approach refines and

improves the MEWS2 without changing its core principles to prevent the Code Blue by providing early warning of clinical deterioration and the need for more intensive treatment. The initiative aimed for an effective Rapid Response Team and enhancing patient safety thereby preventing Code Blue.

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Congratulations



Dr. Atul Mishra & Team
 on completing 1000+ successful Joint Replacement Surgeries
 in the year 2022 and still counting.

Thank you to the entire doctor fraternity for the continuous support
 in helping us achieve this milestone!

Patient Experience

'WORLD PATIENT SAFETY DAY'

Fortis Hospital, Vasant Kunj, New Delhi



Patient Safety Day was observed at Fortis Hospital, Vasant Kunj, on September 16-17, 2022. The two-day awareness building programme included sessions with doctors, nurses, housekeeping, GDA, security and paramedical staffs. The poster competition on 'Medication Safety Without Harm' received 57 entries and the winners were awarded. Over the two days, the hospital staff members were sensitized about the importance of patient safety and multiple sessions were organised.

Fortis Escorts, Okhla, New Delhi



Fortis Escorts, Okhla, New Delhi, celebrated Patient Safety Week from September 12-17, 2022. The theme of the event was 'Medication Without Harm.' The event was inaugurated with a traditional Lamp Lighting by Mr Bidesh Chandra Paul, Head – SBU and all the senior heads of departments. Mr Paul emphasised the need for delivering quality health to patients and preventing medication errors. Educational and fun filled activities were carried out for employees and patients, to build awareness about patient safety. Training on all six International Patient Safety Goals were done in specific departments to drive safety awareness as 'one goal-each day'. In-service session for Nurses was taken by Clinical Pharmacology department on 'Prevention and Identification of Medication Errors' followed by patient/attendant education sessions on 'Medication Safety and its Moments' in waiting area and lobby. To honour WHO's cause, all the nurses, doctors and paramedics took the pledge with CAHO to work towards medication safety. Other activities and competitions included in-patient counselling, poster competition, safety video competition, inter-departmental quiz competition and best selfie-point picture. The winners of the various competitions were awarded on the closing day.

S L Raheja Hospital Mahim – A Fortis Associate



Address by CEO – Dr Kunal Punamiya



The Safety Team



Felicitation

S L Raheja Hospital – A Fortis Associate, celebrated World Patient Safety Day from September 17-21, 2022. The theme of the event was 'Medication Safety - Medication without harm.' The event focused on three pillars, Medication Safety, Infection Control and Fire Safety, to build awareness and promote a culture of safety among the staff. Dr Kunal Punamiya, CEO, addressed the employees on the importance of safety for the patient. He mentioned that when the patient does not feel safe at home, he comes to the hospital. It is our responsibility to ensure the patient's safety 24x7 in the hospital. The Admin Team, Nursing Team, Infection Control Team and Clinical Pharmacists were felicitated for their continued contribution towards patient safety.

Special Feature



Spotlight on 'NUTRITION' across Fortis

Fortis Memorial, Gurugram



Nutrition Month was celebrated throughout the month of September 2022 at Fortis Memorial Research Institute (FMRI), Gurugram. The event was conducted under the leadership of Ms Deepti Khatuja, Head - Clinical Nutrition and the Dietetics Department. Nutrition awareness talks were held at various prominent locations across the city and at corporate offices of several large organisations. In addition, nutrition games and fun events such as 'Healthy Plate' competition were organised in the hospital premises for staff members, patients and visitors. An article writing competition was organised for clinical nutritionist and interns. The event concluded with prize distribution and felicitation of the winners.

Fortis Escorts Hospital, Amritsar

Fortis Escorts Hospital organised National Nutrition Week (Poshan Mah) activities throughout September 1-7, 2022. During the event, a healthcare programme was held in the hospital's central atrium, followed by lectures on Adolescence & Healthy Nutrition at schools. On September 7, a healthy mocktail competition was organised at the hospital, which was attended by doctors, staff, nurses and paramedics.

In addition, Ms Guljeet Kaur, Chief Dietician, was invited as a panelist at various conferences, including one held at the Government Medical College, Chandigarh. Dr Vikram Aggarwal, Facility Director, congratulated the Nutrition Team for their efforts in organising the Nutrition Week on a grand scale.



Fortis Escorts, Okhla, New Delhi



Nutrition Week was celebrated at Fortis Escorts, Okhla, New Delhi from September 1-7, 2022, by the Dietetics Team. The aim was to raise awareness about healthy eating and balanced diet among staff, patients and their attendants. Various activities such as crosswords games, slogans on healthy eating, nutritional recipe competition, quiz, balloon games with the staff and the general public were conducted.

Fortis Escorts Hospital, Jaipur

Fortis Escorts Hospital, Jaipur, observed September 2022 as National Nutrition Month. The Department of Clinical Nutrition and Dietetics organised various activities including daily quiz competition, educational training programmes and contests. An interactive session on nutritional and healthy eating knowledge was attended by over 100 attendants and OPD patients. In-house series of activities included educational training for ICU staff and dialysis patients/attendants. FB live session and articles covering various nutritional topics were published in leading newspapers. Outside activities included health talk with corporates and educational institutes. An in-house non-fire cooking recipe contest was also organised, which was judged by Dr Shallu Kakkar, Additional Director - Obstetrics & Gynecology, Dr Ritu Sharma, Additional Director - Anaesthesia, Dr Vaibhav Bhargava, Senior Consultant - Critical Care Medicine. First winner was Ms Soniya Sharma from F&B, and runners-up were Ms Rimjhim Jain and Ms Khushboo Arora. Closing ceremony and prize distribution event was organised at the hospital in the presence of Mr Neerav Bansal, Head - SBU and Dr Mala Airun, Director - Medical Operations.



Fortis Cunningham Road, Bengaluru



The Department of Nutrition at Fortis Hospital CG Road, Bengaluru organised a host of activities on September 17, 2022. Nutrition Week is celebrated across India to raise awareness about healthy eating habits as well as the importance of nutrition. The event witnessed a talk on healthy eating followed by a cake cutting ceremony. The event also witnessed various activities like recipe contest and guess the flavours followed by prize distribution to the winners.

Fortis Hospital, Vasant Kunj, New Delhi



Glimpses of the event

The Nutrition Department at Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi (FHVK) organised series of events to mark National Nutrition Week. The event saw participation across all the departments. On the first day, a quiz was organised in the OPD area. Participants received a free Body Composition Analysis along with gifts. Recipe competition with beetroot as key ingredient was organised on the second day along with slogan competition. A special health talk on 'monsoon illnesses and how to deal with these

complications with diet' was organised for neighbourhood residential society members. The closing ceremony was held on September 7, with another set of fun activity and quiz contest. Winners were from all departments including OPD, IPD, Billing, Nursing, Doctors, Engineering, F&B and Medical Administration. Mr Yashpal Singh Rawat, Facility Director, congratulated the Nutrition Team, headed by Ms Ruchika Jain, for organising the event on a grand scale.

Fortis Hospital, Mohali



Dietician Sonia Gandhi, Head, Department of Clinical Nutrition and Dietetics, Fortis Mohali.



As part of the National Nutrition Week, a host of activities were organised by Fortis Hospital, Mohali. The events focused on promoting right nutrition, right food choices and right eating habits among different age groups. Dietician Sonia Gandhi, Head - Clinical Nutrition and Dietetics, Fortis Mohali, spearheaded the awareness week activities. As part of the celebrations, a slogan writing competition was organised for school students. An educational programme on 'Healthy eating habits and food hygiene', and a health talk for senior citizens were also held wherein the participants were sensitised about issues such as metabolism, changes in the digestive system and appetite.



Spotlight on 'HANDWASHING DAY' across Fortis

Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi, observed Global Handwashing Day on October 15, 2022, with the theme 'Unite for Universal Hand Hygiene.' The campaign was dedicated to raise awareness about handwashing as a key factor in disease transmission and prevention. The highlights included handwashing awareness in the OPD area, poster competition and on-the-spot quiz competition at floors. Awards were given as a token of appreciation.

Fortis Hospital, Vasant Kunj, New Delhi

Hand hygiene has become an integral part of everyone's life. To mark the importance of hand hygiene, Fortis Hospital, Vasant Kunj, celebrated Global Handwashing Day on October 15, 2022. The day started with a quiz engaging all the healthcare providers including nurses, doctors, housekeeping staff, GDA, security and other paramedical staff. In keeping with the theme, 'Unite for Universal Hand Hygiene,' multiple rounds were conducted to sensitise patients and attendants.



Fortis La Femme, GK-II, New Delhi



On the occasion of Global Handwashing Day, Fortis La Femme, GK-II, New Delhi, organised a poster competition on October 14-15, 2022 to build awareness about hand hygiene among staff. The best teams were recognised by our Senior Clinicians, Dr Anjila Aneja, Dr Juhee Jain, Dr Meeta Dixit, Medical Superintendent and Sister Suma Alias, Chief of Nursing. The event was organised by Sister Vincy, Infection Control Nurse and reflected this year's theme, 'Unite for Universal Hand Hygiene.'

Fortis Hospital, Kalyan



Fortis Hospital, Kalyan, celebrated Global Handwashing Day on 15th October 2022 with much fanfare. Themed 'Unite for Universal Hand Hygiene' the celebrations began with departmental rounds to create awareness and build reinforcement about the importance of hand washing. Using illuminating solution and light, which glows to show the missed area of hands post handwashing, the activity was effective in

furthering awareness. The activity was followed by posting a message on the message tree that would grow in the form of awareness. Enthusiastic participation from the nursing staff, consultants, support staff and administration teams made the event a great success! All planned activities focused on building awareness that good hand washing forms the first line of defence against spread of illnesses. These events were organized by Ms Priyanka Giri, Infection Control Nurse and Ms Azra Momin, Nurse Educator, Fortis Hospital, Kalyan.

Fortis Hospital, Noida

To mark Global Handwashing Day on October 15, 2022, Fortis Hospital, Noida, organised a two-day awareness campaign, under the leadership of Capt Neelam Deshwal, Head of Nursing, Fortis Hospital, Noida. On Day 1, a team of nurses visited a school to impart knowledge about the importance of keeping hands clean. On Day 2, a talk was delivered by the Infection Control Officer, followed by a quiz session by ICNs and distribution of badges to attendants. Various activities were organised for active engagement of healthcare workers, including classroom training, oath taking, quiz competition, group discussion, fun activities and cake cutting.



Fortis Hospital, Anandapur



Global Handwashing Day was observed at Fortis Hospital, Anandapur, Kolkata, on October 15, 2022. The global campaign is dedicated to raising awareness of hand washing with soap as a key factor in disease prevention. Fortis Anandapur Team- Infection Prevention and control conducted an extensive campaign on the theme of 2022, 'Unite for universal hand hygiene.' Team Education and Quality together carried out roadshow, health education, demonstration, return demonstration on hand hygiene, steps, and moment of hand hygiene with Nurses, Doctors, Patients, and their family members. Spot quiz with prizes and gifts was the key attraction of the program.

Fortis Escorts, Okhla, New Delhi



In keeping with this year's theme for Global Handwashing Day (Unite for Universal Hand Hygiene) Fortis Escorts, Okhla, New Delhi, focused on fostering a culture of safety and quality by encouraging people to wash their hands with soap and water, which is

one of the best ways to get rid of germs. The event held on October 15, 2022, was led by the Infection Control Team, which organised multiple activities such as 'count the germs, spin wheel quiz, word puzzle and awareness session for healthcare workers' at all levels and all areas of hospital.

Senior clinicians including Prof (Dr) Ashok Seth, Chairman - Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, along with Mr Bidesh Chandra Paul, Head – SBU, Dr Amrita Gupta, Medical Director, and other staff came forward to sensitise and create an awareness on the importance of handwashing.

Fortis Hospital, Cunningham Road, Bengaluru



Fortis Hospital, Cunningham Road, Bengaluru, observed Global Hand Washing Day on October 17 and International Infection Control and Prevention Week 2022 for five days from October 17-21, 2022. The Global Handwashing Day event witnessed an initiative by ICNs wherein the team demonstrated the simplicity and value of clean hands in OPD, Lobby and patient areas, highlighting the importance of keeping hands clean by washing frequently. The Infection Control and Prevention Week focused on imparting knowledge about the hospital SOP, inter-departmental process, arrangement of articles for procedure in emergency, protection from germs and protection of others by wearing right PPE. The programme was inaugurated by Mr Anand Angadi, Facility Director, Fortis CG, Dr Shilpa Kyadiggeri, Hospital Infection Control Officer, Dr Harish Ambedkar, Hospital Infection Control Chairperson, Ms Jermin Roshini, CNO, Dr Aparna, Head-Medical Services, Mr Ranjith, Head-HR, Mr Vittal, Unit Head-Finance and Mr Narendra K, Unit Head-Administration. The events were a grand success with many fun filled learning activities with participation from many healthcare workers.

Meet Our Clinician



Prof. Dr. Gokulraj Dhanarajan
 Head – Department of
 Orthopaedics & Trauma
 Fortis Hospital, Vadapalani

Prof. Dr. Gokulraj Dhanarajan is the Head of Department of Orthopaedics and Trauma at Fortis Hospital, Vadapalani. A second generation Orthopaedics surgeon, Dr Gokulraj grew up seeing his father's clinical work from 11 years of age. He was deeply moved by the joy seen in a patient's face when they were able to get back to normal movement as they recover from a fracture or a joint surgery and could empathise with the pain they felt on being dependent on others. He fell in love with the field and was certain that he too wanted to do work that benefitted society.

Dr Gokulraj was also keen on playing with mechanical structures as a child and would often be found playing with garden tools and drills, breaking and mending them. Little did he know that this would help him in the future as he pursued his post graduation studies in orthopaedic surgery.

Dr Gokulraj completed his MBBS at Raja Muthaih Medical College, Anna Malai University Chidambaram, Chennai in 1991. After MBBS he completed a one year internship in hand and plastic

surgery in Stanley Medical College. He completed another year internship in orthopaedics at Royapettah Hospital, Chennai before pursuing MS Orthopaedics at Gulbarga university, Mahadevapa Rampurai Medical College in 1996.

He then joined Sri Ramamchandra Medical College, Chennai in 1996 as a tutor in Orthopaedics and continued in this position for over two and a half decades. He is a well respected teaching professional, passionate to share his knowledge on the field and has played an invaluable role in the blossoming careers of hundreds of orthopaedic surgeons. Dr Gokulraj has also served as the President of Madras Orthopaedics Association from 2018 to 2020.

To Dr Gokulraj, it is equally important for trained surgeons to continue to learn and grow in the field or as his college professor would express, "you have to run ahead of the mass and set your bar higher". He received training at Ludwig Maximilian University of Munich, Germany in Arthroplasty and Poly Trauma Skeletal Injuries under Prof. Wolfgang Mutschler 2001. He was also trained in Joint Replacement under Prof. Shuler at St. Vincent's Hospital, Karlsruhe Germany in 2010 and subsequently in Pelvis and Acetabular Surgery in Graz, Austria Prof. Dr Gokulraj has been invited to various National and International forums and conferences as a Faculty. He has authored multiple papers in leading National and International Publications.

Dr Gokulraj vehemently believes on the need to impart knowledge and was instrumental in establishing a connection with the prestigious Ivy League medical centre - DHMC University, New Hampshire, USA to facilitate cross border learning. This association meant a mutually beneficial learning experience for Post Graduates students, as this would give them an opportunity

to travel across the continents to experience training on best practises, new techniques, share knowledge on new technologies to each other. For those arriving from USA, it also meant discovering an economical approach to standard surgeries. This association spanned over 4 years from 2016 – 2020 with over 60 post graduate students switching borders.

Dr Gokulraj is amongst the handful of surgical specialists trained to execute kinematic joint replacement surgeries, a technique established in USA. He has performed over 400 knee and over 140 hip kinematic replacements since 2016. performed thousands of knee and hip replacement surgeries.

Dr Gokulraj believes that for patient's getting the most appropriate treatment for their health concerns can sometimes be a daunting prospect, and aims to help patients overcome the confusion and worry by providing clear, straight forward, options-based advice that would help patient's make an informed decision about the next step in their recovery – be it surgical, physiotherapy focused or manageable with medication.

He specializes in Kinematic Knee Replacement, Minimally Invasive Hip Replacement, Pelvic and Acetabular Fractures and Poly-Trauma Skeletal Injuries. He works with a team of orthopaedic surgeons, arthroscopy specialists, spine surgeons and nurses exclusively trained in orthopaedic care.

Dr Gokulraj has been awarded for his work by Solidarity Council of India, New Delhi in 2017; by Indo US Commerce Council in 2020 and even received a Fellowship Award from IGOF.

Currently Dr Gokulraj is working on establishing an association with Harvard University, USA to provide promising Orthopaedic Surgeons in India and opportunity to be trained in Harvard.

Meet Our Nurse

Durga Vaidya, Chief Nursing Officer, SL Raheja Hospital – A Fortis Associate



Since when are you associated with Fortis?

I have been associated with SL Raheja Hospital – A Fortis Associate as the Chief of Nursing since May 2021. However, my association with Fortis is for more than a decade!

What do you like the most about your work?

The empowerment I have in my role as Chief of Nursing! I am encouraged to voice my opinions, unlike at some of the other organisations I have been associated with. In turn, this helps me to plan and manage situations in the hospital as well as deploy my team according to their strengths. I look forward to interacting with my team. Each day needs new thinking, planning; and what motivates me is their faith and trust on my ability to steer them through.

How has your experience with Fortis been?

Brilliant! I have been able to successfully execute and sustain many nursing initiatives at my hospital. For instance, I initiated a hybrid model (non-COVID along with COVID patients) of care at our hospital after the second wave of COVID-19. I helped execute the “Virohan” programme, a pan-Fortis nursing induction program, for my new joinee nurses. Nursing manpower optimization has been a constant focus for me, with nursing engagement and attrition control being priorities. Structured nursing manuals have been designed to guide the Nursing Practice. I also oversee the effective use of Fortis Nursing Operating System (NOS) to monitor and improve nursing practice and outcomes. Nursing Training and Development initiatives to increase SLRH nurses’ visibility in the city and successful completion of re-certification assessment for NABH Nursing Excellence were also among the memorable aspects. Besides, I enjoy organising training and upskilling programmes for nurses such as the Nursing Simulation Workshop on high fidelity mannequin for Mumbai cluster nurses.

Tell us about your educational and professional achievements

Sure! Educationally, I am a Gold medalist in MSc Nursing and was felicitated as university topper by the Prime Minister of India’s office on January 26, 2009, Republic Day at Rajpath, New Delhi. I am also

an MPhil. Professionally, I am a Certified Critical Care Nursing Professional and Certified in Neuro Stimulation for Pain Management from Hospital de Morges, Switzerland. I have presented papers on Professionalism in Nursing, Patient Choice of Hospital-Influence of Safety Culture and many others at national and International forums and acknowledged with honours. I am an Executive Member of Association of Nurse Executives of India (ANEI) and Critical Care Nursing Society (CCNS), India, and a Life Member of Nursing Research Society of India (NRSI).

What are your hobbies & how do you make time for them given your hectic schedule?

My hobbies are reading and singing. My favourite authors are Robin Sharma, Simon Sinek, Sudha Murthy, Gaur Gopal Das, Swami Sukhbodhanand, Chetan Bhagat and Ruskin Bond among others. I am passionate about singing and music, adding a feather to my cap here as, I am a trained in Hindustani classical music for over four years, and I make good use of this skill by enjoying musical sessions with my elder brother, son and nephew during weekends!

Community Connect

Fortis Hospital, Anandapur, Kolkata, conducts lung health assessment camp for journalists



On the occasion of World Lung Day, Fortis Hospital, Anandapur, Kolkata, in association with the Press Club, Kolkata, organised a 'Pulmonary Health Assessment' Camp for journalists. The camp started with a session by Dr Shivaresmi Unnithan and Dr Angshuman Mukherjee, wherein they spoke about how lung health can be maintained and the things to be taken care of. After the session, the

participants underwent medical tests to understand their lung health, which included random blood sugar sampling, Pulmonary Function Test (PFT), weight check and blood pressure examination. The initiative was helmed by a multi-disciplinary team of doctors and technicians from Fortis Anandapur, Kolkata.

Support group program for head and neck Cancer warriors hosted at Fortis Hospital, Mulund



(L-R) Dr Anil Heroor, Dr S. Narayani, Dr Manisha Pathak and Dr Hitesh Singhvi at the lamp lighting ceremony

To mark National Cancer Awareness Day on November 7, 2022, Fortis Hospital, Mulund, organised a support group program for the head & neck Cancer warriors. Themed 'Back to Life, Back to Work', 130 patients with their relatives attended the event with much enthusiasm. A small walkathon was also organised outside the hospital building. This was followed by a training session hosted by teams from Physiotherapy and Dentistry. Subsequently, a check-up by head and neck Cancer Surgeon and a Medical Oncologist was hosted. On the day, a very exciting talent show was hosted which drew engaging performances by the Cancer warriors. The initiative was led by Dr Hitesh Singhvi, Consultant – Head & Neck

Cancer Surgery, with support from Dr Hardik Patel, Consultant – Physiotherapy and Ms. Rasika Parab, Nutritionist & Dietician. Dr S. Narayani, Business Head, Fortis Hospitals Maharashtra, Dr Manish Pathak, Medical Superintendent, and Dr Anil Heroor, HOD & Senior Consultant – Surgical Oncology, attended and supported the initiative.

Fortis Hospital, Noida, conducts Breast Cancer Survivors Meet



Fortis Hospital, Noida, organised a Breast Cancer Survivors Meet on October 28, 2022. The meeting was attended by more than 70 cancer survivors and caregivers. Dr Shanu Sharma, Medical Superintendent, Dr P. K. Sharma, Director - Medical Operations (IOSPL), Dr Jalaj Baxi, Senior Consultant - Surgical Oncology, Dr Shubham Garg, Senior Consultant - Surgical Oncology, Dr Kabir Rehamani,

Senior Consultant - Surgical Oncology, Dr Rajat Bajaj, Senior Consultant - Medical Oncology, Dr Ishu Gupta, Consultant - Medical Oncology, Dr Sandeep Sharma, Consultant - Radiation Oncology and Dr Tripti Saxena, Senior Consultant - Radiation Oncology also attended the meeting. The survivors shared their experiences and received guidance from the clinicians. The event was well appreciated by the attendees.

Fortis Escorts, Faridabad, organises Walkathon to mark World Stroke Day

Fortis Escorts, Faridabad, organised a Walkathon to mark World Stroke Day on October 29, 2022. Over 110 fitness enthusiasts participated in the event, which was flagged off by Dr Kunal Bahrani, Director -Neurology. The walkers covered a distance of 2.5kms. At the culmination of the event, the participants received T-shirts, certificates and badges as mementos.



Fortis Shalimar Bagh, New Delhi, organises Breast Cancer Survivors Meet



Fortis Shalimar Bagh, New Delhi, organised a Breast Cancer Survivors Meet on October 8, 2022. The meeting was attended by over 50 breast cancer survivors and care givers. Dr Vineeta Goel – Director & HOD – Radiation Oncology, Dr. Uma Vaidyanathan – Senior Consultant – Obs & Gynae, Dr. Arpana Jain – Director – Obs & Gynae, Dr. Shubha Garg – Consultant – Surgical Oncology, Dr. Sanjeevani Khanna – Director &

HOD – Obs & Gynae, Dr. Tripti Raheja – Senior Consultant – Obs & Gynae, Dr. Neha – Associate Consultant – Medical Oncology, Dr. Suhail Qureshi – Consultant – Medical Oncology also attended the meeting. The survivors shared their experience and received guidance from the clinicians. The event was well appreciated by all the invitees.

Over 125 people attend World Stroke Day event organised by Hiranandani Hospital, Vashi - A Fortis Network Hospital



On October 29, 2022, World Stroke Day was celebrated by Hiranandani Hospital, Vashi - A Fortis Network Hospital to raise awareness regarding Stroke. A seminar was conducted by the Stroke team along with other departments and hospital administration. Over 125 community members, including stroke survivors, Rotary Club members, senior citizen's groups, corporate groups, neighbouring housing societies and schools participated in the event. Dr Trupti

Rathod, Medical Superintendent, inaugurated the seminar. Mr Nitin Kamaria, Facility Director, emphasized on the need to create awareness about Stroke and the important role of doctors, hospitals and community leaders. Dr Pawan Ojha, Director - Neurology and Stroke Services, gave an excellent overview of Stroke, how to recognize it and bring the patient to a Stroke-ready hospital, and how such patients should be efficiently managed by rapidly using special diagnostic and therapeutic techniques to salvage the brain tissue at risk. Other speakers shared techniques of interventional procedures (Mechanical Thrombectomy and Carotid Angioplasty), rescue surgical procedures, stroke rehabilitation, stroke prevention with use of medicines and control of vascular risk factors such as BP, diabetes, cholesterol, homocysteine, smoking cessation, healthy diet and regular exercise. A panel discussion involving the Critical Care Team, Internal Medicine, Chest and ENT Team highlighted various other aspects of stroke management. The psychological aspects of Stroke on the patient, caregivers and their family were also discussed. This was followed by a question answer session where the audience interacted with the experts. The meeting concluded with distribution of Stroke Ambassador Mementos to the invited speakers and community leaders.

Over 60 nurses from across Delhi NCR hospitals participate in Stroke masterclass at Fortis Memorial, Gurugram



Group picture, after the workshop

On October 29, 2022, World Stroke Day was celebrated at Fortis Memorial Research Institute, Gurugram, to create awareness about Stroke and its management. A masterclass was conducted by the Nursing Team along with other departments and the hospital administration. Over 60 participants across from various hospitals participated in the event. The

Chief Guest, Prof (Dr) Anjana Dhal, President - Delhi Nursing Council & Principal, Florence Nightingale College of Nursing, New Delhi, inaugurated the workshop. Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj, highlighted the important role of doctors and nurses in managing the condition. Dr Praveen Gupta, Director - Neurology, gave an excellent overview of Stroke. Other speakers, including physicians, nurses, physiotherapists, dieticians and clinician coordinators also shared their knowledge. A quiz competition was conducted by Ms Merlin Gayathri, MSOG, which was the highlight of the masterclass.

Fortis Anandapur, Kolkata, conducts awareness session on World Stroke Day



Unveiling of the Pan India poster for World Stroke Day

On World Stroke Day, Fortis Hospital, Anandpur, Kolkata, conducted an awareness session to educate people about the importance of timely diagnosis and treatment of stroke. The session focused on the identification of stroke symptoms and types, lifestyle suggestions to prevent stroke, and how to treat patients who have had a stroke. The event was attended by more than 50 participants from in and around the vicinity, which also included nurses and medical staff. During the session, the doctors from the Neurology and Emergency department emphasized the importance of F.A.S.T which is an acronym used to detect signs and symptoms of a stroke. The session was concluded by unveiling the Pan India poster for World Stroke Day.

Fortis Hospital, Bannerghatta Road, Bengaluru, organises two-day 'Bengaluru Knee Course' for doctors



The Orthopaedics Team of Fortis Hospital, Bannerghatta Road, Bengaluru, under the guidance of Dr Narayan Hulse, Director – Orthopaedics, Bone & Joint Surgery and Dr Yogesh K, Senior Consultant -Arthroscopy and Sports Medicine, (Organising Secretary) organised a two-day master course called Bengaluru Knee Course on Arthroplasty, Arthroscopy, and Trauma around the knee on November 5-6, 2022. A first-of-its-kind course, Bengaluru Knee Course, was organised with a mission to ensure young budding surgeons in the state get comprehensive knowledge from basic clinical examination to the management of complex cases from eminent national faculties. The event witnessed a live Mako Robotic knee replacement performed by Dr Hulse (first in the state and Fortis Network of Hospitals) and a live Arthroscopic ACL surgery by Dr Abhay Narvekar, re-live video demonstrations, panel discussions and keynote lectures. A banquet was also organised for all the doctors post workshop. The two day event was a grand success with many industry experts sharing their experiences.

World Stroke Day 2022 celebrated at Fortis Hospital, Kalyan to create awareness



(Center) Host Dr Sudhir Gore & Ms Valsamma Joseph (R) at the Stroke awareness session

On the occasion of World Stroke Day 2022 on October 29, 2022, an informative session was hosted by the Nursing team and Dr Sudhir Gore, Head-Emergency Medicine, Fortis Hospital, Kalyan, for patient relatives. This session focused on - how to recognise signs and symptoms of Stroke at the earliest, and how to bring the patient to a tertiary care setup for astute management in time. During and after the session, patient relatives engaged with the host, Dr Gore, to have their Stroke-related queries answered. This initiative was spearheaded by Ms. Priyanka Giri, Infection Control Nurse and Ms. Azra Momin, Nurse Educator, Fortis Hospital, Kalyan.

International Infection Prevention Week celebrated at Fortis Hospital, Shalimar Bagh, New Delhi



International Infection Prevention Week was celebrated at Fortis Hospital, Shalimar Bagh, from October 16-22, 2022, by the Infection Control Department in collaboration with an external partner. The event commenced with the infection control pledge and moved towards training sessions on Healthcare Associated Infections (HAIs), specifically Central Line Associated Blood Stream Infections; cleaning and disinfection. Poster and quiz competitions were organised on floors, sessions were conducted for support staff and to raise public awareness about hand hygiene. The International Infection Prevention Week concluded with prize distribution and commitment towards infection prevention and control.

Infection Prevention Week celebrated at Hiranandani Hospital Vashi-A Fortis Network Hospital



Inauguration ceremony led by Facility Director Mr Nitin Kamaria & HODs

Themed 'INFENO - we say 'No' to Infection', teams at Hiranandani Hospital Vashi-A Fortis Network Hospital celebrated Infection Prevention Week from October 15-20, 2022. The initiative led by the nursing teams witnessed enthusiastic participation across all departments. The week-long initiative was kicked off by Mr Nitin Kamaria, Facility Director, Mohini Chandrashekhar, Chief Nursing Officer, Dr Trupti Rathod, Medical Superintendent, Sumit Dalvi, Infection Control Nurse, Dr Rekha Nair,

Infection Control Officer and the senior consultants.

The initiative began with the hand washing pledge-taking ceremony, followed by Hand Hygiene Survey (using WHO Tool), Community Connect session for 60 women from local NGOs, multidisciplinary debate competition on hand hygiene issues, model making competition on prevention bundles of Hospital Acquired Infections (HAIs), annual pan-unit training on Biomedical Waste Management, session on Antimicrobial Stewardship for Doctors, Nurses & Pharmacy teams, and a demonstration on "Culture Collection Competency" for nurses was initiated for coverage across the unit. This high-engagement initiative was thoroughly appreciated by consultants, employees and the administrative staff.

International Infection Prevention Week celebrated at Fortis Memorial, Gurugram



Flash mob

International Infection Prevention Week was celebrated from October 15 - 22, 2022, by the Infection Control Department at Fortis Memorial Research Institute (FMRI), Gurugram. The event was led by Dr Arti Gupta, Head - Lab Operations and Infection Control along with Dr Neha Rastogi Panda, Consultant - Infectious Diseases. It was a fun and educational week for all staff members. The event started with Hand Hygiene dance and flash mob. Exciting poster making, slogan writing and Rangoli competitions were organised, in keeping with the theme, 'Unite to Fight Infection.' A quiz and a panel discussion with senior clinicians was also organised. Infection Control Champion awards were distributed.

Fortis Hospital, Vasant Kunj, New Delhi, observes World Diabetes Day and National Children's Day



On the occasion of World Diabetes Day, the Dietetics Department of Fortis Hospital, Vasant Kunj, organised awareness activity in the OPD area. This included Diabetes-related diet education for all, footcare and how to deal with hypoglycaemia. Queries from the audience were answered by the team of dietitians. Also, free random blood sugar test and HbA1c was conducted for visitors. A quiz on diabetes was arranged and prize distribution was done for all the participants. Children's Day was also observed with colouring activity for all admitted kids, which saw active participation by all.

Fortis Hospital Ludhiana celebrated Children's Day by visiting an orphanage

On the occasion of National Children's Day on November 14, 2022, Management of Fortis Hospital Ludhiana celebrated Children's Day by visiting an orphanage in Lalton Kalan, Punjab, and spent quality time with the children; gifts & refreshments were distributed and everyone participated in fun activities. The occasion will be very memorable for everyone.



Fortis Hospital, Bannerghatta Road, Bengaluru Celebrates Children's Day



The Paediatric Department at Fortis Hospital, Bannerghatta Road, along with Ms Shobha Achaiah and Ms Sameena Hanif, Service Line Managers, under the guidance of Ms Joyce Jayasheelan, Lactation Consultant, organised a host of activities on the occasion of Children's Day. The event witnessed cake cutting ceremony and fun activities like quiz competition. The prize distribution for quiz competition was facilitated by Mr Akshay Oleti, Business Head, Bengaluru and Dr Priya Goutham, Medical Director, at Fortis Hospital,

Bannerghatta Road. Dr Hariram, Director – Paediatrics, Dr Yogesh Kumar Gupta, Consultant – Paediatrics and Dr Ashok MV, Consultant – Paediatrics at Fortis Hospital Bannerghatta Road, also participated in the event, which was a grand success with several children participating in the competition.

World Diabetes Day 2022, celebrated at Fortis Hospital, Mulund with much fanfare



Dr Sweta Budyal (center) giving away token of appreciation to the invitees



Dr Sweta Budyal (center) hosting a cake cutting ceremony with the invitees

Teams at Fortis Hospital, Mulund, Mumbai, celebrated World Diabetes Day 2022, by spreading awareness about different concerns related to Diabetes and its management. On the occasion, an informative and engaging session was hosted, for over 50 participants, by Dr Sweta Budyal, Senior Consultant-Endocrinology, Fortis Hospital, Mulund. The event also comprised of performances by kids having Type 1 Diabetes, across several competitions including dance, painting, poetry recitation and singing. The initiative was spearheaded by Manjusha Vinod, Manager-Community Connect, Fortis Hospital, Mulund.

World Diabetes Day 2022 observed at Fortis Hospital Kalyan



Demonstration by Ms Pratibha Shimpi, Patient Safety Officer



Dr Sudhir Gore, Head-Emergency Medicine, hosting a session on management of Hypoglycaemia & Hyperglycaemia at home

World Diabetes Day 2022 was observed at Fortis Hospital, Kalyan, on November 14, 2022. The event began with a session on awareness about signs and symptoms of Hypoglycaemia and Hyperglycaemia. This was followed by a demonstration by Ms Pratibha Shimpi, Patient Safety Officer, Ms Priyanka Giri, Infection Control Nurse and Dr Sudhir Gore, Head-Emergency Medicine, on management of Hypoglycaemia and Hyperglycaemia at home. This was followed by a role play by the Nursing Team. The ideal diet plan for diabetic patients was explained by Ms Sumaiya Ansari, Dietician. The initiative was spearheaded by Ms Priyanka Giri, Infection Control Nurse and Ms Pratibha Shimpi, Patient Safety Officer, Fortis Hospital, Kalyan.

Fortis Hospital Bannerghatta, Bengaluru in association with Fortis Cancer Institute host the 27th Annual Conference of Southern Chapter of Society of Nuclear Medicine (India)



The Department of Nuclear Medicine at Fortis Hospital, BG Road, Bengaluru, under the guidance of Dr Gayana S, organised the 27th Annual Meeting of the Southern Chapter of Society of Nuclear Medicine (India) from 13th-14th August 2022. The conference was a grand success with participation of eminent Nuclear Medicine physicians from South India. Over 180 delegates attended the conference and 21 abstracts were selected and presented during the conference. During the conference, Prof. N Ramadas Memorial Oration Award was bestowed upon Dr Sheela Chakravarthy, Director –Internal Medicine, Fortis BG Road, Bengaluru.

The conference was graced by many doctors from Fortis Hospitals, Bengaluru, including Dr Vivek Jawali, Chairman – Cardiovascular Sciences & the Executive Council of the Fortis Hospitals, Bangalore, Dr Mohan Keshavamurthy, Chairman – Renal Sciences Specialty Council, Fortis Hospitals (India) & Director Urology, Uro-Oncology, Andrology, Transplant & Robotic Surgery at Fortis Hospitals, Bangalore, Dr. Sandeep Nayak, Director – Surgical Oncology, Robotic & Laparoscopic Oncology, Fortis Cancer Institute, Bangalore, Dr Niti Raizada, Director – Medical Oncology and Hemato-Oncology, Fortis BG Road Bengaluru, Dr Suresh Babu, Senior Consultant – Medical Oncology, Fortis Rajajinagar, Bengaluru Dr Vivek Belathur, Senior Consultant – Medical Oncology, Fortis BG Road, Bengaluru, Dr Sudha Menon, Director – Department of Internal Medicine, Fortis BG Road, Bengaluru, Dr Chandran Gnanamuthu, Senior Consultant – Neurology, Fortis BG Road, Bengaluru, Dr Srinivas P Munigoti, Consultant Endocrinologist and Diabetologist, Fortis BG Road, Bengaluru, Dr Athira Ramakrishnan, Consultant ENT - Head & Neck Surgery, Fortis BG Road, Bengaluru, Dr Bharath G, Consultant – Surgical Oncology, Fortis Hospitals, Bengaluru, Dr Adil Hassan, Consultant - Medical Oncology, Fortis BG Road, Bengaluru and Dr Keshava R, Director - Interventional Cardiology, Fortis CG Road, Bengaluru among others.

Fortis Hospital, Mulund hosts health check-up camp for Mumbai and Maharashtra Police



Mr Sanjay Darade IPS Additional Commissioner of Police inaugurating the health camp

On November 16, 2022, Fortis Hospital, Mulund, hosted a health check-up camp for Mumbai & Maharashtra Police. The health check-up initiative was supported and inaugurated by Mr Sanjay Darade IPS, Additional Commissioner of Police. The camp witnessed enthusiastic participation from over 200 Police personnel who underwent checks for bone health, blood sugar, Body Mass Index (BMI), Body Composition Analysis (BCA) and eye check-up. The initiative was spearheaded by Corporate Sales Team at Fortis Hospital, Mulund.

Fortis Kalyan celebrates World Mental Health Day



Dr Fabian Almeida-
Psychiatrist



WMHD Participants

As part of World Mental Health Day celebrations on October 10, 2022, Fortis Kalyan organised a fun session for its employees under guidance of Dr Fabian Almeida, Psychiatrist. The staff members participated in the session and appreciated Dr Almeida for sharing his fun-filled insights.

Fortis Anandapur, Kolkata, observes Quality Week and Patient Safety Week



Inauguration ceremony

Fortis Anandapur successfully celebrated Quality & Patient Safety Week from November 7-12, 2022. The week-long celebration started with a welcome speech by Ms Banrishisha Basaiawmoit, Quality Head, on the theme, 'Quality Conscience- Doing what is Right,' followed by an opening speech from Mr Ashish Mukherjee, Facility Director, Dr Anuradha Mazumder, Medical Superintendent, Dr Sanjay Singh, HOD of Anaesthesia, Dr Sanjukta Dutta, HOD – Emergency, Dr Arindam Chakraborty, Infection Control Officer, Ms Doli Biswas, Chief Nursing Officer and other senior dignitaries. All the senior leaders and consultants wrote a pledge on safe and quality healthcare. Sessions were conducted by Dr Yashesh Paliwal, Director - Critical Care, on Medication safety while Dr Ramesh Agarwalla, Director - General & Laparoscopic Surgery, spoke about Quality & Patient Safety. The programme also had a poster making competition, highlighting the best practices and training on how to take up Quality Improvement Projects to improve patient care. The week concluded with the prize distribution to all the participants.

Fortis Hospital & Kidney Institute, Kolkata, celebrates 'Quality Week'



Quality and safe nursing practices was illustrated by means of colourful diagrams and flow charts. A training session on Braden Score & Pressure Ulcer, a poster-making competition on 'Patient Safety/IPSG' and a quiz competition on 'Quality & Safe Nursing Practice' were among the other initiatives to drive home the message. The winners of various competitions were recognized at the concluding session. The event drew to a close with a 'Vote of Thanks' by Senior Consultants and Mr Subhendu Prakash, Facility Director - FHKI-FMC.

Quality Week was celebrated at Fortis Hospital & Kidney Institute (FHKI), Kolkata from November 8-15, 2022. The week-long event was inaugurated on November 9 with a cake-cutting ceremony, followed by a presentation on the CQI theme – "Quality Conscience: Doing the right thing" by Sister Sathya Ananda Kumar, CNO, FHKI & FMC. A road show on building 'Quality' awareness among nurses wherein the import of

Fortis Hospital, Bannerghatta Road, Bengaluru organises 'Baby Shower' for moms-to-be



Following which Mrs Joyce Jayaseelan, Lactation Consultant delivered a talk on benefits of breast feeding. The baby shower also witnessed Ms. Dharitri Rajbangshi, Senior Physiotherapist, Fortis BG delivering a talk on abdominal muscle exercise and importance of Lamaze Classes during pregnancy followed by warm wishes from Dr. Gayathri D Kamath, Senior Consultant - Obstetrics & Gynaecology, Dr. Mangala Ramachandra, Senior Consultant - Obstetrics & Gynaecology and Dr. Anu Sridhar, Senior Consultant Obstetrics & Gynaecology. The event was a grand success with many to be parents sharing their experiences.

NEST Team at Fortis Hospital, Bannerghatta Road, Bengaluru, organised a baby shower for moms-to-be on November 19, 2022. The event witnessed awareness talks by experts and clinicians, fun activities like games, instant photography, cake cutting ceremony etc. The event commenced with a welcome speech on importance of pregnancy and how to be connected to a new born by Dr Parimala Devi, Senior Consultant - Obstetrics & Gynaecology who also sang a beautiful song which was dedicated to all the pregnant

Hiranandani Hospital, Vashi – A Fortis Network Hospital, joins hands with Indian Wheelchair Tennis Tours Mumbai Open 2022, as the official medical partner



IWTT team with the medical & nursing teams, led by Chetan Surani, Sales & Marketing Head-Hiranandani Hospital, Vashi (fifth from right)



A player in action

Mumbai Open 2022, the 11th tournament of Indian Wheelchair Tennis Tours (IWTT) in India, was for the first time hosted in Navi Mumbai, Maharashtra, at the Navi Mumbai Sports Association Tennis Complex, Vashi from November 2-5, 2022. Hiranandani Hospital, Vashi – A Fortis Network Hospital, joined in as the official medical partner for the tournament. At the tournament, people from Navi Mumbai and beyond witnessed the grit and determination of men and women with disabilities as they competed for top slots in singles and doubles events for men and women.

'Pregnancy Carnival' for parents-to-be hosted at Fortis Hospital, Mulund



(2nd from left) Dr Sonal Kumta, Senior Gynecologist, Fortis Hospital, Mulund with parents to be



(R) Dr Sangeeta Raodeo, Gynaecologist, Fortis Hospital, Mulund with the invitee

Fortis Hospital, Mulund, recently hosted a pregnancy carnival for parents-to-be. The carnival comprised of informative sessions hosted by Dr Sonal Kumta, Senior Consultant-Gynecology & Dr Sangeeta Raodeo, Consultant-Gynecology focused towards antenatal mothers. The carnival highlights included photo shoot, Karaoke session and fun games for couples. The carnival was attended by 18 couples.

Fortis Hospital, Noida organises Pre-conference Workshop: Stillbirth in Your Practice



The Department of Obstetrics & Gynaecology, Fortis Hospital, Noida, in association with Noida Obstetric & Gynaecological Society organised a pre-conference workshop of 22nd Annual Conference of Noida Obstetrics & Gynaecology Society on 'Still Birth in Your Practice' on October 14, 2022. The workshop was organised under the leadership of Dr Aradhana Singh, Associate Director – Obstetrics & Gynaecology, Fortis Hospital, Noida and Organising Chairperson, President – Noida Obstetric & Gynaecological Society. The workshop was inaugurated by Mr Mohit Singh, Zonal Director, Fortis Hospitals Limited, Dr Shanu Sharma, Medical Superintendent, Fortis Hospital, Noida, Dr Monica Wadhawan, Associate Director, Obstetrics & Gynaecology, Fortis Hospital, Noida apart from guests, including Dr Uma Sharma, Dr Rakhi Singh, Dr Sujata Bhatt and Dr Uma Ram. The workshop focused on the

clinical and practical management of stillbirth. The four-hour workshop had 10 lectures and a panel discussion. The event was attended by around 80 gynaecologists from Noida, Delhi, Ghaziabad, Greater Noida and Chennai. The workshop was well appreciated by the gynaecological fraternity and was also awarded 2 ICOG (Indian College of Obstetrics & Gynaecology) credit points to all the attendees.

Fortis La Femme, GK-2, New Delhi, installs sanitary napkin vending machine at Jesus and Mary College



In an effort to spread awareness about women's health and hygiene, Fortis La Femme, GK 2, New Delhi, has collaborated with the prestigious Jesus and Mary College of Delhi University to install a sanitary napkin vending machine in the college campus, on December 16, 2022. Fortis has shouldered the responsibility of the machine's upkeep and will ensure that it is adequately stocked at all times. The initiative received appreciation from the principal, faculty, administration and students. The academic team has also shown interest in associating with Fortis, including for talks by Gynaecologists as part of their teaching curriculum. Jesus and Mary College is currently the only college under Delhi University to offer an honours degree in Healthcare.

Fortis Hospital, Ludhiana, organises meet for Cancer warriors



On December 16, 2022, Fortis Hospital, Ludhiana, organised a meet to honour cancer warriors, who fought the battle and emerged as heroes. The event was an emotional boost and motivation for other patients suffering from cancer and their family members. Over 50 cancer survivors attended the event. Dr Vishvadeep Goyal, Zonal Director, Fortis Ludhiana & Amritsar, and several eminent oncologists, including Dr Harish Matta, Additional Director - General & Oncology Surgery, Dr Parveen Kaur, Additional Director - Radiation Oncology, Dr Davinder Paul, Senior Consultant - Medical Oncology, Dr Anish Bhatia, Associate Consultant - Surgical Oncology and Dr Ravinder Singh Sidhu, Senior Consultant - Nuclear Medicine, attended the event.

Fortis C-DOC, New Delhi, observes World Diabetes Day



Dr Anoop Misra, Chairman – Fortis C-DOC, delivering a speech at the event

Fortis-C-DOC, New Delhi, celebrated World Diabetes Day November 14, 2022. A Mega Camp was organised within the hospital premises on the occasion. The event was inaugurated by Dr Anoop Misra, Chairman - Fortis C-DOC and Mr Bidesh Chandra Paul, Zonal Director, in the presence of senior clinicians and hospital staff. A large number of neighbourhood residents and patients availed of complimentary blood sugar and HbA1c tests, and received free consultation on Obesity and Bariatric Surgery.

Events

Fortis Psych-ED, India's biggest psychology quiz for school kids, concludes after thrilling finale



Winners - Navy Children School, Mumbai



1st Runner up - Christ Junior College, Bengaluru



2nd Runner up - Mayoor School, Ajmer

Fortis Psych-ED, India's biggest psychology quiz for schools concluded its National Finale on November 24, 2022. 12,000 students from 900 schools located in over 200 cities took part in this quiz. Of the 7 national finalists, Navy Children School, Mumbai, emerged as the National Winners. They were closely followed by Christ Junior College, Bengaluru, as the 1st Runner up and Mayoor School, Ajmer, as 2nd Runner up. Dr Ashutosh Raghuvanshi, MD & CEO, felicitated the winners with trophies, certificates and other prizes.

This initiative is conducted under the aegis of Fortis School Mental Health Program led by Dr Samir Parikh.

Department of Pulmonary, Critical Care and Sleep Medicine at Fortis Hospital Vasant Kunj, New Delhi organises a Sleep Medicine Workshop at NAPCON, 2022



Dr J C Suri



Dr Ayush Gupta

The Pulmonary, Critical Care and Sleep Medicine Department of Fortis Hospital, Vasant Kunj, led by Prof (Dr) Jagdish Chander Suri, organised a workshop on Sleep Medicine at the National Pulmonary Conference (NAPCON) 2022 held at Udaipur on November 10, 2022. Dr Ayush Gupta, Senior Consultant also gave multiple sessions and hands-on training in the workshop to educate the delegates who came from all over the country. Other prominent faculty members were from AIIMS, Safdarjung and ESI hospital, Delhi. The academic content and the didactic lectures were well appreciated by the audience and the faculty was felicitated by the organising committee for their effort.

Fortis Hospital, Vadapalani, Chennai, participates in mega blood donation drive



Dr Shanmugha Priya RA along with the Blood Centre Team and the organisers of the event

The Blood Centre Team at Fortis Hospital, Vadapalani, Chennai, participated in a mega blood donation drive organised across 2000 places in India on September 17, 2022, in association with an external partner. The event was endorsed by the State Blood Transfusion Council and the State Drugs Control Office. "The total whole blood collected through this drive was around 33 bags. As one bag of blood can save up to three lives, we are looking forward to helping a large number people who are in need of blood. We salute the bravery of the donors," said Dr Shanmugha Priya of the Blood Centre.

Community Connect Team of Fortis Mulund conducts eight events in a day, benefiting 1,200 people



On September 17, 2022, the Community Connect Team of Fortis Hospital, Mulund, organised eight activities and provided medical care services to more than 1200 people in a day. The activities included health talks by dieticians Maitri Gala and Shikha, basic health check-up, eye and dental check-ups at various locations. A blood donation camp with was also organised. Manjusha, Jaseem and Avinash, members of the Community Connect Team, conducted the events.

Fortis Anandapur, Kolkata, launches city's first-ever Arthritis Wellness Club



The doctors at the launch along with Mr Ashish Mukherjee, Facility Director

Fortis Anandapur, Kolkata, launched the first-ever Arthritis Wellness Club in the city at the Press Club Kolkata on October 22, 2022. The event was attended by senior clinicians including Dr Arghya Chattopadhyay, Rheumatologist and Dr Ronen Roy, Director – Orthopaedics. Mr Ashish Mukherjee, Facility Director, was also present on the occasion.

Fortis Hospitals, Mumbai get together to launch Mumbai Fortis Chapter of Peri-Operative Forum of India



Participants at the POFI event

Fortis Hospitals, Mumbai, in collaboration with external partners, initiated the Mumbai Fortis Chapter of Peri-Operative Forum of India (POFI) on December 9, 2022. The platform aims to enable OR nurses and technicians voice their opinion and feedback about professional matters, exchange ideas and discuss best practices. The forum also intends to formulate guidelines after interacting with nurses and doctors from across the country and worldwide. The inauguration ceremony commenced with lamp lighting followed by a welcome address by Ms Minimole Varghese, Chief Nursing Officer and Ms Ruby Lobo, OT Manager, Fortis Hospital, Mulund. After an introduction to POFI, several technical sessions were held, including 'Prevention of Infection in OR' by Ms Sandhya Raut, Ex Nursing Officer, Infection Control Department, Tata Memorial Hospital and 'IPSG4 - Ensure Safe Surgery' by Ms Bincy Sunil Thomas, Nurse Educator, Fortis Hospital, Mulund. Hosted at Fortis Hospital, Mulund, the event was attended by 43 participants including peri-operative nurses, ICN, In-charges, Educators and OT Technicians from Fortis Hospital Kalyan and Mulund, Hiranandani Hospital, Vashi and S L. Raheja Hospital, Mahim, and was well appreciated.

Fortis Noida organises blood donation camp for Amul employees on the occasion of National Milk Day



On the occasion of National Milk Day on November 26, 2022, Fortis Hospital, Noida, organised a blood donation camp in association with Amul – an Indian dairy State Government cooperative society, based out of Anand, Gujarat, at the hospital premises. A total of 52 Amul employees came forward for voluntary blood donation. They were honoured and thanked for this noble cause. National Milk Day is celebrated on the birth anniversary of Dr Verghese Kurien, the 'Father of the White Revolution' in India.

Fortis Hospital, Vasant Kunj, New Delhi, organises cyclothon to raise awareness about healthy heart

Fortis Hospital, Vasant Kunj, organised a cyclothon in association with Vasant Kunj Cycling Club to raise awareness about healthy heart. The event was flag offed by Dr T. S. Kler, Chairman - Cardiac Sciences at Fortis Hospital, Vasant Kunj and Fortis Memorial Research Institute, Gurugram. A total of 25 cyclists attended the event. The total distance of 30 kms was covered in two hours.



Fortis BG Road, Bengaluru, feted by World Alliance for Breastfeeding Action (WABA) and Breastfeeding Promotion Network Of India (BPNI)



Fortis Hospital, Bannerghatta Road, Bengaluru, was felicitated by the World Alliance for Breastfeeding Action (WABA) as well as Breastfeeding Promotion Network Of India (BPNI) on October 18, 2022, for its breastfeeding promotion initiatives undertaken throughout the World

Breastfeeding Week (August 1-7). Fortis BG Road was among the 20 hospitals selected out of 54 entries from across the country. WABA and BPNI are organisations dedicated to the protection, promotion and support of breastfeeding worldwide. Fortis Bannerghatta Road's team of Obstetricians and Gynaecologists along with Paediatricians, the Nursing team, the Nest team, the Nutrition Department and the Lactation Clinic conducted 12 programs during the week, which included a training program, various competitions for staff and patients and webinars. An inaugural ceremony to kick off the week long activities was organised which was graced by Business Head of Fortis Hospitals, Bengaluru, HODs, doctors and nurses at Fortis Hospital, Bannerghatta Road.

Engagement

Fortis Shalimar Bagh, New Delhi, celebrates World Physiotherapy Day



Team Physiotherapy with Chief Consultants of Fortis Shalimar Bagh

World Physiotherapy Day was celebrated at Fortis Hospital, Shalimar Bagh, New Delhi, on September 8, 2022. Mr Deepak Narang, Facility Director, spoke on the occasion and explained the importance of physiotherapy in modern day surgical and medical management. Mr Rajiv Kapur, Head – Administration; Mrs Girja Sharma, Head – Nursing; Ms Shubhra Saxena, Head – HR; Dr Sonal Gupta, Director – Neurosurgery; Dr Umesh Deshmukh, Director – Anaesthesiology and Dr Vivek Shrivastava PT, Head – Physiotherapy also shared their thoughts. The programme also included inter-college debate and poster competition on the topic, 'Traditional Vs Latest Approaches in Physiotherapy.' The Physiotherapy Team, which enrolls national and international students, presented cultural programmes. Fortis Hospital, Shalimar Bagh, offers clinical training in nine rotatory departments in a systematic manner for all the trainees. The event concluded with an award function which honoured the physiotherapists at the hospital for their unparalleled services throughout the year and especially during the COVID waves.

tava PT, Head – Physiotherapy also shared their thoughts. The programme also included inter-college debate and poster competition on the topic, 'Traditional Vs Latest Approaches in Physiotherapy.' The Physiotherapy Team, which enrolls national and international students, presented cultural programmes. Fortis Hospital, Shalimar Bagh, offers clinical training in nine rotatory departments in a systematic manner for all the trainees. The event concluded with an award function which honoured the physiotherapists at the hospital for their unparalleled services throughout the year and especially during the COVID waves.

Fortis Hospital, Cunningham Road, Bangalore, celebrates World Physiotherapy Day



The Department of Physiotherapy at Fortis Hospital, CG Road, Bangalore, under the guidance of Dr Mazhar Khan S, Head – Physiotherapy, organised a host of activities at the facility to mark World Physiotherapy Day on September 8, 2022. The event witnessed cake cutting ceremony, fun activities to test fitness level and sessions on tips and tricks to prevent injury in daily work routine, myths and art of exercise, dos and don'ts regarding prevention on osteoarthritis and ergonomic design of work place, among others. The event was a grand success wherein several staff were seen sharing their experiences.

Fortis Hospital, Bannerghatta, Bengaluru, celebrates World Physiotherapy Day with senior citizens



Fortis Bannerghatta Road, Bengaluru, under the guidance of Ms Jitha Joseph, Head – Physiotherapy, organised an event for senior citizens on the occasion of World Physiotherapy Day. Considering this year's theme for the day, Osteoarthritis, knowledge sharing sessions on osteoarthritis and importance of exercise for senior citizens were conducted by the team which were delivered by Dr Rajashekar KT, Senior Consultant Orthopaedic & Joint Replacement Surgeon,

Fortis BG and Dr Sheela Chakravarthy, Director - Internal Medicine respectively. The event also witnessed a talk on physiotherapy for arthritis patients followed by a Q&A session, fun exercise program and a game (musical chairs) for senior citizens. The event was very insightful and a grand success with an attendance of over 45 senior citizens.

Fortis Hospital, Cunningham Road, Bengaluru Observes World Radiography Day



The Department of Radiology and imaging at Fortis Hospital, CG Road, Bangalore under the guidance of Mrs Kamali Kumaresh .S Head – Radiology organised an event on the occasion of World Radiography Day on November 8, 2022. The event witnessed lamp lighting, cake cutting ceremony and decoration of the department with collection of old to new imaging technology poster cards for the Radiation safety and growth in Department of Radiology which is observed across the world. The event was a grand success with participation from management Radiation safety officer, Radiologists and several staff.

Fortis Escorts, Okhla, New Delhi, celebrates International Housekeeping Week



Fortis Escorts, Okhla, New Delhi, celebrated International Housekeeping Week from September 11-17, 2022. The initiative was taken by the Housekeeping Team and activities such as Swachh Fortis drive, tree plantation drive, clean drive, bed making competition, poster making competition, rewards for outstanding workers, computer cleaning drive and Bottle Garden. The Bottle Garden is constructed on the principle of 3R's (Reducing waste, Reusing and Recycling resources and products) on the occasion of International Housekeeping Week 2022. Waste plastic bottles were used to make the bottle garden. After sanitization, these bottles were given a good shape and beautiful flowers were planted in them. This was done with the tireless efforts of all the Housekeeping and Maintenance staff. The Bottle Garden was inaugurated by Dr Atul Mathur and during the event, Mr Bidesh Chandra Paul, Head - SBU, Ms Sangeeta Dua, Head - Administration and Mr Mukesh Kumar, Unit Head - Housekeeping and all the HODs were present.

SL Raheja Hospital, Mahim - A Fortis Associate, observes Housekeeping Appreciation Week



Housekeeping Appreciation Week was observed from September 11-17, 2022 at SL Raheja Hospital, Mahim - A Fortis Associate. The hard work and the sincere efforts put in by the housekeeping team was highlighted and thoroughly appreciated. All housekeeping staff members of the hospital were appreciated and gifted chocolates by patients, nurses, consultants and the management team. As part of recognising and appreciat-

ing their efforts, a cake cutting ceremony was also organised, which was attended by the key leadership team members along with the Housekeeping manager and the supervisor's team. The team was also given a Dil Jeet Liya Aapne (Green Card) as a token of appreciation.

Fortis Escorts, Okhla, New Delhi celebrates World Pharmacist Day



Fortis Escorts, Okhla, New Delhi celebrated 'World Pharmacist Day' to recognise the contribution of hospital and clinical pharmacist towards the healthcare. The day was celebrated in the presence of Dr Praveer Agarwal – Executive Director, Interventional Cardiology, Dr Pankaj Puri, Director – Gastroenterology & Chairman - Unit

PTC, Mr Bidesh Chandra Paul – SBU Head & Zonal Director, other Clinicians, and Team FEHI. This special day aimed to showcase pharmacists and their positive effect on health. The theme selected as 'Pharmacy United in action for a Healthier World!' This year's theme aimed to showcase pharmacy positive impact on health around the world and to foster solidarity among the professionals.

Pharmacists are a trusted source of knowledge and advice, not only for patients but also for healthcare professionals. For every patient who comes into a pharmacy, pharmacists ensure that the right medicine is provided at the right dose and in the most suitable formulation. They work with other healthcare professionals to ensure that every individual receives optimal treatment. The day was celebrated with full of enthusiasm by the entire team with lamp lighting, recognitions and awards, appreciation and cultural programmes.

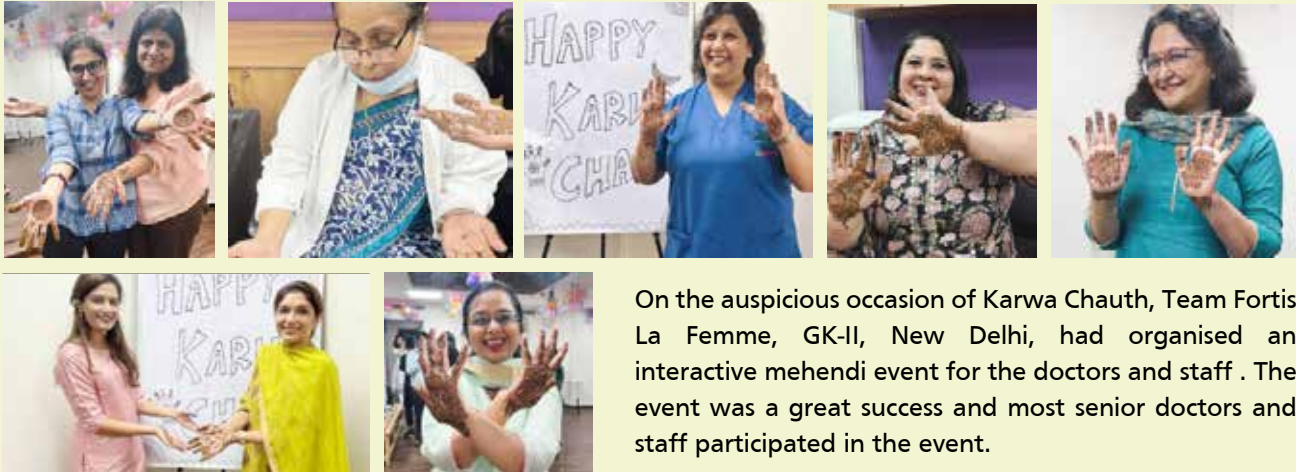
Fortis Hospital Noida organises in-house 'Critical Care Certified Course'



Participants of Critical Care Certified Course

Fortis Hospital, Noida, organised the first batch of Critical Care Certified Course for nurses working in all critical areas, from October 17-21, 2022. The programme was inaugurated by Mr Mohit Singh, Head -SBU, Dr Shanu Sharma, Medical Supertident, Capt. Neelam Deshwal, Chief Nursing Officer, Dr Mrinal Sarkar, Dr Anurag Aggarwal, Dr Saurabh Mehra, Dr Varun Jain and nursing in-charges. The first batch had 12 participants from critical care units. Extensive training session with hands-on practice was organised by Education Team under the guidance of Capt. Neelam Deshwal, Chief Nursing Officer and the valuable inputs received from critical care physicians. The goal of the course to help in improving the skills and confidence of the nurses and enable them to deliver safe and quality patient care. The programme aimed at providing extensive insights & skills by teaching critical care nursing procedures, patient physical assessment in critical care unit, hemodynamic monitoring, ECG & ABG analysis and hands-on practice of defibrillator, ventilator and HFNC to achieve the best possible outcome for individuals in critical unit.

Karwa Chauth event for doctors and staff held at Fortis La Femme, GK-II, New Delhi



On the auspicious occasion of Karwa Chauth, Team Fortis La Femme, GK-II, New Delhi, had organised an interactive mehendi event for the doctors and staff. The event was a great success and most senior doctors and staff participated in the event.

Fortis Hospital, Anandapur, Kolkata, conducts certificate programme on 'Role of COVID Frontline Workers



A unique collaborative public-private partnership supported by the National Skill Development Corporation for transforming the skill landscape by the Association of Healthcare Providers India (AHPI) for coordination and advocacy amongst its member hospitals, Skilled India powered by KEDMAN for technology-knowledge program implementation, Global Health Care College Sweden for quality control and subject matter expert. Fortis Hospital Anandapur started this programme on January 19, 2022 with 30 ANM Nursing Assistants of Fortis Hospital, Anandapur; Fortis Medical Centre and Fortis Hospital & Kidney Institute, Kolkata. Key focus was Healthcare Capacity Building it has been conceptualized in 2nd wave of COVID when challenges posed on two accounts - shortage of COVID frontline workers and those who were working were not COVID trained. After 21 days theory online class and assessment along with worksheet completion trainees proceeded for two months on-job training. After final assessment trainees got their certificates and will get certain amount of stipend shortly. The programme SPOC Infection Control Nurse Manager was Captain Nivedita Ganguly. Trainers were Nurse Educators, Purba Das and Alka Samal from Fortis Anandapur. After completion the participants are confident now to face all types of outbreaks. The trainers also did a commendable job throughout the course. The program is effective and prestigious for the organization.

Dr Ashu Abhishek of Fortis Memorial, Gurugram, participates in 'Ultra Satellite World Championship' ultra-marathon as part of Team India squad



Dr Ashu Abhishek with the Indian flag after completing the championship

For over two years, Dr Ashu Abhishek, Additional Director & HOD - Radiation Oncology, Fortis Memorial Research Institute, Gurugram, has been following a punishing running and training schedule, apart from his hectic work, to pursue his dream of being a marathoner. On October 15, 2022, his dream came true as he competed in the Big Dog's Backyard Ultra Satellite World Championship as part of the 15-member Team India squad. Several teams from across the world participated in the event held in Gurugram. Dr Abhishek's team completed the event by running 119.5 kms in 17 hours.

Fortis Escorts, Okhla, New Delhi conducts workshop on 'Materiovigilance Program of India (MvPI)'



A workshop on Materiovigilance Program of India was conducted at Fortis Escorts, Okhla, New Delhi, on October 13, 2022, in the presence of Dr Sunil Dhole, Director & Head - Anesthesiology, Dr Amrita Gupta, Medical Director, and other departments to improve patient safety and welfare by monitoring adverse events related to medical devices. The overall mission is to safeguard public health by ensuring that the benefits of use of medical devices outweigh the associated risks. Indian Pharmacopoeia Commission (IPC) recognises Fortis Escorts, Okhla, as a Medical Devices Adverse Monitoring Centre (MDMC) under the MVPI program of Ministry of Health & Family Welfare, Govt. of India. Mr Vikas Goyal, Head - SCM & Coordinator - MDMC, stated that the objective of this program was to improve the protection of the health and safety of patients, healthcare professionals and others by reducing the likelihood of reoccurrence of an adverse event associated with the use of medical devices. The team from IPC comprised of Ms Nikita and Mr Rohit, who shared the details about the structure and functioning of MvPI program, medical devices adverse events, reporting structure, H4W about reports and reporting of ADR along with the benefits of this program. The workshop was well appreciated by the Medical Director, CNO and paramedical teams

Fortis Ludhiana organises workshop for doctors on laparoscopic hernia and minimally invasive haemorrhoidectomy



Fortis Ludhiana, along with an external partner, conducted a live workshop on laparoscopic hernia and minimally invasive haemorrhoidectomy repair. Five surgeries were performed by Dr Harish Matta, Additional Director - General & Oncology Surgery. A number of surgeons from across the region attended the workshop and had the opportunity to learn the novel procedures.

Multi-speciality mock drill for peri-mortum C-section in Cardiac Arrest pregnant female conducted at Fortis Hospital, Vasant Kunj, New Delhi



CPR Training

Multi-speciality mock drill for peri-mortum C-Section in Cardiac Arrest pregnant female as per AHA guidelines 2020 driven by Dr Mohammad Nadeem, Head -Emergency, was conducted on September 12, 2022, to create awareness and promptness among multi-speciality doctors to manage Emergency C-Section and baby handing over to neonatologists irrespective of patients location (clinical or non-clinical area) and continue effective CPR as per ACLS protocol. Obstetrics, Neonatology, Critical Care, Blood bank teams and other team members participated in the drill. "Preparedness of the multispecialty teams in effectively managing situations is paramount and this drill enabled just that. The initiative aimed at strengthening the existing safety system, it further enabled our teams to understand effective ways of handling emergency situations, which is a crucial step towards safeguarding our patients".

Neonatal Resuscitation Training Programme for nurses held at Fortis Shalimar Bagh, New Delhi



Group photo with Neonatology Clinicians, Nursing Education Team & NRP participants

Fortis Hospital, Shalimar Bagh, New Delhi, organised a one day Neonatal Resuscitation Training Program (NRP) for Nurses on September 4, 2022. The training sessions was conducted by Dr Vivek Jain, Director & HOD Neonatology, Dr Akhilesh, Senior Consultant & NICU In-charge, Dr Pramod Kumar Singh, Consultant-Neonatology and Neonatology team.

The Neonatal Resuscitation Program (NRP) conveys an Evidence-Based approach to care of the new-born at birth and facilitates an effective team-based care for healthcare professionals. The session utilized a blended learning approach, which consisted of The New Born Resuscitation Algorithm, Endotracheal Intubation, Hands-On Case-Based Simulation & Debriefing. The primary focus was on critical leadership, communication, and team-work skills. 36 Nurses participated and successfully completed the programme.

15 nurses at Fortis Escorts Hospital, Jaipur, undergo Critical Care Enhancement training



15 nurses from various wards successfully underwent a three-month Certified Nursing Critical Care Enhancement programme at Fortis Escorts Hospital, Jaipur, recently. The programme aimed at enabling them to work efficiently in ICUs, thereby providing a job enhancement opportunity. The trainees were selected on the basis of their competency and performance evaluation. The trainee nurses learnt how to take care of critically ill patients in an ICU setting, the physical assessments required, the risk assessment process and other technicalities, including line insertion, caring for lines and drains, infection control protocols, biomedical equipment used in ICU, basics of ECG & ABG and handling patients on ventilators, among others. The sessions were facilitated by the Critical Care HODs, intensivists, Cardiologist, Infection Control Team, senior clinicians and the Nursing Education Team.

Fortis Hospital, Nagarbhavi, Bengaluru recognises staff for exemplary patient care



Fortis Hospital, Nagarbhavi, Bengaluru appreciated staff across departments on August 13, 2022. The spot recognition was facilitated by Ms Thejaswini Parthasarathy, Facility Director, Fortis Nagarbhavi, on floor. Staff from various departments such as Security, Housekeeping, Clinicians, Nurses, Paramedical, IPD & OPD were appreciated for their tremendous work towards patient care. An appreciation card along with a badge, 'Fortis Pride' was given to each department by the Facility Director.

'Stop Pressure Injury Day' observed at Fortis Hospital, Vasant Kunj, New Delhi



Fortis Hospital, Vasant Kunj, New Delhi, observed Stop Pressure Injury Day on November 18, 2022. The session was attended by healthcare professionals from across the hospital. The participants took a pledge to renew their commitment to prevent pressure injuries. Ms Aswini Sarikonda, Chief of Nursing, delivered a valuable key note address on pressure injury prevention and management. The event concluded with a cake cutting ceremony in the presence of Mr Yashpal Singh Rawat, Facility Director, Dr Ruchi Ranawat, Medical Superintendent, Ms Aswini Sarikonda, Chief of Nursing, Mr Kavish Behl, Head - Human Resources, Mr Raju Kumar Pandey, Nurse Educator and Nursing staff members.

'Stop Pressure Injury Week' is observed during the third week of November every year, under the aegis of the European Pressure Injury Advisory Panel (EPIAP).

Awards & Accolades

Dr Ashutosh Raghuvanshi honoured with FICCI's 'Healthcare Personality of the Year Award 2022'



Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, has been honoured with the prestigious 'Healthcare Personality of the Year Award 2022' by the Federation of Indian Chambers of Commerce and Industry (FICCI). Dr Raghuvanshi received the award in recognition of his valuable contribution and exemplary work in the country's Healthcare sector. The award was presented by Smt Smriti Zubin Irani, Hon'ble Cabinet Minister,

Ministry of Women & Child Development & Ministry of Minority Affairs, Government of India, who was the Chief Guest at the 14th edition of the FICCI Healthcare Excellence Awards held in New Delhi on October 11, 2022.

Dr Ashok Seth honoured with FICCI's 'Lifetime Achievement in Healthcare Industry Award'

Prof (Dr) Ashok Seth, Chairman - Fortis Escorts Heart Institute, New Delhi, and Chairman - Fortis Healthcare Medical Council, has been honoured with the prestigious 'Lifetime Achievement in Healthcare Industry' recognition by Federation of Indian Chambers of Commerce and Industry (FICCI). Prof (Dr) Seth received the award for his



valuable contribution and exemplary work in the Healthcare sector. The award was presented by Smt Smriti Zubin Irani, Hon'ble Cabinet Minister, Ministry of Women & Child Development & Ministry of Minority Affairs, Government of India, who was the Chief Guest at the 14th edition of the FICCI Healthcare Excellence Awards held in New Delhi on October 11, 2022.

Prof (Dr) Ashok Seth felicitated by Cardiological Society of India (Delhi Branch), Indian Academy of Biomedical Sciences and American Association of Cardiologists of Indian Origin



Prof (Dr) Ashok Seth



Felicitation from American Association of Cardiologists of Indian Origin



Dr Seth being honoured by Indian Academy of Biomedical Sciences



Dr Seth receiving Cardiological Society of India's Lifetime Achievement Award

Prof (Dr) Ashok Seth, Chairman - Fortis Escorts Heart Institute, New Delhi, and Chairman - Fortis Medical Council, has been awarded with the 'Life Time Achievement Award for Year 2022' at the 36th Annual Conference of the Cardiological Society of India (Delhi Branch) on March 26, 2022. He has been awarded with the 'Padma Shri Prof Mahdi Hasan Award 2021' for outstanding contribution in the field of Clinical Sciences, especially in Cardiovascular Sciences by the Indian Academy of Biomedical Sciences. He has also been recognised by the American Association of Cardiologists of Indian Origin (AACIO) as 'The Father of Modern Interventional Cardiology in India' on April 3, 2022.

Prof (Dr) Ashok Seth, Chairman – Fortis Escorts Heart Institute receives IHH's "Medical Excellence Award" at Kuala Lumpur, Malaysia



Prof (Dr) Ashok Seth, Chairman – Fortis Escorts Heart Institute and Chairman – Fortis Healthcare Medical Council has been honoured with the Medical Excellence Award by Dr Kelvin Loh, Managing Director and CEO, IHH Healthcare, on October 13, 2022 at Kuala Lumpur, Malaysia.

Fortis Hospital, Mohali, earns JCI Gold Seal for the sixth time



(L-R) Ms Helge Springhorn, Mr Abhijit Singh, Head-Strategic Business Unit; and Dr Shweta Prabhakar, Head, Quality and Patient Safety, Fortis Mohali



The JCI surveyor team with the Fortis Mohali management and healthcare officials.

Fortis Hospital, Mohali, has been awarded the coveted accreditation of the Joint Commission International (JCI) for providing world-class Quality healthcare. This is the sixth time that the facility has earned the prestigious 'Gold Seal' and did not get any 'Not met' observation. Fortis Mohali was evaluated on nearly 1,200 measuring parameters of Quality & patient safety standards related to patient care and healthcare management. This success was attributed to great team work and perseverance from every employee at Fortis Mohali who helped make it a proud and memorable moment. The JCI team included international healthcare experts (surveyors) comprising Ms Helge Springhorn, Dr Vineet Luthra and Dr Mahyar Sadeghi, who surveyed the facility from September 26-30, 2022.

SPECIAL COMMENTS FROM THE JCI SURVEYORS

Really appreciate the committed & passionate Leadership in the organization!! Yours is the only Hospital amongst the surveyed till date, which has presented the positive aspect of COVID Pandemic! Commendable work done.

Ms Helge Springhorn

Really appreciate the proactive approach the team has in mitigating risk across various departments in the hospital!! Working towards the Future not the present.

Dr Vineet Luthra

I want to Thank each one of you for being so very proactive and assisting us to survey your Huge Hospital!! You guys are doing great work!! Keep up the passion & good work.

Dr Mahyar Sadeghi

2022 Fortis hospitals put up a grand show at
'The Week-HANSA Research Survey 2022'
 THE WEEK - HANSA RESEARCH SURVEY

Best Multispeciality Hospitals - Emerging (pan-India) Rank

Fortis Memorial Research Institute, Gurugram	3
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Best Hospitals - Cardiology (pan-India) Rank

Fortis Escorts Heart Institute & Research Centre, Okhla, New Delhi	4
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Best Multispeciality Hospitals - East Rank

Fortis Hospital, Anandapur, Kolkata	7
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Best Multispeciality Hospitals - East Private Rank

Fortis Hospital, Anandapur, Kolkata	5
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Best Multispeciality Hospitals - Kolkata Rank

Fortis Hospital, Anandapur, Kolkata	5
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Best Multispeciality Hospitals - Kolkata Private Rank

Fortis Hospital, Anandapur, Kolkata	4
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Best Multispeciality Hospitals - Delhi Rank

Fortis Hospital, Shalimar Bagh	9
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Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj	13
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Best Multispeciality Hospitals - Delhi Private Rank

Fortis Hospital, Shalimar Bagh	7
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Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj	10
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Best Multispeciality Hospitals - NCR Rank

Fortis Memorial Research Institute, Gurugram	2
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Fortis Hospital, Nodia	5
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Fortis Escorts Hospital, Faridabad	7
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Best Multispeciality Hospitals - NCR Private Rank

Fortis Memorial Research Institute, Gurugram	2
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Fortis Hospital, Nodia	5
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Fortis Escorts Hospital, Faridabad	7
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Best Multispeciality Hospitals - Bengaluru Rank

Fortis Hospital, Bannerghatta Road	3
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Fortis Hospital, Cunningham Road	10
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Best Multispeciality Hospitals - Bengaluru Private Rank

Fortis Hospital, Bannerghatta Road	3
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Fortis Hospital, Cunningham Road	10
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Best Multispeciality Hospitals - Mumbai Rank

Fortis Hospital, Mulund	8
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SL Raheja Hospital - A Fortis Associate	16
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Fortis Hiranandani Hospital, Vashi	17
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Best Multispeciality Hospitals - Mumbai Private Rank

Fortis Hospital, Mulund	7
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SL Raheja Hospital - A Fortis Associate	12
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Fortis Hiranandani Hospital, Vashi	13
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Best Multispeciality Hospitals - Jaipur Rank

Fortis Escorts Hospital, Jaipur	4
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Best Multispeciality Hospitals - Jaipur Private Rank

Fortis Escorts Hospital, Jaipur	3
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Best Multispeciality Hospitals - Chennai Rank

Fortis Malar Hospitals	10
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Best Multispeciality Hospitals - Chennai Private Rank

Fortis Malar Hospitals	9
------------------------	---

Best Multispeciality Hospitals - Chandigarh Rank

Fortis Hospital, Mohali	3
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Best Multispeciality Hospitals - Chandigarh Private Rank

Fortis Hospital, Mohali	1
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Dr Anoop Misra of Fortis CDOC, New Delhi, named among the top 2% of global researchers across all specialities



Dr Anoop Misra

Dr Anoop Misra, Chairman and Executive Director - Diabetes & Endocrinology, Fortis C-DOC, New Delhi, is among the top 2% of global researchers' list across all subject fields according to an analysis of Global Medical Researchers published recently.*

*September 2022 data-update for "Updated Science - Wide author databases of standardized citation indicators."

Dr Sivanesan Sathiyamoorthy of Fortis Vadapalani, Chennai, receives IAE Awards Council's 'The Best Anaesthesiologist Award 2022'

Dr Sivanesan Sathiyamoorthy, Anaesthesiologist, Fortis Hospital, Vadapalani, Chennai, has been honoured with 'The Best Anaesthesiologist Award 2022' by the International Award of Excellence (IAE) Healthcare Awards Council. The award was presented on August 29, 2022, by the British High Commissioner along with the Chennai High Commissioner and the British Deputy Mayor, at a ceremony held in the city. The award prestigious recognises healthcare professionals for their outstanding achievements and dedication towards the field of dentistry and medicine.



Glimpses from the event

Dr Ravi Gupta of Fortis Mohali honoured with Best Research Publication Award at Arthroscopy Conference



Dr Ravi Gupta, Director - Orthopaedics (Sports Medicine), Fortis Hospital, Mohali, was honoured with the Best Research Publication Award (2020-2021) for his research paper published in the 'Knee Surgery Sports Traumatology Arthroscopy Journal' at the 19th Annual Conference of Indian Arthroscopy Society, held in Coimbatore from September 15 – 17, 2022. The award comprised a cash prize and a citation. Dr Gupta displayed the latest techniques in Anterior Cruciate Ligament (ACL) Reconstruction during a live surgical demonstration to over 1,500 attending delegates and delivered a lecture on 'High Tibial Osteotomy in ACL surgery' and 'Arthroscopic arthrolysis in stiff elbow.' He was also the chairperson of the Elbow Session.

Dr Shweta Prabhakar of Fortis Mohali wins an Award and Fellowship Certificate at ISQua Healthcare conference in Australia



Dr Shweta Prabhakar, Head - Quality and Patient Safety, represented Fortis Hospital Mohali on various platforms at the 38th annual conference of the International Society for Quality in Health Care (ISQua) in Brisbane, Australia, from October 17-20, 2022.

Dr Prabhakar also gave an oral presentation on proactive risk management – 'Risk mitigation in medical records department at Fortis Mohali: FMEA;' and a poster presentation on Lean project on effective documentation – Reducing cost of poor quality at Fortis Mohali.' Both the sessions were lauded by the attendees at the conference.

Dr Prabhakar won the first prize in the ISQua challenge competition and was also awarded with a Fellowship Certificate in the Graduation Ceremony.

Dr Atul Ingale from Hiranandani Fortis Hospital, Vashi, Navi Mumbai, is the only Indian doctor to attend Cardiology Nephrology Cross Talk at Mauritius



Dr Atul Ingale, Director – Nephrology, Hiranandani Fortis Hospital, Vashi, Navi Mumbai, was the only Indian doctor to attend the Cardiology Nephrology Cross Talk organised by Renal Association, Mauritius. The event was held on October 16, 2022, in association with Kidney Disease Improving Global Outcomes (KDIGO). KDIGO is the global non-profit organization developing and implementing evidence-based clinical practice guidelines in kidney disease. Dr Ingale delivered a lecture on "Quest to stall progression of CKD" at the event, which was attended by over 100 cardio and nephro physicians. The event attracted globally renowned doctors as faculty and the Congress was inaugurated by Dr Kailash, Health Minister, Mauritius.

Dr Siddharth Shah of SL Raheja Hospital, Mahim-A Fortis Associate, bags two records with India Book of Records



Dr Siddharth Shah, Consultant - Orthopedics and Joint Replacement Surgeon, SL Raheja Hospital, Mahim-A Fortis Associate, has bagged two records for his medical accomplishments with the India Book of Records. The two records are 'maximum number of stones surgically removed from knee joint of a septuagenarian patient' and 'total knee replacement surgery performed on heaviest patient.'

The first record was for operating upon a 70-year-old daily wage earner who had

been experiencing swelling in his knee for the past 8-10 years. The patient was suffering 'Multiple Giant Synovial Chondromatosis' (a rare condition that affects only one person in every one lakh people) of the knee joint. In this condition, the inner lining of the knee joint (Synovium) which secretes a lubricating fluid produces nodules of cartilage, instead. These nodules can break off and become loose bodies inside the knee. In this the case, the largest stone size was 12 X 6 X 5.5 centimeter and had to be removed in two pieces. In total four giant and dozens of small stones were recovered from the patient's knee joint. In addition to removing stones, a total knee replacement (TKR) surgery was also performed on the patient. The second record was for operating upon a 58-year-old woman weighing 135.7 kgs, with BMI of 55.8, who complained of pain in both her knees. Previously, she was asked to lose weight before undergoing the surgery, as it raised her risk of complications. Bilateral computer-assisted total knee replacements were performed successfully on the patient. In view of her weight, several aspects of surgical technique and postoperative care were modified.

Sachin Kadam of Fortis Hospital, Mulund, wins first prize at CAHOTECH 2022 Hospital Innovation Showcase Competition



Sachin Kadam, Senior Endoscopy Technician at Fortis Hospital, Mulund, has won the first prize at the CAHOTECH 2022 Hospital Innovation Showcase Competition for his device, named 'Endoscopic Intra-procedural Aqua Expeller' (EIAE). The device was constructed from scratch using easily available parts that cost approximately INR 2,000. The device is very useful during endoscopic procedures for flushing water, which is usually done manually with a syringe. Sachin, who has been with the hospital for over 15 years, found the manual method tedious and cumbersome. This inspired him to build a device and he experimented with several ideas for a couple of years before coming up with this innovation. The device is very handy, user-friendly and has been appreciated by all Gastroenterologists who are regularly performing endoscopic procedures at the hospital. At CAHOTECH 22, Sachin's device was adjudged as the best among more than 700 entries.

Fortis Hospital, Mulund felicitates Paediatric cardiac patients



On September 28, 2022, Fortis Hospital, Mulund, organised a felicitation event for the Paediatric cardiac patients and the event was graced by Shri Sudhir Mungantiwar, Minister for Forests, Cultural Affairs, & Fisheries - Government of Maharashtra and Guardian Minister of Chandrapur & Gondia District, along with Dr S. Narayani (Business Head, Fortis Hospitals, Maharashtra), the Pediatric Cardiac team, the senior doctors and the HODs of Fortis Hospital, Mulund. Shri Mungantiwar has played a pivotal role in setting up the cardiac screening camp for underprivileged children at Chandrapur. He supported the camp held at Chandrapur, from where 117 kids were screened and out of which 59 kids were detected with heart defects and they are being treated at Fortis Hospital, Mulund under the provision of RBSK. Shri Mungantiwar visited the hospital to check the wellbeing of the patients and was happy to see the responses from the patients and their parents, that everything are well managed and being taken care of. He appreciated Fortis Mulund team of management, doctors & Ped. Cardiac team for facilitating the Ped. Cardiac program efficiently and successfully. The event was very well managed by the Team Marketing.

Fortis Rajajinagar, Bengaluru, receives two NABH accreditations on the trot



Fortis Hospital, Rajajinagar, Bangalore, recently got its NABH Nursing Excellence certification from NABH for the third time and also the NABH re-accreditation for Small Health Care Organisation (SHCOs) for exceeding the quality and MSOG norms regularly. This double accreditation underscores

the importance of following process and protocols even in a small unit, which enhances patient experience. The hospital was evaluated for NABH Nursing Excellence on 48 standards and compliance for 216 objective elements. For NABH SHCO, the hospital was evaluated on the basis of the fifth edition of NABH standards. A team consisting of Ms Shashikala, Chief of Nursing, Dr Jyothi, Medical Head and Mr Paramesh, Quality, ably supported by the Admin Team, under the guidance of Dr (Wgcdr) A Nagasubramaniam, Facility Director, guided the efforts leading to the successful re-accreditations.

Ms Lavina Lall of Fortis Hospital, Mulund is first in Fortis network to receive Certified Professional Healthcare Quality badge



Ms Lavina Lall, Head - Quality & Patient Experience, Senior Manager - General Administration, has been serving the organisation since 10 years with her topnotch expertise in the field of Quality. She has been certified with the CPHQ badge (Certified Professional Healthcare Quality) by the NAHQ board. She truly exemplifies the prestigious award in the organisation. CPHQ is the highest credential in the field of Healthcare Quality awarded by NAHQ. National Association of Healthcare Quality

(NAHQ), is the accrediting arm of the Institute for Credentialing Excellence in Washington, D.C. NAHQ provides a strategic advantage to healthcare quality professionals and healthcare organisations in their quest to reduce variability in care delivery and drive value through improved outcomes.

Earners of CPHQ have the fundamental knowledge, skills and understanding of healthcare quality practices, including program development and management, Performance and process improvement concepts, patient safety and population health methods communication and leadership techniques and data analysis and management. CPHQs are prepared to improve outcomes across the continuum of care and are invaluable leaders and contributors to the future of healthcare around the world.

Ms Lavina is the first in the Fortis network to have earned this credential. It makes her one of 13,000 across the globe certified CPHQ badge holders.

Fortis Hospital, Kalyan, receives prestigious NABH accreditation for the fifth time in a row

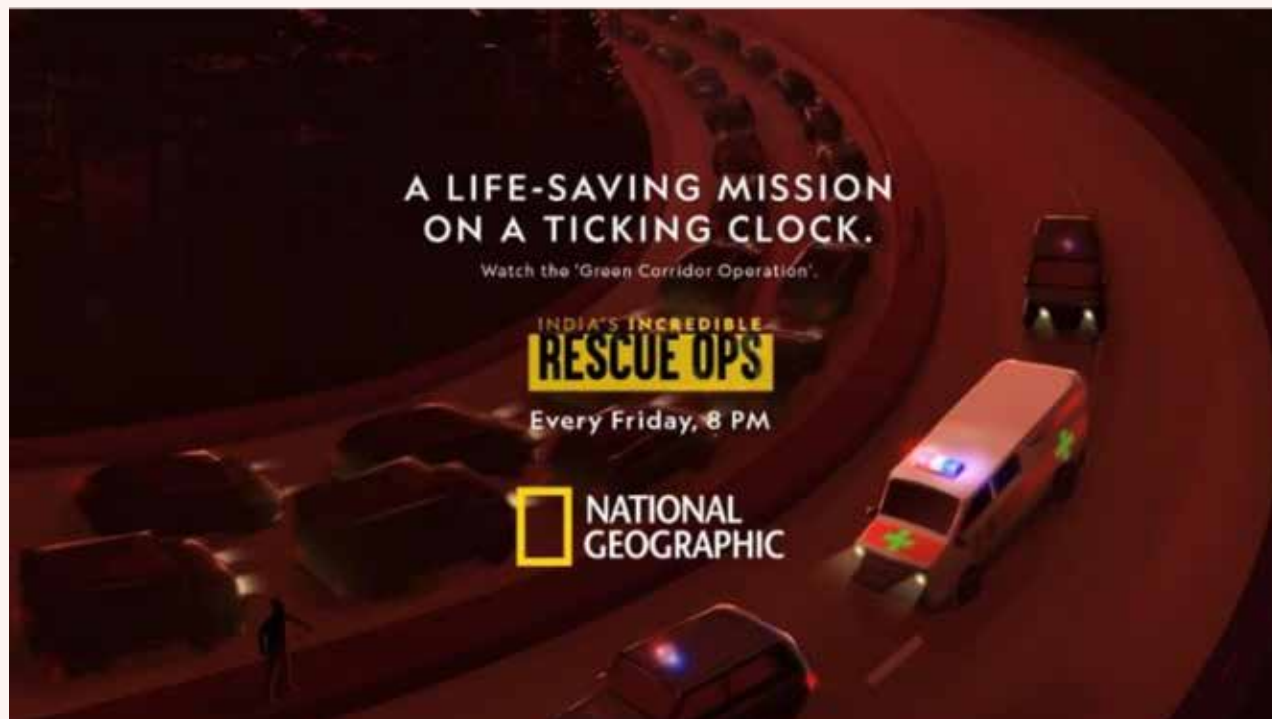


(Seated in the centre) Dr Surpiya Amey, Facility Director, Fortis Hospital, Kalyan with her clinical and administrative teams, along with the support staff

Fortis Hospital, Kalyan, Mumbai, recently received the renewal certification from the National Accreditation Board for Hospitals & Healthcare Providers (NABH). The certificate is valid for four years and has been earned for the fifth time in a row, setting a golden

example of quality and patient safety. Strength areas of the hospital chalked by the NABH audit team include – Nursing, Biomedical Engineering, Maintenance Services, skilled expertise, high-end equipment, Emergency & Intensive Care equipment, Patient Satisfaction, Human Resources and Quality. The NABH accreditation standards for hospitals focus on patient safety and quality of the delivery of services in a changing healthcare environment. NABH standards are recognised internationally and are at par with other global healthcare accreditation standards.

Fortis Hospital, Mulund, features on National Geographic



National Geographic showcased Fortis Mulund in its episode focusing on 'Green Corridor' for Organ Transplants under the India's Incredible Rescue Ops series. Aired on October 21, 2022, the episode focused on the complicated case of little Dhanashree Mujmule who suffered from Dilated Cardiomyopathy and underwent a lifesaving heart transplant under the able hands of the paediatric cardiac team at Fortis Hospital, Mulund in 2019. Tracing her journey from the time she was first diagnosed to have Dilated Cardiomyopathy at her hometown in Jalna, the special episode drew attention towards the complex behind-the-scenes working of a heart transplant. The episode is narrated by Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra, Fortis Hospital Mulund's Dr Dhananjay Malankar, Consultant-Paediatric CardioThoracic Surgery, Dr Swati Garekar, Consultant-Paediatric Cardiology, Dr Satish Javali, Consultant-CardioThoracic Surgery, and Mr Nishant Sarvagod, Asst. Manager-Transplants & Medical Social Worker. With inputs from Hon. Rajvardhan, IPS, Joint Commissioner of Police, Traffic, Mumbai on how Green Corridors are the backbone that enable organ transit under 4hrs, the episode is an enthralling recount of the medical & non-medical teams who work 24X7 to save and enrich lives.

Recounting his ordeal, Dhanashree's father Krishna Mujmule also takes the viewers through his journey with his daughter, in a bid to find a heart and save her life. In a heart-wrenching monologue, Krishna Mujmule talks about finally finding a glimmer of hope at Fortis Hospital, Mulund, and the medical teams lending his family support as they waited for a compatible heart. The medical teams also describe the grit with which they kept the little recipient stable; and as destiny would have it, Dhanashree received the donor heart from her hometown in Jalna! The medical & non-medical teams worked in perfect tandem with Zonal Transplant Coordination Centre (ZTCC), Mumbai's Traffic Police and the Air Traffic Control (ATC) teams across Mumbai & Aurangabad to enable this lifesaving transplant. With the National Geographic team astutely capturing Dhanashree's battle for life, this poignant episode is sure to leave you with goosebumps.

Dhanashree's tale of heart transplant at Fortis Hospital, Mulund is only such ever captured by National Geographic, to narrate a tale of a fathers fight to give his daughter a second lease of life.

The special episode remains available for viewing on Disney+Hotstar.

Ms Minimole Varghese of Fortis Mulund wins 'Distinguished Nurse Award'



(L-R) Dr Alex Mathew, Founder-member AHPI, Dr Sudha Seshayyan, VC TN Dr MGR Medical University, Dr K. Kasturirangan, Former Chairman of ISRO, Ms Minimole Varghese, CNO - Fortis Mulund, Dr Rajasekaran, President ANABI and Dr Abhijat Sheth, President NBEMS

National ANBAI (Association of National Board Accredited Institutions) has conferred the 'Distinguished Nurse Award' to Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital, Mulund, for her contribution towards furthering the cause of medical education, quality and excellence. The award was presented at the ANBAI Annual Conclave held

on September 3, 2022, at an event held in Coimbatore, Tamil Nadu, by the Chief Guest, Dr K. Kasturirangan, former chairman of Indian Space Research Organisation (ISRO). Ms Varghese, who is known for her passion for knowledge and skill upgradation of medical professionals, received the honours in the midst of an august gathering of clinicians and several stalwarts from the healthcare industry, making it a proud moment for the nursing fraternity.

Fortis Mulund's Ms Suchitra Sureshkumar bags 'Best Paper Presentation' award at 10th National Conference of INS-India



(L-R) Ms. Suchitra Sureshkumar, Nurse Educator, Fortis Hospital, Mulund, receiving the best paper presentation award from Ms. Madhukari Ray (General Secretary INS-India)

Ms Suchitra Sureshkumar, Nurse Educator, Fortis Hospital, Mulund, recently bagged the 'Best Paper Presentation' award at the 10th Annual National Conference-INS 2022. The theme of the conference was 'Understanding Paradigm of Infusion Therapy - Conquer Patient Safety'. Ms Suchitra presented a paper on 'safe infusion practices leading to reduction in IV complications.' The study focused on improving IV practices and increasing identification and reporting of early signs of Phlebitis

which, in turn, reduced progression of IV complication to VIP Score of three and above. The study showed a marked decline in IV complications reported under category E event. INS is an organization which works for standardizing infusion therapy practices across the country by frontiers to provide excellent infusion care across all healthcare practice settings. The conference was organized by Infusion Nurses Society (INS), India in Delhi on November 4-5, 2022 and was attended by 300 nurses offline and 1500 nurses online from across India.

Team Nursing of Fortis Anandapur, Kolkata, wins multiple accolades at the 10th Annual Infusion Nurses' Conference



Mrs Doli Biswas receiving a token of appreciation

Team Nursing of Fortis Anandapur participated in the 10th National Conference of the Infusion Nurses Society of India, held on November 4-5, 2022. The theme was 'Understanding the paradigm of Infusion Therapy – conquer patient safety.' Around 500 nurses participated in the event physically while about 2,000 joined online.

The Fortis Kolkata team participated in various activities and won several awards. Ms Sharmee Devi, Infection

Control Nurse, and Mr Syam Mohan, Clinical Instructor, won the Eastern Regional round of the Mastermind Quiz on infusion safety and participated in the finals. Ms Maumita Saha, Quality Nurse, and Team Education won the fourth position in the National Poster Competition for their poster titled 'Promoting Innovation on Sharp Safety.' Ms Sharmee Devi and bagged the second position in 'Skillathon.' Ms Maumita Saha presented the 'Journey of INFUZE Certification' and received a token of appreciation. Mrs Doli Biswas, CNO, Fortis Anandapur, presented a scientific panel on 'Making Bundle work for safety, Bundle care for PICC, Midline catheter and port.'

Ms Sherin Chandy of Fortis Mulund wins Infusion Nurses Society's 'Rising Star Award 2022'



(L-R) Ms Sherin Chandy, Ms Doli Biswas (Chief Nursing Officer, Fortis Anandapur & GC member of Infusion Nurses Society), Dr Balamurali RB (Section Chief 3M), and Ms. Michelle Pilli (Clinical Specialist 3M)

Infusion Nurses Society, India has conferred the 'Rising Star Award' to Ms Sherin Chandy, Pain Management Nurse, Fortis Hospital, Mulund, in the category of INS LIT Award 2022, in presence of Nurse leaders from across the country. The award has been conferred upon Ms Sherin for her contribution towards improving infusion practices in the hospital through clinical research, process change and quality improvement projects. The award

was presented at the 10th National Conference of Infusion Nurses Society-India (An International Affiliate of INS-US) held on November 4-5, 2022, in New Delhi. Ms Sherin has been associated with the organisation for the past 8 years.

Fortis features amongst exchange4media's 'Top 25 Brands with Best In-house Communications Professionals 2022'



Mr Ajey Maharaj, Head - Corporate Communications, Mr Debasish Chakraborty, GM - Corporate Communications and Mr Pankaj Bakhru, DM - Corporate Communications receiving the award from Ms Paula McGlynn, Actor and CEO of a media house. Also seen in the picture is Mr Karan Bhatia of exchange4media

The Fortis Corporate Communications Team has won exchange4media's 'Top 25 Brands with Best In-house Communications Professionals 2022' award. The award was presented by Ms Paula McGlynn, Actor and CEO of a media house, and Mr Karan Bhatia of exchange4media, at an event held on October 22, 2022, in New Delhi. The award recognises brands with the best-performing in-house communications professionals and honours them for their relentless efforts and contribution in building strong brands internally.

Deepak Negi of Fortis Escorts, Okhla, New Delhi wins three Golds and a Bronze at International Masters Athletics Championships 2022, Kuala Lumpur, Malaysia



Deepak Negi, Manager - Accounts, Fortis Escorts, Okhla, New Delhi, has made all of us proud by winning three Golds and a Bronze medal at the International Masters Athletics Championships held on December 3-4, 2022, at Kuala Lumpur, Malaysia. Deepak delivered a spectacular Gold-winning performance in Long Jump (5.55 m), Triple Jump (11.50 m) and 110 m Hurdle Race (19.8 sec), and settled for the Bronze in High Jump.

Deepak is no stranger to winning medals at track-and-field events and has won many accolades in the past at prestigious international sports meets held in Singapore, Japan, Australia, New Zealand, Italy and Thailand, to name a few.

He is now preparing for the Asian championships to be held in South Korea and the pan-Pacific Masters Games to be held in Finland next year.

Fortis Mohali wins National Award for Excellence in Energy Management-2022 for the record 8th Time



(L-R) Mr R K Rai, Secretary, Bureau of Energy Efficiency, Ministry of Power, Govt of India, presenting the award to Mr Neeraj Tandon along with H.E. Mr Freddy Svane, The Danish Ambassador to India, Royal Danish Embassy and Mr Ravichandran Purushothaman, Chairman, Energy Efficiency Council & President, Danfoss Industries Pvt. Ltd.



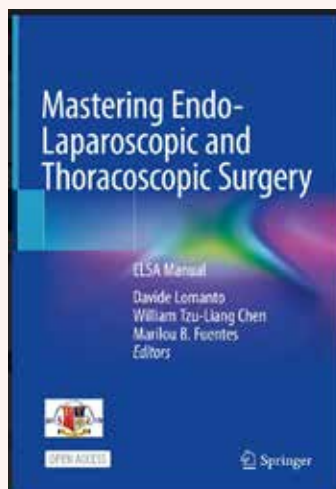
(From left) Mr Ashish Bhatia, COO-Rest of India, and Mr Abhijit Singh, Head-SBU, congratulating Mr Neeraj Tandon, Engineering Head, Fortis Hospital Mohali.

Fortis Hospital, Mohali, has won the 23rd National Award for Excellence in Energy Management, 2022. This is the eighth time that the facility has won the award. The award, instituted by the Confederation of Indian Industry (CII), was presented to Neeraj Tandon, Engineering Head, Fortis Hospital Mohali, during a ceremony at the India Habitat Centre,

New Delhi, recently.

More than 300 companies from various sectors, including airports authority, power, cement, automobiles, IT sector and realty, had applied for the award out of which, only 79 were shortlisted. A panel comprising five judges evaluated the short-listed companies in several rounds, including presentation and question-and-answer, for three days, following which Fortis Mohali was declared 'The Excellent Energy Efficient Unit'.

Dr Narendra Agarwal of Fortis Memorial, Gurugram, contributes chapter to 'Mastering Endo- Laparoscopic & Thoracoscopic Surgery'



Dr Narendra Agarwal, Consultant – Thoracic Surgery, Fortis Memorial Research Institute, Gurugram, has contributed a chapter titled 'Basic Principles and Advanced VATS Procedure' to the book 'Mastering Endo- Laparoscopic & Thoracoscopic Surgery,' which has been recently published. In the era of growing enthusiasm for minimally invasive surgical approaches, many general and thoracic surgeons have fostered a resurgence of interest in thoracoscopy. The goal of this chapter is to guide minimal invasive surgeons who are

trained in open thoracic procedures, and thoracic surgeons beginning their thoracoscopic experience with the basic operative setup for thoracoscopic (VATS) surgery. The book is meant for all surgeons, including Postgraduates, Trainees, Residents as well as practicing surgeons.

Dr Atul Ingale of Hiranandani Hospital, Vashi, felicitated with Fellowship & Gold Medal at the World Congress on Chronomedicine 2022



Dr Atul Ingale (C) receiving the Fellowship & gold medal at the WCC 2022

Dr Atul Ingale, Director-Nephrology & Transplant Physician, Hiranandani Hospital, Vashi-A Fortis Network Hospital, was honoured with a Fellowship and Gold Medal at the 8th World Congress on Chronomedicine (WCC). The event, held in Varanasi, Uttar Pradesh, from December 14-16, 2022, was attended by doctors from all over the world.

Dr Hrishikesh Pai of Fortis Bloom IVF Centres is the 61st President of Federation of Obstetric and Gynaecological Societies of India (FOGSI)



Dr Hrishikesh Pai, Medical Director - Fortis Bloom IVF Centres at Fortis La Femme GK-2 Delhi, Fortis Hospital, Mohali, and Fortis Memorial Research Institute, Gurugram, has taken over as the 61st President of Federation of Obstetric and Gynaecological Societies of India (FOGSI), a prestigious professional association in India. A ceremony held at Mumbai to mark the change of guard, which was graced by Chief Guest Shri Faggan Singh Kulaste ji, Honourable Minister of State, Rural Development and Steel, and Guests of Honour included Ms Karishma Kapoor, Ms Lara Dutta, Ms Poonam Dhillon and Ms Padmini Kolhapure. Several dignitaries belonging to eclectic backgrounds, ranging from eminent government officials to the showbiz industry were also present during the

ceremony. One of India's leading gynaecologists and amongst the pioneers in the field of infertility treatment in India, Dr Pai has been honoured with over 55 awards and has introduced many innovations since 1991. He is also a leading teacher and academician and has many articles and research papers published in national and international books and journals.

Dr Pawan Ojha of Hiranandani Hospital, Vashi, invited to help develop 'Quality Stroke Programme Care' in India



Dr Pawan Ojha

The Indian Stroke Association (ISA) and Quality and Accreditation Institute (QAI) have invited Dr Pawan Ojha, HOD & Director - Neurology, Hiranandani Hospital, Vashi – A Fortis Network Hospital to develop Quality Stroke Programme Care in India. Dr Ojha has also been selected as the first QAI Assessor in India for Stroke Accreditation Programme.

Dr Atul Ingale of Hiranandani Hospital, Vashi delivers talk on 'Chronic Kidney Disease – Medical Management' at Santo Domingo, Dominican Republic



At the 40th anniversary of Dominican Society of Nephrology, Dr Atul Ingale, Director-Nephrology & Transplant Physician, Hiranandani Hospital, Vashi-A Fortis Network Hospital was invited as an expert in the field. Hosted on November 10, 2022, at Santo Domingo, the capital city of Dominican Republic, Dr Ingale was invited to deliver a talk on 'Chronic Kidney Disease – Medical Management.' His insights, emerging from 20 years of medical and academic experience were immensely appreciated.

Dr Sanjeev Gulati of Fortis Vasant Kunj, New Delhi, elected as President of Indian Society of Nephrology



Dr Sanjeev Gulati, Principal Director – Nephrology & Kidney Transplant, Fortis Hospital, Vasant Kunj, New Delhi, has been elected as President of the Indian Society of Nephrology on December 2, 2022. Dr Gulati is the first Nephrologist from across Fortis to be elected to the prestigious position. Dr Gulati's elevation is a testament to his life-long dedication and commitment towards the well-being of patients.

Study on antimicrobial stewardship by Dr Sanjith Saseedharan of SL Raheja Hospital, Mahim-A Fortis Associate, published in Indian Journal of Pharmacology



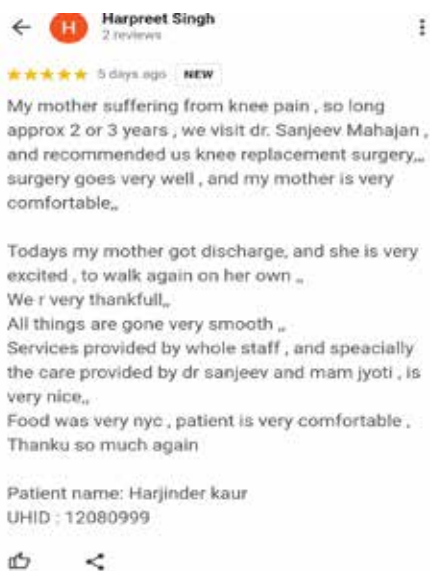
Dr Sanjith Saseedharan

A retrospective study of antimicrobial stewardship program, at SL Raheja Hospital, Mahim, conducted by Dr Sanjith Saseedharan Consultant & Head Critical Care, was recently published in the Indian Journal of Pharmacology. The study aimed at understanding how the resistance pattern changes after implementation of the stringent Antimicrobial Stewardship (AMS) programme. Studied in conjunction with Dr Nausheen Shaffi, Clinical Pharmacist, Dr Sonal Rambhad, Consultant-Critical Care, Dr Vaijyanti Kadam, Consultant-Critical Care and Dr Elizabeth J. Mathew, Senior Registrar-Critical Care, the study focused on two

phases; the first phase aimed at building awareness among the staff and the second phase, in which the improvement was mapped. Across both of the phases, the standard metrics of WHO defined daily dose was used to calculate the consumption of antibiotics in the hospital. The research was divided into two time periods: October 2015 to October 2017 and October 2017 to October 2019. The sensitivity pattern of selected antibiotics such as linezolid, vancomycin, tigecycline, and colistin was studied during these periods.

Wall of Fame

Fortis Hospital, Ludhiana



Name of the Patient: **Mrs. Harjinder kaur**
 Name of the Fortisians: **Dr. Sanjeev Mahajan**

Fortis Memorial Research Institute, Gurugram

Respected Dr. Bhardwaj:
 Respected Nursing Team:
 Greetings and appreciation:
 The least we can offer you is a gentle word of thank from the depths of the heart that conveys to you sincere good feelings in appreciation of your efforts, dedication and contribution to the treatment of our son, which reflects your noble human qualities.
 We hope that God will protect you, keep you away from the evil of disease, and direct your steps in the path of goodness and success

Thank God Almighty
 Thank you our loved ones
 Thank you to everyone who helped treat our son
 We wish recovery to all patients

Karrar
 Karar family



Name of the Patient: **Master Karrar**
 Name of the Fortisians: **Dr. Bhardwaj**
Nursing staff (chemo daycare)

Fortis Escorts Hospital, Amritsar



I am blessed that I got so much love and care for my wife as well as my new born baby in Fortis Hospital Amritsar. The staff is just extra-ordinary as the remained calm and familiar through out my 3 days in the hospital. Special thanks to PICU staff Ms. Harpreet, Ms. Shabnam, Ms. Harleen, Ms. Prabhdeep, Ms. Kawaljeet, Ms. Navdeep and Ms. Amanjot.

Name of the Patient: **Pt. B/O Archana Jordan Lall**

Name of the Fortisians: **Entire team of Fortis**

Fortis Hospital, Vadapalani



Praveen Vijayaraghavan
Local Guide · 137 reviews · 14 photos

★★★★★ 3 weeks ago **NEW**

If you are looking for hospitals that has Staffs with utmost care and hospitality, Highly talented Doctors, Well maintained and high tech facility - Fortis Vadapalani is the hospital you must go.

Missed to mention about Dr Thomas George, his assistant Dr. Bharathi, Dr. Govini and his assistant doctors, Dr. Sindhura, Dr. Mehar Prasad to name a few I know. They are quite professional, simple and quite expert in their respective areas.

Like



Fortis Hospital, Noida

Greetings

A big thank you to all the doctors and the supporting team, for my heart surgery and thank you for the services provided before and after the surgery as she got looked after very well and on timely manner.

Special thanks to the nurses :-

Sister Savita, Sister Suman and sister Radhika who looked after me with great help and support.

Many Thanks to all!!

Regards

Anjula Devi

Name of the Patient: **Mrs. Anjula Devi**

UHID – 12045166

Date of Appreciation– 11th Oct'21



Name & Department of the Fortisian:
CTVS Nursing Staff

Fortis Hospital, Faridabad

- My patient got admitted with lot of complications but in care of doctors
- SMS-Very good doctors and polite/helpful
- My patient got admitted with lot of complications but in care of doctors
- Courteous staff of dr. Good dr
- Doctors are very good

Name of the Patient: **Santosh, Hariom, usha, Mohit.**

UHID – 12061194, 829644 , 766019



Name of the Fortisian:
Dr. B N Singh

Fortis Escorts Heart Institute, Okhla, New Delhi



Dr. Z S Meharwal
 Executive Director & Head,
 Adult Cardiac Surgery, Heart
 Transplantation and VAD program.

Photo Feature

DIWALI Celebrations across Fortis



Fortis Corporate Office



Fortis Escorts, Faridabad



Fortis Memorial Research Institute, Gurugram



Hiranandani Hospital, Vashi



Fortis La-Famme, GK- II, New Delhi



Fortis Hospital, Mohali

Congratulations

New Additions to the Family



Baby of Rithesh Gonsalves -
Fortis Richmond Road



Baby of Dilip Kumar -
Fortis C-DOC



Baby of Jaspal Singh -
Fortis Ludhiana



Baby of Deepa -
Fortis Nagarbhavi



Baby of Subhasish Bairagi -
Fortis Anandapur



Baby of Rashim Guleria -
Fortis Vasant Kunj



Baby of Sangita Pahari -
Fortis Vasant Kunj



Baby of Sourav Sengupta,
FHKI Kolkata



Baby of Abdullah -
Fortis C-DOC

Happy wedding



Rajneesh Sharma, Corporate Office



Dr. Jagjit Rattu - Fortis Ludhiana